



FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

JULY 2025

ARE YOU ELIGIBLE AND RECEIVE MEDICAID?

If so, check out our FUNding Positive Recreation Program. You could receive assistance towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>ALL ACTIVITIES ARE FREE (UNLESS OTHERWISE NOTED) THANKS TO >> <i>*Sponsored in part by Hammond-Henry Hospital</i></p>	<p>Geneseo Park District Foundation</p>	<p>1</p>	<p>2 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>3 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO</p>	<p>4 4TH OF JULY CENTER CLOSED</p>	<p>5</p>
<p>6</p>	<p>7 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE</p>	<p>8</p>	<p>9 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>Wonder</i> <i>1 small drink & popcorn/person**</i></p>	<p>10 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> Noon- 1:00 pm SEMINAR & LUNCHEON <i>Hunting & Trapping</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i></p>	<p>11 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, & Joker & Marbles</i></p>	<p>12</p>
<p>13 4:00- 6:30 pm DANCE</p>	<p>14 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens P.M.</i></p>	<p>15</p>	<p>16 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>17 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO</p>	<p>18 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, & Joker & Marbles</i></p>	<p>19</p>
<p>20</p>	<p>21 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens P.M.</i></p>	<p>22</p>	<p>23 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>24 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i></p>	<p>25 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, & Joker & Marbles</i></p>	<p>26</p>
<p>27</p>	<p>28 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens P.M.</i></p>	<p>29</p>	<p>30 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>31 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i></p>	<p>25 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, & Joker & Marbles</i></p>	<p>26</p>