

LAP SWIM/WATER EXERCISE SCHEDULE

AT THE CENTER'S INDOOR POOL June 1 - August 29, 2021

MON	TUE	WED	THU	FRI	SAT	SUN
ADULT LAP SWIM 5:15 - 8:00 am	ADULT LAP SWIM 5:15 - 7:00 am	ADULT LAP SWIM 5:15 - 8:00 am	ADULT LAP SWIM 5:15 - 7:00 am	ADULT LAP SWIM 5:15 - 8:00 am		
ADULT LAP SWIM AC 5:30 - 6:30 am		ADULT LAP SWIM AC 5:30 - 6:30 am		ADULT LAP SWIM AC 5:30 - 6:30 am		
	JUST THE GUYS 7:30 - 8:30 am		JUST THE GUYS 7:30 - 8:30 am		ADULT LAP SWIM 7:15 - 9:00 am	ADULT LAP SWIM 7:15 - 9:00 am
FIT HAPPENS A.M. 8:30 - 9:30 am	WALK THE WATER 9:00 - 10:00 am	FIT HAPPENS A.M. 8:30 - 9:30 am	WALK THE WATER 9:00 - 10:00 am	FIT HAPPENS A.M. 8:30 - 9:30 am		
FOR THE LOVE OF FIT 9:45 - 10:45 am		FOR THE LOVE OF FIT 9:45 - 10:45 am		FOR THE LOVE OF FIT 9:45 - 10:45 am		
ADULT LAP SWIM 11:15 - 2:00 pm	ADULT LAP SWIM 11:15 - 2:00 pm	ADULT LAP SWIM 11:15 - 2:00 pm	ADULT LAP SWIM 11:15 - 2:00 pm	ADULT LAP SWIM 11:15 - 2:00 pm		
FIT HAPPENS P.M. 5:30 - 6:30 pm			FIT HAPPENS P.M. 5:30 - 6:30 pm			
ADULT LAP SWIM 7:00 - 7:45 pm	ADULT LAP SWIM 7:00 - 7:45 pm	ADULT LAP SWIM 7:00 - 7:45 pm	ADULT LAP SWIM 7:00 - 7:45 pm			

- Only Lap Swimming or Water Exercise allowed. Lap Swimming is included in Community Center or Park District Membership, Non-Members pay daily admission fee of \$8.00. Must register for Water Fitness Classes.
- AC: Held at the Aquatic Center. Must have a Park District or Aquatic Center Membership. Max 12 Swimmers.
- All lap swim times are subject to change based on attendance and weather.

THE INDOOR POOL WILL BE SHUTDOWN JULY 5 - 11, 2021 FOR ANNUAL MAINTENANCE.

Lap Swims will be held at the JOHN & CARLA EDWARDS AQUATIC CENTER during Indoor Pool Shutdown. Must have a Community Center, Park District or Aquatic Center Membership or Daily Admission applies.

5:30 - 7:00 am Monday - Friday 8:15 - 9:00 am Saturday & Sunday

www.GeneseoParkDistrict.org