

# HEALTHY

## FOR THE HOLIDAYS

The Geneseo Park District wants to help you stay healthy during the holidays...

### Discount Days

November 23 - 30, 2019

The Center Daily Admission is ONLY \$3

### 30 Days for \$30

November 2019 - January 2020

Purchase a 30-day Community Center Membership\* for only \$30.

### Open Cycling Times

Bring a friend for a ride at your own pace in the Cycling Room during the following hours:

Tuesdays 4:00 - 7:00 pm

Thursdays 4:00 - 7:00 pm

Saturdays 9:00 am - Noon

Sundays 9:00 am - Noon

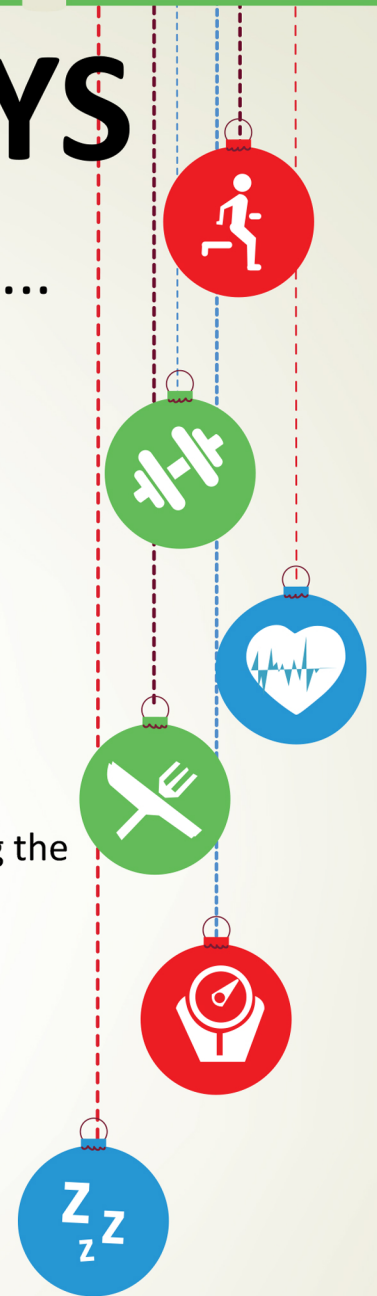
### Try 1 NEW Class for FREE

Try 1 new Fitness or Water Fitness class for FREE in November, December and January.

### Give the Gift of Fitness

Ask any of the Desk Attendants about purchasing a Geneseo Park District Gift Certificate.

\*30 Days for \$30 must be purchased between 11/01/19 - 01/31/20. Includes entry to the entire Community Center during Member Hours. DOES NOT INCLUDE COMMUNITY CENTER PROGRAM PRICING, INDOOR POOL SWIM LESSONS, SPECIAL SWIMS, SWIM TEAM, PRIVATE OR SEMI-PRIVATE LESSONS OR PERSONAL TRAINING.



*Also included in the 30-day Membership...*

**FUN & MOTIVATING FITNESS CLASSES** whenever you want at the touch of a button. Purchase a 30 day for \$30 Membership to try it on your own or with friends in the LifeFitness Room today!



GENESEO  
PARK DISTRICT

[www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)