



GENESEO PARK DISTRICT



WINTER 2023
ACTIVITY GUIDE

REGISTRATION OPENS
DECEMBER 1ST FOR MEMBERS &
DECEMBER 16TH FOR NON-MEMBERS

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WE WANT TO HEAR FROM YOU



TAKE A FEW MOMENTS AND TELL US WHAT YOU THINK ABOUT PARK DISTRICT PROGRAMS

by filling out the Activity Evaluation at

[GENESEOPARKDISTRICT.ORG/VOICE-YOUR-OPINION](https://www.geneseoparkdistrict.org/voice-your-opinion)

Your feedback will help guide us so we can better
reflect your interests and desires in
future programming and events.

WE VALUE YOUR INPUT.

WAYS TO REGISTER



CLICK ON THE ACTIVITY NUMBER
IN THIS INTERACTIVE GUIDE

-OR-



VISIT [GENESEOPARKDISTRICT.ORG](https://www.geneseoparkdistrict.org)

-OR-



IN PERSON AT THE GENESESO
COMMUNITY CENTER



REGISTRATION
TUTORIAL

USING THE ACTIVITY GUIDE

ACTIVITY#	DATES ③	DAYS	TIME	FEE (M/NM) ④
① GENESEO COMMUNITY CENTER BRIGHT BEGINNING'S PRESCHOOL ROOM				
21154.11 ②	Sep 6- Oct 11	TU	11:15 am - Noon	\$12/\$24

- ① All programs are held at the Geneseo Community Center *unless otherwise denoted*. Room locations within The Center will be listed if available at the time of publication.
- ② Click on the Activity Number to register online. Or provide this number to the Park District staff if registering at The Center.
- ③ DATES, Day of the week and TIME are listed for each section.
- ④ CLASS FEES are listed as Member Pricing [M] / Non-Member Pricing [NM]. Learn how you can become a Member & receive 50% off program fees on page 3.

FITNESS & WATER FITNESS CLASS WALK-IN FEES are listed as
(M) Member / (MG) Member Guest¹ / (NM) Non-Member
¹Members can bring a Non-Member Guest at a reduced Walk-In Fee

FITNESS & WATER FITNESS CLASS INTENSITY LEVELS are listed as
(L) = Low | (M) = Moderate | (H) = High

CONNECT WITH US



BECOME A MEMBER



VISIT THE GENESEO COMMUNITY CENTER
TO PURCHASE YOUR MEMBERSHIP

COMMUNITY CENTER MEMBERSHIP

With a Community Center Membership you will find something for everyone with the large variety of amenities at The Center.

AMENITIES AT THE CENTER

Cardio & Weight Rooms
Indoor Pool
Sauna
Indoor Elevated Track
Recovery Room
Activity Room Games/Activities
Gym, Wallyball, Racquetball & Pickleball courts

EVEN MORE AT THE CENTER...

Member Only Lap Swim Times
Family/Open Swim Times
Free Equipment to check out
50% off Programs
excludes programs held at the Aquatic Center



AQUATIC CENTER MEMBERSHIP

With an Aquatic Center Membership you will have access to the large variety of amenities at the John & Carla Edwards Aquatic Center:

AMENITIES AT THE AQUATIC CENTER

Pool House
Splash Pad
6 Lane Lap Pool
with Drop Slide,
2 Diving Boards & Climbing Wall
Activity Pool
with Zero Depth Entry, Lily Pad Walk & Current Channel

EVEN MORE AT THE AQUATIC CENTER...

Member Only Lap Swim Times
Member Only Water Walking Times
Entry to all Swims
includes Night Swim
50% off Aquatic Center Programs



PARK DISTRICT MEMBERSHIP *includes everything!*

Access to all the facilities and amenities listed above

Plus 50% off all programs

best deal

as of January 1, 2023

COMMUNITY CENTER MEMBERSHIP

AQUATIC CENTER MEMBERSHIP

PARK DISTRICT MEMBERSHIP

	\$180			\$160			\$305		
Youth (6 mos. - 18 yrs)	\$180.00 1-pay	\$63.34 3-pay*	\$17.00 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$305.00 1-pay	\$105.00 3-pay*	\$27.42 12-pay*
Adult (19 - 64 yrs)	\$230			\$160			\$355		
	\$230.00 1-pay	\$80.00 3-pay*	\$21.17 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$355.00 1-pay	\$121.67 3-pay*	\$31.59 12-pay*
Senior (65+ yrs)	\$205			\$160			\$330		
	\$205.00 1-pay	\$71.67 3-pay*	\$19.09 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$330.00 1-pay	\$113.34 3-pay*	\$29.50 12-pay*
Family (1 or 2 adults w/their immediate unmarried dependent children [ages 0-25] residing at the same address)	\$385			\$320			\$640		
	\$385.00 1-pay	\$131.67 3-pay*	\$34.09 12-pay*	\$320.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$640.00 1-pay	\$216.67 3-pay*	\$55.34 12-pay*

Memberships purchased under false pretenses will be terminated and no refunds will be given.

Non-Resident Fee: \$75 | Aquatic Center Non-Resident Fee: \$30

**Service Fees included. See Payment Plans on page 23 for details*

LOCKER RENTAL

Make it even easier to reach your fitness goals - have all your items on hand by renting locker space. 3 sizes available for annual rental.

Gym 1/3 Size...\$19/yr
Indoor Pool 1/2 Size...\$22/yr
Gym or Indoor Pool Full Size...\$37/yr

Do you offer any discounts?

The Geneseo Park District offers a Business Membership Discount.

If your employer has a Business Membership, you could be eligible for a **10% discount**.

Please see page 23 for more information or visit with us at The Center.

STRATEGY SESSION FOR NEW & CURRENT MEMBERS

FREE to new Members / \$25 for Current Members

As part of a new membership, you get a STRATEGY SESSION that includes a Fitness Orientation, a Fitness Assessment and a Fitness Consultation. The Strategy Session will help you gain a full understanding of the Cardio & Weight Rooms and a fitness plan – *all intended to give you the tools you need to reach your goals.*

OTHER MEMBERSHIP OPTIONS

The Geneseo Park District understands that a full year membership does not work for everyone. There are 2 short term membership options; 6-month and 1-month memberships. These memberships grant you access to the amenities at The Center on a shorter contract, giving you more flexibility and a better fit for your busy schedule.

Please note: Payment plans are not applicable for 6-month or 1-month Memberships. Non-Resident Fees do not apply to 1-month memberships. 6-month or 1-month memberships are not eligible for program or Business Membership discounts.

6 MONTH COMMUNITY CENTER MEMBERSHIP	\$170/person
1 MONTH COMMUNITY CENTER MEMBERSHIP	\$60/person



FREE EVENTS



LEARN HOW YOU CAN GIVE BACK TO YOUR COMMUNITY
BY VOLUNTEERING AT THE GENESEO PARK DISTRICT

SPECIAL DAY FUN FREE!

School is out and The Center is open! Join your friends for fun indoors on your day off.

DATES	DAYS	TIME	FEE (M/NM)
SWIMMING GENESEO COMMUNITY CENTER INDOOR POOL			
January 2	M	1:00- 3:00 pm [ALL AGES]	FREE
January 4	W	1:00- 3:00 pm [ALL AGES]	FREE
January 16	M	1:00- 3:00 pm [ALL AGES]	FREE
March 20	M	1:00- 3:00 pm [ALL AGES]	FREE
March 22	W	1:00- 3:00 pm [ALL AGES]	FREE

DATES	DAYS	TIME	FEE (M/NM)
INTERACTIVE INFLATABLES GENESEO COMMUNITY CENTER GYMNASIUM			
January 3	TU	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE
January 5	TH	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE
February 20	M	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE
March 21	TU	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE
March 23	TH	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE



MIDDLE SCHOOL FUN [ALL-STAR SHOOTOUT] FREE!

It's NBA ALL STAR Weekend... come show off your skills in a variety of basketball competitions at the Park District Middle School ALL-STAR Shootout! Come ready to play and compete for a variety of prizes. Games will include 5-on-5, Knockout and a 3-point contest. Food and beverages will be provided to all participants.

GRADES: 6 - 8

DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT GYMNASIUM			
February 17	F	6:00- 8:00 pm	FREE

ST. PATRICK'S DAY SKATE FREE!

Join us for a St. Patrick's Day theme Roller-Skating. Bring your own skates or rent skates from The Center.

SKATE RENTAL: \$5 *(Limited skates & sizes available)*

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM			
March 11	SA	5:30- 6:45 pm [3 rd Grade & Under]	FREE
March 11	SA	7:00- 9:00 pm [All Ages]	FREE



GENESEO PARK DISTRICT FOUNDATION

DID YOU KNOW...

These FREE Seasonal Community Events are sponsored by the **GENESEO PARK DISTRICT FOUNDATION** *(unless otherwise listed).*

You can help us continue to offer FREE Family Fun Programs by

Becoming a Park District Volunteer

Learn more at GENESEOPARKDISTRICT.ORG/VOLUNTEER

or

Donating or purchasing an item off our Wish List

Learn more at GENESEOPARKDISTRICT.ORG/FOUNDATION/#DONATE

Geneseo
Park District
Foundation



NEW PLAYGROUND OPENS SPRING 2023

THANKS TO A GENEROUS GRANT FROM THE **GENESEO FOUNDATION** THE GENESEO PARK DISTRICT IS EXCITED TO ANNOUNCE THE INSTALLATION OF A NEW **PLAYGROUND & OUTDOOR CLASSROOM AT THE ATHLETIC FIELD**



^ EXAMPLE OF OUTDOOR CLASSROOM COMING SPRING 2023



DID YOU KNOW...

The Geneseo Park District has a variety of Outdoor Games at the Athletic Field? Visit the Geneseo Community Center to check out games for **FREE!**

Just bring an ID, Keys or another personal item to exchange for fun games to play on Park District property.

SET UP ANYWHERE AT THE ATHLETIC FIELD WITH EVERYTHING YOU NEED TO PLAY...

- Kickball
- Wiffleball
- Horseshoes
- Disc Golf
- & a variety of Big Yard Games

OR USE THE PERMANENT STRUCTURES AT THE ATHLETIC FIELD WITH...

- Bags for the Corn Hole Court
- Paddles & Ball for the Ping Pong Table
- Racquets & Birdies to play Badminton
- Volleyballs for Sand Volleyball
- Paddles & Balls for Pickball
- Basketballs

2023 GRADUATES

BOOK YOUR GRADUATION PARTY AT THE ATHLETIC FIELD TODAY!



The **SIDELINE ROOM** at the Athletic Field includes a sink, refrigerator and tables & chairs in a bright and inviting space.

Open all the doors and let your party spill into the green space!

A perfect space for graduation parties, family reunions or birthday parties.

Learn more at

GENESEOPARKDISTRICT.ORG/ATHLETIC-FIELD/#RENTALS



ATHLETIC FIELD RESTROOMS ARE CLOSED FOR THE SEASON. WATCH OUR WEBSITE FOR RE-OPENING IN SPRING.



SPECIALTY PROGRAMS

LET'S BUILD!

We will have a different theme each week and create a masterpiece using Legos [Legos provided]! We will share the finished products on Social Media for the Community to vote for their favorite.

AGES: 5 - 8 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
33061-11	Feb 27- Mar 13	M	5:30- 6:30 pm	\$10/\$20

SPONSORED IN PART BY



S.T.E.M.

This 3 week, hands on class will focus on science, technology, engineering and mathematics. The focus will be mind bending and problem solving.



ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				

AGES: 3 - 5 NEW!				
31129-21	Feb 8- 22	W	9:00- 9:45 am	\$10/child

AGES: 3 - 5 NEW!				
31129-22	Feb 8- 22	W	12:30- 1:15 pm	\$10/child

GRADES: K - 2				
33062-21	Feb 6- 20	M	4:00- 5:00 pm	\$10/child

GRADES: 3 - 5				
33062-22	Feb 6- 20	M	5:15- 6:15 pm	\$10/child

SPONSORED IN PART BY



BABYSITTING COURSE

Babysitting is usually a teenager's first attempt at building and running a small business. The Child and Babysitting Safety (CABS) training program is designed to focus on supervising, caring for, and keeping children and infants safe in babysitting settings. The program provides fundamental information in the business of babysitting, proper supervision, basic care giving skills, and responding properly to ill or injured children or infants.

AGES: 11 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
33072-21	Feb 25	SA	1:00- 5:00 pm	\$40/person

COOKING CLASS [WINE, SPICE & FOOD PAIRING]

Have your menus gone dull? Are the foods you are eating full of chemicals and empty of taste? In this program you'll learn the spices to successfully pair with your family's favorite foods to put the blast back in your breakfast, the life back in your lunch and the delicious back in your dinner. In addition to the recipes, we'll taste the wines that pair well with the food, flavorings and festivities! **REGISTER BY FEBRUARY 7, 2023**

AGES: 21 & older

INSTRUCTOR: Kim Schwarzkopf, *A Spotted Apron*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER KITCHEN				
33091-21	Feb 9	TH	6:30- 8:00 pm	\$50/person

DADDY DAUGHTER DANCE

Hey Dads, it is time again for the Geneseo Park District's Annual Daddy Daughter Dance. Your little girl (or girls) will jump at the chance to spend a fun night out with her Dad. The Geneseo Park District invites every father to take their little girls out on a date they will never forget! This magical evening will include dancing, refreshments, games, photo booth and great music.

REGISTER BY FEBRUARY 6, 2023

AGES: All

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
33052-21	Feb 10	F	6:00- 7:30 pm	\$20/person

WINTER ROLLER-SKATING

Saturday Nights are for skating. Bring your own skates or rent skates from The Center. A great way to exercise and have fun with your friends and family.

SKATE RENTAL: \$5 *(Limited skates & sizes available)*

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM			
Jan 21- Mar 25	SA	5:30- 6:45 pm [3 rd Grade & Under]	\$5 / \$10
Jan 21- Mar 25	SA	7:00- 9:00 pm [All Ages]	\$5 / \$10

JOIN US SATURDAY MARCH 11TH FOR FREE St. PATRICK'S DAY SKATE

Learn more on page 4 >

MOM & SON NIGHT OF FUN

Hey Moms, have a night out with your special man (or men). Join us at the Geneseo Park District for a St. Patrick's Day themed party. There will be dancing, refreshments, games, photo booth and great music.

REGISTER BY MARCH 13, 2023

AGES: All

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
33070-31	Mar 17	F	6:00- 7:30 pm	\$20/person



DO YOU WANT TO BE A CHEERLEADER?

NEW! MINI CHEERLEADERS CLASS

Learn more on page 13 >

REGISTER TODAY!



EARLY CHILDHOOD

PRESCHOOL

As a part of the Geneseo Park District, **BRIGHT BEGINNINGS PRESCHOOL** students get an enhanced learning environment by utilizing all The Center has to offer...from the gym to the kitchen & beyond!



2023-2024 REGISTRATION OPENS
MARCH 1, 2023
VISIT THE CENTER TO REGISTER

FALL 2023 - SPRING 2024 CLASS TIMES & FEES

TWINKLEBRIGHTS

The only two year old independent preschool in Geneseo! Two year olds love to feel like big kids, so why not let them go to school. This structured class will get little learners ready for Starbrights.

AGES: 2 - 3 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	TU	11:15 am- Noon	\$30/\$60 per month
Sep 2023- May 2024	TH	11:15 am- Noon	\$30/\$60 per month

STARBRIGHTS

Our second year preschool class offers a structured learning environment with lots of room for fun hands-on activities to help each student grow academically and socially.

AGES: 3 - 4 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	TU TH	8:30- 11:00 am	\$110/\$220 per month
Sep 2023- May 2024	TU TH	12:30- 3:00 pm	\$110/\$220 per month

KINDERBRIGHTS

The third year 3-day a week pre-kindergarten class builds on what students learned in Starbrights. In a structured setting, students will continue learning letter identification and sounds, math principles, science projects and much, much more!

AGES: 4 - 5 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	M W F	8:30- 11:00 am	\$140/\$280 per month
Sep 2023- May 2024	M W F	12:30- 3:00 pm	\$140/\$280 per month

PRESCHOOL DETAILS

¹Prices are based on Member (M) or Non-Member (NM) status. You can purchase a Household Membership or a Youth Membership to receive the discounted pricing. Preschool fees are based upon a yearly rate, but can be paid by the month for no additional fee.

Preschool follows the Geneseo School District 228 calendar for full days off (does not include early dismissals or half days). On days when Geneseo Schools are cancelled because of weather, Preschool is also cancelled. No refunds will be given.

Preschool is located through the Gym in the 1st classroom in the Growth Inc. building. Bright Beginnings Preschool is not affiliated with Growth Inc. Child Care Center. Children from Growth Inc. are welcome to attend Bright Beginnings Preschool and will be picked up by the teacher on class days.

PROGRAMS

S.T.E.M.

This 3 week, hands on class will focus on science, technology, engineering and mathematics. The focus will be mind bending and problem solving.

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
AGES: 3 - 5 NEW!				
31129-21	Feb 8- 22	W	9:00- 9:45 am	\$10/child
AGES: 3 - 5 NEW!				
31129-22	Feb 8- 22	W	12:30- 1:15 pm	\$10/child

S.T.E.M. FOR KINDERGARTEN - 5TH GRADERS TOO!

Learn more on page 6 >

SPONSORED IN PART BY



PARENT-LED PLAY GROUP

Your kids can run, jump or crawl in The Center's Program Gym. Let your kids play and burn off energy in a safe & warm environment under your supervision. **NO PLAYGROUP HELD MARCH 22 & 24, 2023**

AGES: up to 5 yrs

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM			
Jan 4- May 26	W F	8:30 am- Noon	FREE / General Admission

LET'S GET MESSY

We'll get messy with shaving cream and paint and see what we can make!

AGES: 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
31139-11	Jan 25	W	9:00- 9:45 am	\$9/\$18



SUPERHERO TRAINING CLASS

We'll test skills to see who can become a Superhero. This will be hands on, and an activity class to build strength and skills.

AGES: 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
AGES: 3 - 4				
31133-21	Feb 27- Mar 1	M W	9:00- 9:45 am	\$18/\$36
AGES: 4 - 5				
31133-22	Feb 28- Mar 2	TU TH	9:00- 9:45 am	\$18/\$36



MUSIC CLASSES

ALL MUSIC CLASSES ARE TAUGHT AT MUSICAL MEMORIES BY
Christina Heald (unless otherwise listed)

MUSIC TIME FOR TODDLERS I

Come spend an enjoyable hour with your toddler singing, dancing, and playing rhythm instruments. Your child will develop coordination, balance and spatial relationship skills as well as communication and cooperation. Come ready to play!

ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.

NO CLASS HELD MARCH 23, 2023

AGES: 1 ½-2 ½ yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33030-11	Jan 5- Feb 9	TH	10:00- 11:00 am	\$50 / child
33030-21	Feb 23- Apr 6	TH	10:00- 11:00 am	\$50 / child

MUSIC TIME FOR TODDLERS II

Your toddler is ready to move and this is just the class! During this very active class, we will sing, dance, chant, and play rhythm instruments. We will work in large groups as well as small and begin early introductions to dynamics, tempo, pitch, beat, and rhythm. Come join the fun!

ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.

NO CLASS HELD MARCH 23, 2023

AGES: 2 ½ - 3 ½ yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33031-11	Jan 5- Feb 9	TH	11:00 am- Noon	\$50 / child
33031-21	Feb 23- Apr 6	TH	11:00 am- Noon	\$50 / child

MUSIC FOR SCHOOL READINESS

Music will be used to reinforce skills needed for school such as respect, communicating with others, sharing, numbers, colors, shapes, and the alphabet. Opposites, rhyming, and following one to several step directions will also be included and kids will learn to see, say, and play rhythms on percussion as well as melodied instruments.

ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.

NO CLASS HELD MARCH 23, 2023

AGES: 3 ½ - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33032-11	Jan 5- Feb 9	TH	Noon- 1:00 pm	\$50 / child
33032-21	Feb 23- Apr 6	TH	Noon- 1:00 pm	\$50 / child

DID YOU KNOW...

DID YOU KNOW...

a Geneseo Park District Membership is NOT required to participate in Fine Arts Programs? Class fees are listed as per person.

WEE KEYS

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano without the structure of formal lessons and have fun playing musical games, singing songs, & dancing. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols. This is a great transition into formal lessons.

MUST HAVE TAKEN SESSION -11 TO ENROLL IN SESSION -21

NO CLASS HELD MARCH 25, 2023

AGES: 4 - 6 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33033-11	Jan 7- Feb 11	SA	9:00- 10:00 am	\$50 / child
33033-21	Feb 25- Apr 8	SA	9:00- 10:00 am	\$50 / child

UKE CAN DO IT!

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and will work in a large group as they learn and play simple chords and songs.

MUST HAVE TAKEN SESSION -11 TO ENROLL IN SESSION -21

NO CLASS HELD MARCH 25, 2023

AGES: 7 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33035-11	Jan 7- Feb 11	SA	10:00- 11:00 am	\$50 / child
33035-21	Feb 25- Apr 8	SA	10:00- 11:00 am	\$50 / child

INTRO TO GUITAR

From the very first class, you will become more knowledgeable with the guitar. This is a perfect introduction to learning the fundamentals for playing the guitar from tuning and basic maintenance to exercises in helping increase finger strength. Strumming and simple fingerpicking will be introduced as well as simple music theory, guitar chords, and reading tablature. Designed to create interest and confidence no matter what level of ability you are.

REQUIREMENTS: Must have a playable 6 string guitar

MUST HAVE TAKEN SESSION -11 TO ENROLL IN SESSION -21

NO CLASS HELD MARCH 25, 2023

AGES: 8 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
33036-11	Jan 7- Feb 11	SA	11:00 am- Noon	\$50 / child
33036-21	Feb 25- Apr 8	SA	11:00 am- Noon	\$50 / child



ART CLASSES

PAINTING ON A STRETCHED CANVAS

In this special class our young artists will have the opportunity to work on a professional artist's canvas to paint a winter image. Artist's easels will be made available to each participant who wishes to paint in a vertical format. The advantages and problems of painting vertically will be explored as the creative ideas of our young artists expand.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
33021-11	Jan 21	SA	1:00- 3:00 pm	\$20 / child

KING/QUEEN OF HEARTS SCULPTURE

We will be going beyond a Valentine pop-up card as we look at special Valentine sculpture techniques. Hidden messages behind hidden doorways will make these unique sculptures a fun and exciting Valentine treat. Using construction paper our participants will discover ways in which engineering techniques will increase the strength of their structures.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
33022-21	Feb 11	SA	1:00- 3:00 pm	\$20 / child

AURORA BOREALIS LANDSCAPE

The Aurora Borealis has mystified mankind for centuries. Its' illusive light seems to be a glowing curtain in the night's sky. In this unique class we will guide students to understand how light and paint can work together to create a dramatic landscape painting that embraces art and science.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
33023-21	Feb 25	SA	1:00- 3:00 pm	\$20 / child

PASTEL - IRISH LANDSCAPE

Pastels require careful use as they can easily become overused and "muddy". Learning how to make glowing hills of Irish green fields, wooded forests, perhaps a flowing creek and a stone cottage is a creative and educational spring activity. As we approach St. Patrick's Day our participants will be surprised with the unique detail they add as their pastoral image comes to a completion.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
33025-31	Mar 11	SA	1:00- 3:00 pm	\$20 / child



EASY TO REGISTER!

REGISTER YOUR BUDDING ARTIST ONLINE AT GENESEOPARKDISTRICT.ORG, AT THE GENESEO COMMUNITY CENTER OR AT SMITH STUDIO AND GALLERY LOCATED IN THE HEART OF GENESEO'S DOWNTOWN DISTRICT.

SPRING BREAK ART CAMP

The first day is about painting. A "fresco" is watercolor painted on freshly applied plaster. Our participants will help in making their own plaster base in the morning, and then paint a creative watercolor before the plaster completely sets up. The afternoon will follow with a special painting on canvas. This distinct image will emphasis action and movement as it will be expanded on the second day of Art Camp. The day will include other art activities, a short movie about an important artist, new 2-D drawing techniques and educational art games.

In the second day of Art Camp our participants will be using the media of plaster to carve a bas-relief sculpture. This unusual technique will be a learning experience for all of our participants as we will model our artwork to have the appearance of an ancient artifact. Our young artists will be challenged to enhance their "action" painting of the previous day as a painted frame is added to their previous image.

The day will include additional 2-D painting projects, a short movie about an important artist, and MUCH MORE!

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
33024-31	Mar 20- 21	M- TU	9:00 am- 4:30 pm	\$150 / child

CAMP DETAILS

- Participants must bring a sack lunch
- Morning and afternoon prepackaged snack is provided
- Extended hours are available at no additional cost upon request



YOUTH ATHLETICS & LEAGUES

YOUTH BASKETBALL

This program is focused on teaching the fundamentals of basketball in progression of levels. Players will learn the basic skills associated with stance, dribbling, passing, shooting, defending, screening and rebounding. This is done with a combination of individual and small group drill work.

The first two Saturdays will be group practices. First game will be held Saturday February 4, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
BOYS & GIRLS GRADES: K - 1				
32100-21	Jan 21- Feb 25	SA	8:30- 9:30 am	\$50/\$100
GIRLS GRADES: 2 - 3				
32101-21	Jan 21- Feb 25	SA	9:45- 10:45 am	\$50/\$100

GIRLS YOUTH BASKETBALL LEAGUE

- Practices are 1 - 1 1/2 hours in length and will be held Monday, Tuesdays and some Thursdays. They will take place between 5:30 - 8:30pm.
- Games will be held between 5:30 - 8:30pm on Thursdays.
- Each player is placed on a team and uniforms will be provided.
- Participants will practice/play a game 2-3 times per week.
- Each team will play at least 6 games.
- Games are officiated, score is kept.
- Every attempt is made to reschedule games on snow days, we cannot guarantee that all games will be rescheduled.
- All players will be placed on a team and a draft will be conducted by volunteer coaches.
- Game jerseys will be provided.
- A blind draft and Coaches Meeting will take place on January 17th with schedules and roster going out by January 19th.
- Practices will begin the week of January 23rd and games will begin the week of January 30th.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
GIRLS GRADES: 4 - 6				
32105-11	Jan 23- Mar 16	M-TH	5:30- 8:30 pm	\$60 per player



VOLUNTEER COACHES ARE NEEDED. CHILDREN OF APPROVED VOLUNTEER COACHES GET THE PROGRAM FOR **FREE**

HIGH SCHOOL INTRAMURAL BASKETBALL NEW!

Show up each Sunday and teams will be formed. This is a fun but competitive way to socialize with peers. This is a Co-Ed League and any level of skill is welcome.

No games held Sunday February 12, 2023

GRADES: 9 - 12

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
32106-11	Jan 22- Mar 5	SU	6:00- 7:00 pm	\$40

YOUTH RUNNING

Do you like to run or are you looking for an activity to get you moving and keep you fit? The Geneseo Park District Running Program is designed to promote, encourage, and educate young athletes. Workouts will promote physical endurance, speed, strength and agility. The fundamentals of running (form and pacing) will also be taught in order to encourage safety in this lifetime activity.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
GRADES: 3 - 5				
32402-21	Feb 5- Mar 12	SU	3:00- 4:00 pm	\$50/\$100
GRADES: 6 - 8				
32403-21	Feb 5- Mar 12	SU	4:15- 5:15 pm	\$50/\$100

INSTRUCTIONAL VOLLEYBALL

Players will learn the hitting techniques, footwork, positions, and rules of volleyball. Each session will focus on different facets of the game using drills and repetition followed by scrimmage games where coaches instruct during that time.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
GRADES: 3 - 5				
32152-31	Mar 6- 27	M	4:30- 5:30 pm	\$40/\$80
GRADES: 6 - 8				
32153-31	Mar 6- 27	M	4:30- 5:30 pm	\$40/\$80

INDOOR SOCCER LEAGUE NEW!

This 4 week session will consist of one game each week followed with a tournament the last week. Shin guards required. Indoor soccer shoes optional, **NO CLEATS ALLOWED**. All teams will play 4 on 4 and will create their own team.

8 TEAM MAXIMUM / AGE GROUP

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
GRADES: K - 1				
32112-11	Feb 19- Mar 13	SU	3:00- 4:00 pm	\$50 / team
GRADES: 2 - 3				
32112-12	Feb 19- Mar 13	SU	4:00- 5:00 pm	\$50 / team

MIDDLE SCHOOL FITNESS ACCESS



Middle School age students will gain access to all fitness areas including the Cardio & Weight Rooms, Life Fitness Room*, Recovery Room, Sauna & Elevated Indoor Track. **Available for use when classes are not in session.*
Learn more on page 16 >



ADULT ATHLETICS & LEAGUES

VOLLEYBALL LEAGUES

Three leagues are available. The Women's Power League is for serious, competitive teams/players. The Recreational Women's League is a great way to exercise with your friends. The Co-Ed League is for equal numbers of men and women on each team. All games are officiated.

NO GAMES HELD MARCH 22, 2023

6 TEAM MAXIMUM / LEAGUE

REGISTER YOUR TEAM BY JANUARY 9, 2023

AGES: 16 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE (TEAM)
GENESEO COMMUNITY CENTER GYMNASIUM				
32160-11 REC LEAGUE	Jan 18 - Mar 29	W	6:00- 9:00 pm	\$130
32161-11 POWER LEAGUE	Jan 18 - Mar 29	W	6:00- 9:00 pm	\$130
32162-11 CO-ED LEAGUE	Jan 18 - Mar 29	W	6:00- 9:00 pm	\$130 NEW!

ADULT PICKLEBALL CLINIC

The Geneseo Park District along with Pickleball Professional Jeffrey van der Eems with PiQCKleball & More will be hosting a beginners clinic (skill level 2.0-3.0), and an intermediate clinic (skill level 3.0-3.5). Each clinic will offer coaching on drills, shots, serves and returns. There will also be two sessions available to play with the pro, and quick coaching tips will be covered during play.

AGES: 18 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER GYMNASIUM				
32500-31 BEGINNER	Mar 17	F	8:30- 9:45 am	\$25 / player
32500-32 PLAY W/PRO	Mar 17	F	10:00- 11:15 am	\$25 / player
32500-33 INTERMEDIATE	Mar 17	F	11:30 am- 12:45 pm	\$25 / player
32500-34 PLAY W/PRO	Mar 17	F	1:00- 2:15 pm	\$25 / player

DAY CAMPS

SPRING BREAK CAMP

Need activities during Spring Break? Sign up for the Geneseo Park District Spring Break Camp. The Park District will offer a weeklong camp with games, activities, swimming and more.

DON'T NEED THE WHOLE WEEK? Chose only the days you need during Spring Break with our "Pick-a-Day" option.

GRADES: K - 6

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
33302-31 WHOLE WEEK	Mar 20- 24	M- F	7:30 am- 5:30 pm	\$115 / \$230
33302-32 PICK-A-DAY	Mar 20- 24	M- F	7:30 am- 5:30 pm	\$28 / \$56 per child/day



SUMMER CAMP

WHAT ARE YOUR KIDS DOING THIS SUMMER?

Let them experience all the amenities & fun at the Geneseo Park District.

Field Trips ▪ Swimming ▪ Weekly Themes ▪ Crafts
Games ▪ Annual Cardboard Boat Regatta

SUMMER DAY CAMP REGISTRATION OPENS
APRIL 1ST

Learn more at [GENESEOPARKDISTRICT.ORG/SUMMER-CAMP](https://www.geneseoparkdistrict.org/summer-camp)





PRESCHOOL TUMBLE BUGS

Participants are taught with movement, music, and obstacle courses, combined with instruction, while improving basic motor skills, coordination and listening skills. The stage is set to enhance key areas of motor development, while stimulating the mind through highly creative activity!

NO CLASS HELD MARCH 23, 2023

AGES: 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33220-11	Jan 12- Feb 2	TH	10:00- 11:00 am	\$48/\$96
33220-21	Feb 9- Mar 2	TH	10:00- 11:00 am	\$48/\$96
33220-31	Mar 9- 30	TH	10:00- 11:00 am	\$36/\$72

BEGINNER TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. The class develops coordination, self-confidence, listening, strength, balance, and body awareness.

NO CLASS HELD MARCH 20, 2023

AGES: 4 - 6 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33201-11	Jan 9- 30	M	3:30- 4:30 pm	\$48/\$96
33201-21	Feb 6- 27	M	3:30- 4:30 pm	\$48/\$96
33201-31	Mar 6- 27	M	3:30- 4:30 pm	\$36/\$72

GIRLS RULE

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault.

NO CLASS HELD MARCH 21, 2023

AGES: 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33203-11	Jan 10- 31	TU	3:30- 4:30 pm	\$48/\$96
33203-21	Feb 7- 28	TU	3:30- 4:30 pm	\$48/\$96
33203-31	Mar 7-28	TU	3:30- 4:30 pm	\$36/\$72

BOYS ONLY

This class will cover gender specific skills following the USA Mens Gymnastics Program. Participants will learn skills in the high bar, rings, pommel horse, floor exercise, even bars and vault.

NO CLASS HELD MARCH 22, 2023

AGES: 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33210-11	Jan 11- Feb 1	W	6:00 - 7:00 pm	\$48/\$96
33210-21	Feb 8- Mar 1	W	6:00 - 7:00 pm	\$48/\$96
33210-31	Mar 8- 29	W	6:00 - 7:00 pm	\$36/\$72

ADVANCED RECREATIONAL GYMNASTICS

This class is designed for those that want to work on advanced tumbling for cheer or for fun. Participants should be able to do a pullover on the bar, want more than a recreational experience, but do not wish to be competitive.

NO CLASS HELD MARCH 22, 2023

AGES: 9 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33219-11	Jan 11- Feb 1	W	4:30- 6:00 pm	\$72/\$144
33219-21	Feb 8- Mar 1	W	4:30- 6:00 pm	\$72/\$144
33219-31	Mar 8- 29	W	4:30- 6:00 pm	\$54/\$108

JR USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics, but are not ready to compete? Then this is the program for you. Level 3, 4 and 5 USA Gymnastics routines will be developed. This is the class that will focus on the skills that can build up to being comfortable with competitive gymnastics. All new participants must be approved by Coach Ward.

NO CLASS HELD MARCH 20 & 23, 2023

AGES: 7 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33217-11	Jan 9- 30	M	4:30- 6:00 pm	\$54/\$108
33217-12	Jan 12- Feb 2	TH	4:30- 6:00 pm	\$54/\$108
33217-21	Feb 6- 27	M	4:30- 6:00 pm	\$54/\$108
33217-22	Feb 9- Mar 2	TH	4:30- 6:00 pm	\$54/\$108
33217-31	Mar 6- 27	M	4:30- 6:00 pm	\$40.50/\$81
33217-32	Mar 9- 30	TH	4:30- 6:00 pm	\$40.50/\$81

MIDDLE SCHOOL / HIGH SCHOOL OPTIONALS

Those 8th grade boys & girls interested will combine with the Geneseo High School Gymnasts for this optional class. In optional gymnastics there are a set of guidelines (or level requirements) & routines are built around them. Each gymnast has their own music (on the Floor Exercise) and routine is built to show off individual strengths.

NO CLASS HELD MARCH 20 - 23, 2023

AGES: 13 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33218-21	Feb 6- 27	M	7:00- 8:30 pm	\$72/\$144
33218-22	Feb 7- 28	TU	7:00- 8:30 pm	\$72/\$144
33218-23	Feb 9- Mar 2	TH	7:00- 8:30 pm	\$72/\$144
33218-31	Mar 6- 27	M	7:00- 8:30 pm	\$54/\$108
33218-32	Mar 7- 28	TU	7:00- 8:30 pm	\$54/\$108
33218-33	Mar 9- 30	TH	7:00- 8:30 pm	\$54/\$108



GYMNASTICS



ALL GYMNASTICS CLASSES ARE TAUGHT BY
Larry & Chris Ward, *Certified GHS Gymnastic Coaches &*
Tara Koustas, *Certified Gymnastic Coach*

USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics? Then this is the program for you. Gymnastics routines will be learned and developed. Recommended to come to all three sections to compete. All new participants must be approved by Coach Ward.

NO CLASS HELD MARCH 20 - 23, 2023

AGES: 7 - 18yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
33213-11	Jan 9- 30	M	4:30- 7:00 pm	\$90/\$180
33213-12	Jan 10- 31	TU	4:30- 7:00 pm	\$90/\$180
33213-13	Jan 12- Feb 2	TH	4:30- 7:00 pm	\$90/\$180
33213-21	Feb 6- 27	M	4:30- 7:00 pm	\$90/\$180
33213-22	Feb 7- 28	TU	4:30- 7:00 pm	\$90/\$180
33213-23	Feb 9- Mar 2	TH	4:30- 7:00 pm	\$90/\$180
33213-31	Mar 6- 27	M	4:30- 7:00 pm	\$67.50/\$135
33213-32	Mar 7- 28	TU	4:30- 7:00 pm	\$67.50/\$135
33213-33	Mar 9- 30	TH	4:30- 7:00 pm	\$67.50/\$135

CHEERLEADING

MINI CHEERLEADERS NEW!

Learn chants and cheers with Geneseo High School Cheerleaders!

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE/FITNESS ROOM				
GRADES: K - 2				
33155-11	Jan 10- 31	TU	3:30- 4:00 pm	\$24/\$48
33155-21	Feb 7- 28	TU	3:30- 4:00 pm	\$24/\$48
GRADES: 3 - 5				
33155-12	Jan 10- 31	TU	4:15- 4:45 pm	\$24/\$48
33155-22	Feb 7- 28	TU	4:15- 4:45 pm	\$24/\$48



GYMNASTICS PRIVATE & SEMI-PRIVATE

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

PRIVATE [GYMNASTICS LESSONS] #33208

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE [GYMNASTICS LESSONS] #33207

Groups of 2 to 3 participants with similar skills and must be members of the same household. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.



WE'RE HIRING FOR SUMMER



**JOIN THE GENESEO PARK DISTRICT TEAM!
APPLICATIONS MUST BE IN BY MAY 1ST**

- Lifeguards starting at \$13.25/hr
- Summer Day Camp Counselors starting at \$13.00/hr
- Summer Day Camp Manager starting at \$14.25/hr

APPLY TODAY!

GENESEOPARKDISTRICT.ORG/EMPLOYMENT-OPPORTUNITIES



LEARN TO SWIM

LEARN TO SWIM

CLOWNFISH [with a parent]

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety & fun in the water with participant socialization to encourage a lifetime of aquatic activity.

NO LEARN TO SWIM CLASSES HELD MARCH 20 - 25, 2023

AGES: 6 mos - 3yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35001-11	Jan 10- Feb 14	TU	9:00- 9:30 am	\$36/\$72
35001-21	Feb 21- Apr 4	TU	9:00- 9:30 am	\$36/\$72
35001-22	Feb 18- Apr 1	SA	9:30- 10:00 am	\$36/\$72

LAKE EXPLORERS & OCEAN EXPLORERS

Lake Explorers will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.

NO LEARN TO SWIM CLASSES HELD MARCH 20 - 25, 2023

AGES: 4 - 5yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35003-11	Jan 11- Feb 15	W	4:30- 5:00 pm	\$36/\$72
35003-13	Jan 10- Feb 14	TU	9:30- 10:00 am	\$36/\$72
35003-21	Feb 22- Apr 5	W	4:30- 5:00 pm	\$36/\$72
35003-22	Feb 18- Apr 1	SA	10:00- 10:30 am	\$36/\$72
35003-23	Feb 21- Apr 4	TU	9:30- 10:00 am	\$36/\$72

SWIM LESSON & SWIM TEAM PRIVATE & SEMI-PRIVATE

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

PRIVATE

[SWIM LESSONS OR SWIM TEAM TRAINING] #35020

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE

[SWIM LESSONS OR SWIM TEAM TRAINING] #35019

Semi-private lessons are one instructor to 2 or 3 students at similar swimming levels. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

SPECIAL SWIM #35017

Special swim is a great 1-on-1 course for participants with disabilities. Includes (4) 30 minute lessons.

FEE: \$80 M / \$160 NM

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.

TADPOLE & MINNOW

CLASS PREREQUISITES: Must have passed Ocean Explorer or completed Kindergarten to take this class.

Participants work on submerging face and back floats, add on kicks and rhythmic breathing.

NO LEARN TO SWIM CLASSES HELD MARCH 20 - 25, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35005-11	Jan 11- Feb 15	W	5:00- 6:00 pm	\$72/\$144
35005-21	Feb 22- Apr 5	W	5:00- 6:00 pm	\$72/\$144
35005-22	Feb 18- Apr 1	SA	10:30- 11:30 am	\$72/\$144

WHALES

CLASS PREREQUISITES: Must have passed Minnow to take this class.

Participants will work on skills to swim front and back crawl one width in shallow and deep water.

NO LEARN TO SWIM CLASSES HELD MARCH 20 - 25, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35007-11	Jan 10- Feb 14	TU	4:30- 5:30 pm	\$72/\$144
35007-21	Feb 21- Apr 4	TU	4:30- 5:30 pm	\$72/\$144
35007-22	Feb 18- Apr 1	SA	10:00- 11:00 am	\$72/\$144

SHARK, DOLPHIN, BARRACUDA, STINGRAY, MARLIN, MARINER, & S.E.A.L.S.

CLASS PREREQUISITES: Must have passed Whales to take this class.

Participants will work on skills to swim front and back crawl one length.

NO LEARN TO SWIM CLASSES HELD MARCH 20 - 25, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35008-11	Jan 10- Feb 14	TU	5:30- 6:30 pm	\$72/\$144
35008-21	Feb 21- Apr 4	TU	5:30- 6:30 pm	\$72/\$144
35008-22	Feb 18- Apr 1	SA	11:00 am- Noon	\$72/\$144



FREE SWIM LESSONS



THANKS TO THE GENESEO FOUNDATION,
the Geneseo Park District is able to offer
FREE SWIM LESSONS FOR ALL 3RD GRADE STUDENTS
Download the coupon code to use at registration
Must be a Geneseo School District Resident



SWIM TEAM | LIFEGUARD TRAINING

SWIM TEAM



GENESEO PARK DISTRICT GATORS SWIM TEAM COACHES

MARIFATH MUELLER, USA Certified Swim Coach

& GINA SCHWEITZER, USA Certified Swim Coach

GOGGLES & SWIM CAP REQUIRED.

All group placements are at the discretion and approval of the coaches.

AGES 6 YRS & OLDER

GATORS SWIM TEAM [SENIOR] NEW!

This group is for novice and experienced high school swimmers and will focus on more advanced stroke technique, starts, turns, and preparation for the High School Swim season. Longer practices will help build endurance in the water and strengthen swimming skills. This is a great opportunity to get in shape and get ahead of the competition for the upcoming High School season!

NO SWIM TEAM HELD MARCH 21- 24, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35026-11	Jan 2- 27	TU W F	3:30- 4:30 pm	\$66/\$132

GATORS SWIM TEAM [PRE-SENIOR GROUP]

This group is for novice and experienced 12-14 year old swimmers. The focus will be working on stroke technique, learning and improving on all four competitive strokes, and turns. Practices will be geared towards building endurance and improving yardage throughout the season.

NO SWIM TEAM HELD MARCH 20- 24, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35026-12	Jan 2- 27	M- F	3:45- 4:45 pm	\$110/\$220

GATORS SWIM TEAM [GREEN GROUP]

This group is for novice and experienced 9-11 year old swimmers and advanced 8 year olds (per coaches discretion). Swimmers will be instructed in all four competitive swim strokes, along with basic swim starts and turns. Practices will begin to focus on stroke technique, building speed and endurance.

NO SWIM TEAM HELD MARCH 20- 24, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35026-13	Jan 2- 27	M- F	3:45- 4:30 pm	\$82.50/\$165

GATORS SWIM TEAM [BLUE GROUP]

This group is for developing 8 & under swimmers who are able to swim the length of the pool in freestyle and backstroke. Our focus is teaching basic swim stroke skills, kicking, drills, and introducing the butterfly and breaststroke.

NO SWIM TEAM HELD MARCH 20- 24, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35026-14	Jan 2- 27	M TU TH F	4:45- 5:15 pm	\$44/\$88

GATORS SWIM TEAM [OPEN TRAINING - ALL LEVELS] NEW!

There will be a Lifeguard present at the Indoor Pool for any Gators Swim Team members interested in self training. Sign up for a month or pay per visit.

6 SWIMMER MINIMUM

WALK-IN FEES: \$6 M / \$8 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35026-21	Jan 30- Feb 20	M	3:45- 4:45 pm	\$16/\$32
35026-22	Feb 2- 23	TH	3:45- 4:45 pm	\$16/\$32
35026-31	Feb 27- Mar 13	M	3:45- 4:45 pm	\$12/\$24
35026-32	Mar 2- 16	TH	3:45- 4:45 pm	\$12/\$24

LIFEGUARD TRAINING

STARGUARD LIFEGUARD TRAINING

CLASS PREREQUISITES: Must be 16 years old or older.

Learn the beginning skills required to be a lifeguard. After completion of this course you will shadow a lifeguard during their shift.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35021-11	Jan 21- 22	SA SU	9:00 am- 4:00 pm	\$180/person



LIFEGUARD BONUS

Thanks to the **GENESEO PARK DISTRICT FOUNDATION**, those applicants that COMPLETE Starguard Lifeguard Certification, are HIRED by the Geneseo Park District AND work AT LEAST 120 hours by August 31, 2023 will be eligible to receive **UP TO A \$180 BONUS**.





CYCLING

HIP HOP SPIN (H)

Get ready to cycle harder than you ever thought you could! Take every memory about every intense workout you've ever had, add a bike and high energy music, and you'll start to get the idea!

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

NO CLASS HELD MARCH 21, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34504-11	Jan 10- 31	TU	6:00- 6:45 am	\$19.50/\$39
34504-21	Feb 7- 28	TU	6:00- 6:45 am	\$19.50/\$39
34504-31	Mar 7- 28	TU	6:00- 6:45 am	\$14.75/\$29.50

FITNESS

H.I.I.T. (H) NEW!

Welcome to HIIT (High-intensity interval training) which involves exerting your maximum energy during short periods of time. HIIT exercise burns 25% to 30% more calories than any other form of exercise. My classes will give you an all out 100% effort through quick intense bursts of exercise followed by short, sometimes active recovery periods. During your class, you will burn a lot of calories in a short amount of time. HIIT is a great workout choice for people of all fitness levels.

INSTRUCTOR: Joshua Carley, *Hammond-Henry Rehab*

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

NO CLASS HELD MARCH 20 & 22, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
34114-11	Jan 2- 30	M	6:00- 7:00 pm	\$32.50/\$65
34114-12	Jan 4- 25	W	6:00- 7:00 pm	\$26/\$52
34114-21	Feb 6- 27	M	6:00- 7:00 pm	\$26/\$52
34114-22	Feb 1- 22	W	6:00- 7:00 pm	\$26/\$52
34114-31	Mar 6- 27	M	6:00- 7:00 pm	\$19.50/\$39
34114-32	Mar 1- 29	W	6:00- 7:00 pm	\$26/\$52

ADULT SUMMIT (H)

This Summit focuses on adult athletes and their specific needs. This functional training program meets three days a week and targets triplaner strength, flexibility, injury prevention, cardiovascular fitness, and overall general conditioning in a group setting.

INSTRUCTORS: Greg Janicki, John Davis or Jennifer Mills, *Hammond-Henry*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO FACILITY ACTIVITY CENTER (GFAC) 700 N STATE ST. GENESEO, IL				
34141-11	Jan 2- 27	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75 / person
34141-21	Feb 1- 27	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75 / person
34141-31	Mar 1- 31	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75 / person

BOYS MIDDLE SCHOOL SUMMIT

Hammond-Henry Hospital is excited to be providing Geneseo Middle School student/athletes with winter speed, agility, strength and conditioning programs. Our goal with this program is to improve athletic performance as well as decrease your chances for injury. Student-athletes can expect to see improvements in first step quickness, jumping ability, strength, speed, agility, explosive power, conditioning and overall improvement in movement efficiency.

NOTE: Class will meet Tuesdays & Thursdays January 1 - February 9 and Monday, Tuesday & Thursday February 13 - 23.

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO FACILITY ACTIVITY CENTER (GFAC) 700 N STATE ST. GENESEO, IL				
BOYS GRADES: 6 - 8				
34140-14	Jan 1- Feb 9 Feb 13- 23	TU TH M TU TH	3:30- 4:30 pm 3:30- 4:30 pm	\$100 / person

MIDDLE SCHOOL FITNESS ACCESS

Middle school age students will gain access to all fitness areas. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by an NASM Certified Personal Trainer.

INSTRUCTOR: Matthew Henry, *Hammond-Henry Rehab Personal Trainer*

GRADES: 6 - 8

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
34119-11	Jan 12- 26	TH	6:00- 7:00 pm	\$36/\$72
34119-21	Feb 2- 16	TH	6:00- 7:00 pm	\$36/\$72
34119-31	Mar 2- 16	TH	6:00- 7:00 pm	\$36/\$72

PARKINSON'S STRONG (L)

Parkinson's only group exercise class with a focus on whole body functional wellness.

CLASS PREREQUISITES: Must be pre-evaluated at Hammond-Henry Hospital prior to registering for this class. A one-time equipment fee of \$55 will apply [first month class fee waived with one-time equipment fee].

INSTRUCTORS: Bailey Weber & Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34142-11	Jan 4- 31	TU TH	11:00 am- Noon	\$65/person
34142-21	Feb 2- 28	TU TH	11:00 am- Noon	\$65/person
34142-31	Mar 2- 30	TU TH	11:00 am- Noon	\$65/person

POST THERAPY FITNESS (L)

This class is designed to pick up where rehab has left off. We will continue your wellness goals to improve balance, strength, and range of motion in a safe class setting.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

NO CLASS HELD MARCH 20 & 22, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34147-11	Jan 2- 30	M W	10:15- 11:00 am	\$65/person
34147-21	Feb 1- 27	M W	10:15- 11:00 am	\$65/person
34147-31	Mar 1- 29	M W	10:15- 11:00 am	\$65/person





ADULT SMART START (L)

Don't know where to begin? Having difficulties using the equipment? Don't know how to set a workout plan? This is the class for you. Adult Smart Start will help get you going with designing a workout plan, using the equipment and getting your fitness routines started off right.

INSTRUCTOR: Matthew Henry, *Hammond-Henry Rehab Personal Trainer*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
34118-11	Jan 1- 26	TU TH	5:00- 6:00 pm	\$65/person
34118-21	Feb 2- 28	TU TH	5:00- 6:00 pm	\$65/person
34118-31	Mar 2- 30	TU TH	5:00- 6:00 pm	\$65/person

SCULPT (H)

Body Sculpting workouts are designed to help you tone the muscles in specific areas of your body using free weights and resistance bands. Mixed with cardio circuits and core work, you will have a total body sculpting experience.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

NO CLASS HELD MARCH 20 & 23, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34124-11	Jan 2- 30	M	6:00- 6:45 am	\$24.50/\$49
34124-12	Jan 5- 26	TH	6:00- 6:45 am	\$19.50/\$39
34124-21	Feb 6- 27	M	6:00- 6:45 am	\$19.50/\$39
34124-22	Feb 2- 23	TH	6:00- 6:45 am	\$19.50/\$39
34124-31	Mar 6- 27	M	6:00- 6:45 am	\$14.75/\$29.50
34124-32	Mar 2- 30	TH	6:00- 6:45 am	\$19.50/\$39

BUFF BONES® (M)

Buff Bones® is a medically-endorsed system of movement for bone and joint health. It leverages bone-strengthening and balance techniques along with Pilates, functional movement, strength training and therapeutic exercise. It can benefit anyone looking to tone up, enhance posture, improve balance, and gain overall strength.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

NO CLASS HELD MARCH 20 & 22, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34126-11	Jan 2- 30	M	9:00- 10:00 am	\$32.50/\$65
34126-12	Jan 4- 25	W	9:00- 10:00 am	\$26/\$52
34126-21	Feb 6- 27	M	9:00- 10:00 am	\$26/\$52
34126-22	Feb 1- 22	W	9:00- 10:00 am	\$26/\$52
34126-31	Mar 6- 27	M	9:00- 10:00 am	\$19.50/\$39
34126-32	Mar 1- 29	W	9:00- 10:00 am	\$26/\$52

YOGA

POWER FLOW (L)

Power Yoga is feel-good vinyasa designed for all fitness levels. Prepare to move with full body sequences that will energize your day and lift your spirits. This is a music driven yoga experience where you will find the beat, your breath, and FLOW that is taught in an 80-85 degree room and is sure to challenge you while giving you a great workout.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

NO CLASS HELD MARCH 22 & 24, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34133-11	Jan 4- 25	W	6:00- 6:45 am	\$19.50/\$39
34133-12	Jan 6- 27	F	6:00- 6:45 am	\$19.50/\$39
34133-21	Feb 1- 22	W	6:00- 6:45 am	\$19.50/\$39
34133-22	Feb 3- 24	F	6:00- 6:45 am	\$19.50/\$39
34133-31	Mar 1- 29	W	6:00- 6:45 am	\$19.50/\$39
34133-32	Mar 3- 31	F	6:00- 6:45 am	\$19.50/\$39

SLOW FLOW (L)

Get ready for some mindful movement and music! Get moving with a well-balanced slower flow that incorporates some longer holds to allow the body to accept the physical patterns of asanas. Experiment with a challenge-pose here and there, and lengthen your muscles as you wind down. The range of options offered and modifications makes this class largely accessible. All while enjoying a wide selection of music!

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$12 M / \$14 MG / \$24 NM

NO CLASS HELD MARCH 21 & 23, 2023

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
34134-11	Jan 3- 31	TU	9:00- 10:15 am	\$40.75/\$81.50
34134-12	Jan 5- 26	TH	9:00- 10:15 am	\$32.50/\$65
34134-21	Feb 7- 28	TU	9:00- 10:15 am	\$32.50/\$65
34134-22	Feb 2- 23	TH	9:00- 10:15 am	\$32.50/\$65
34134-31	Mar 7- 28	TU	9:00- 10:15 am	\$24.50/\$49
34134-32	Mar 2- 30	TH	9:00- 10:15 am	\$32.50/\$65



BE THE FIRST TO HEAR ABOUT UPCOMING
PARK DISTRICT POP-UP CLASSES

---> Follow us on Facebook, Instagram & Twitter
---> Sign-up for the Park District E-Newsletter
online at www.GeneseoParkDistrict.org



WATER FITNESS



WATER FITNESS WALK-IN FEE
\$10 M / \$12 MG / \$20 NM
unless otherwise listed

JUST THE GUYS (M)

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages.

INSTRUCTOR: Therresa Bowton

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35506-11	Jan 3- 31	FREE! TU	7:00- 8:00 am	FREE
35506-12	Jan 5- 26	TH	7:00- 8:00 am	\$26/\$52
35506-13	Jan 6- 27	F	7:00- 8:00 am	\$26/\$52
35506-21	Feb 7- 28	TU	7:00- 8:00 am	\$26/\$52
35506-22	Feb 2- 23	TH	7:00- 8:00 am	\$26/\$52
35506-23	Feb 3- 24	F	7:00- 8:00 am	\$26/\$52
35506-31	Mar 7- 28	TU	7:00- 8:00 am	\$26/\$52
35506-32	Mar 2- 30	TH	7:00- 8:00 am	\$32.50/\$65
35506-33	Mar 3- 31	F	7:00- 8:00 am	\$32.50/\$65

FIT HAPPENS A.M. (H)

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape.

INSTRUCTOR: Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35507-11	Jan 2- 30	M	8:30- 9:30 am	\$32.50/\$65
35507-12	Jan 4- 25	W	8:30- 9:30 am	\$26/\$52
35507-13	Jan 6- 27	F	8:30- 9:30 am	\$26/\$52
35507-21	Feb 6- 27	M	8:30- 9:30 am	\$26/\$52
35507-22	Feb 1- 22	FREE! W	8:30- 9:30 am	FREE
35507-23	Feb 3- 24	F	8:30- 9:30 am	\$26/\$52
35507-31	Mar 6- 27	M	8:30- 9:30 am	\$26/\$52
35507-32	Mar 1- 29	W	8:30- 9:30 am	\$32.50/\$65
35507-33	Mar 3- 31	F	8:30- 9:30 am	\$32.50/\$65

FIT HAPPENS P.M. (H)

This high intensity, total body workout will utilize the entire pool.

INSTRUCTOR: Jill Neal

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35508-11	Jan 2- 30	M	5:30- 6:30 pm	\$32.50/\$65
35508-12	Jan 5- 26	TH	5:30- 6:30 pm	\$26/\$52
35508-21	Feb 6- 27	M	5:30- 6:30 pm	\$26/\$52
35508-22	Feb 2- 23	TH	5:30- 6:30 pm	\$26/\$52
35508-31	Mar 6- 27	M	5:30- 6:30 pm	\$26/\$52
35508-32	Mar 2- 30	FREE! TH	5:30- 6:30 pm	FREE

FOR THE LOVE OF FIT (L)

Increases range of motion at the joints in order to improve posture, balance and mobility.

INSTRUCTOR: Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
35504-11	Jan 2- 30	M	9:45- 10:45 am	\$32.50/\$65
35504-12	Jan 4- 25	W	9:45- 10:45 am	\$26/\$52
35504-13	Jan 6- 27	F	9:45- 10:45 am	\$26/\$52
35504-21	Feb 6- 27	M	9:45- 10:45 am	\$26/\$52
35504-22	Feb 1- 22	W	9:45- 10:45 am	\$26/\$52
35504-23	Feb 3- 24	F	9:45- 10:45 am	\$26/\$52
35504-31	Mar 6- 27	M	9:45- 10:45 am	\$26/\$52
35504-32	Mar 1- 29	W	9:45- 10:45 am	\$32.50/\$65
35504-33	Mar 3- 31	F	9:45- 10:45 am	\$32.50/\$65



PARK DISTRICT MEMBERSHIP

DID YOU KNOW...

a Park District Membership gives you access to all Geneseo Park District Facilities and Amenities? That means access to the Indoor Pool, Elevated Walking Track, Cardio & Weight Rooms, Aquatic Center, 50% off ALL programs and much more!

CLICK HERE FOR MEMBERSHIP INFORMATION



FITNESS | WATER FITNESS | LAP SWIM *at a glance*

JANUARY 1 - MARCH 31, 2023

SPRING SCHEDULE COMING SOON

MON	TUE	WED	THU	FRI	SAT	SUN
ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 6:55 am		
SCULPT 6:00- 6:45 am	HIP HOP SPIN 6:00- 6:45 am	POWER FLOW 6:00- 6:45 am	SCULPT 6:00- 6:45 am	POWER FLOW 6:00- 6:45 am		
	JUST THE GUYS IP 7:00- 8:00 am FREE! in January		JUST THE GUYS IP 7:00- 8:00 am	JUST THE GUYS IP 7:00- 8:00 am	ADULT LAP SWIM 7:00- 9:00 am 1/7 - 3/25	ADULT LAP SWIM 7:00- 9:00 am 1/8 - 3/26
FIT HAPPENS A.M. IP 8:30- 9:30 am		FIT HAPPENS A.M. IP 8:30- 9:30 am FREE! in February		FIT HAPPENS A.M. IP 8:30- 9:30 am		
BUFF BONES 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am	BUFF BONES 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am			
FOR THE LOVE OF FIT IP 9:45- 10:45 am		FOR THE LOVE OF FIT IP 9:45- 10:45 am	FREE! ACTIVE ADULT EXERCISE CLASS 9:00- 10:00 am	FOR THE LOVE OF FIT IP 9:45- 10:45 am		
POST THERAPY FITNESS 10:15- 11:00 am		POST THERAPY FITNESS 10:15- 11:00 am				
ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm		
	PARKINSON'S STRONG 11:00 am- Noon		PARKINSON'S STRONG 11:00 am- Noon			
					PUBLIC/OPEN SWIM 12:30- 2:30 pm 1/7 - 3/25	PUBLIC/OPEN SWIM 12:30- 2:30 pm 1/8 - 3/26
MIDDLE SCHOOL SUMMIT [BOYS] 3:30- 4:30 pm <i>held at GFAC Feb 13 - 23 only</i>	MIDDLE SCHOOL SUMMIT [BOYS] 3:30- 4:30 pm <i>held at GFAC</i>		MIDDLE SCHOOL SUMMIT [BOYS] 3:30- 4:30 pm <i>held at GFAC</i>			
GATORS SWIM TEAM [OPEN TRAINING] NEW! 3:45- 4:45 pm <i>Jan 30 - Mar 13 only</i>			GATORS SWIM TEAM [OPEN TRAINING] NEW! 3:45- 4:45 pm <i>Feb 2 - Mar 16 only</i>			
ADULT SUMMIT 5:00- 6:00 pm	ADULT SMART START 5:00- 6:00 pm	ADULT SUMMIT 5:00- 6:00 pm <i>held at GFAC</i>	ADULT SMART START 5:00- 6:00 pm	ADULT SUMMIT 4:00- 5:00 pm <i>held at GFAC</i>		
FIT HAPPENS P.M. IP 5:30- 6:30 pm			FIT HAPPENS P.M. IP 5:30- 6:30 pm FREE! in March			
H.I.I.T. NEW! 6:00- 7:00 pm		H.I.I.T. NEW! 6:00- 7:00 pm	MIDDLE SCHOOL FITNESS ACCESS 6:00- 7:00 pm	PUBLIC/OPEN SWIM 6:00- 8:00 pm 1/6 - 3/31		
FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm			

ADULT LAP SWIM

Included in Community Center or Park District Membership, Non-Members pay daily admission fee of \$8 Adult or \$7 Senior/Youth. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for water exercise. Lanes adjusted based on intended usage.

FAMILY/OPEN SWIM

Included in Community Center or Park District Membership, Non-Members pay daily admission fee of \$8 Adult or \$7 Senior/Youth. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for Family Swim

IP

Water Fitness Class held at the Community Center Indoor Pool. *Registration or walk-in fee required to attend.*

A **FREE** Water Fitness Class is offered each month. [LEARN MORE >](#)

INTERESTED LAP SWIMMERS UNDER 18 MUST GET PERMISSION TO ATTEND ADULT LAP SWIM. CONTACT NATHANIEL AT (309) 944-5695.





SNACKS, GAMES & MORE

CARDS WITH FRIENDS **FREE!**

Come join friends and neighbors in a friendly game of cards. There are people who are willing to teach you how to play so you can join the fun!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jan- Mar	Mondays	1:00 pm	FREE
Jan- Mar	2 nd & 4 th Thursdays	1:00 pm	FREE

WALKING CLUB **FREE!**

Come join us for a free, fun and sociable walking club on the indoor track. Walk at your own pace, bring a friend or make a new one. It's a great opportunity to set some fitness goals and connect with others in our community!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM			
Jan- Mar	Wednesdays	9:30- 10:30 am	FREE

COFFEE & SNACKS **FREE!**

Start your day off right with a hot cup of coffee, some tasty breakfast treats and friendly conversation as we welcome everyone to our Thursday morning Coffee and Snacks. Enjoy time with friends before beginning your day, or stick around for the 9am Exercise Class. Everyone is welcome.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jan- Mar	Thursdays	8:00- 9:00 am	FREE

BINGO **FREE!**

Everyone is welcome. Various games of Bingo are played each time. Prizes for everyone!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jan- Mar	1 st & 3 rd Thursdays	1:00- 2:30 pm	FREE

GAMES FOR FRIENDSHIP, FELLOWSHIP & FUN **FREE!**

Join us on Friday mornings for fun group games and fellowship. Bring your favorite game to share, play one of the variety of games we have or bring your board for Joker & Marbles. Everyone is welcome!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jan- Mar	Fridays	9:00 am- Noon	FREE

LUNCHEON & SEMINAR

The Geneseo Park District would like to invite you to a **FREE** seminar while enjoying a **FREE** light luncheon. *Stay and play cards following the luncheon.*

HEALTHY HEART **FREE!**

Learn what steps to take to transition to a heart healthy life. Focusing on the DO's and not the DONT's. Learn what foods and nutrients will help you achieve heart health.

PRESENTER: Hammond-Henry Rehab

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
February 16	Thursday	11:00 am- Noon	FREE

IDENTITY THEFT SEMINAR **FREE!**

What is Identity Theft? What can you do to prevent it? Come and hear from representatives from Central Bank and the Geneseo Police Department on what you can do to recognize and prevent identity theft.

PRESENTER: Central Bank & Geneseo Police Department

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
March 9	Thursday	11:00 am- Noon	FREE

MYPLATE NOT YOUR PLATE **FREE!**

Nutrition is not a one size fits all. Learn what USDA's MyPlate is and how it applies to the individual. Learn the difference between the food groups and how each person has different requirements.

PRESENTER: Hammond-Henry Rehab

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
March 16	Thursday	11:00 am- Noon	FREE

Seminar admission is **FREE** thanks to **COMMUNITY PRESENTERS**. Luncheon is provided by the **GENESEO PARK DISTRICT FOUNDATION**.

Geneseo
Park District
Foundation





FITNESS & WATER FITNESS

SENIOR EXERCISE CLASS **FREE!**

This 1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – come when you can.

INSTRUCTORS: Sharon Rausch & Barb Sigwalt

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jan 5- 26	Thursdays	9:00- 10:00 am	FREE
Feb 2- 23	Thursdays	9:00- 10:00 am	FREE
Mar 2- 30	Thursdays	9:00- 10:00 am	FREE

WATER FITNESS CLASSES **FREE!**

Try a different Water Fitness Class for **FREE** each month.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL			
JUST THE GUYS			
An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening & balance work.			
Jan 3- 31	TU	7:00- 8:00 am	FREE
FIT HAPPENS A.M.			
This class combines high intensity rhythmic movements with resistance training.			
Feb 1- 22	W	8:30- 9:30 am	FREE
FIT HAPPENS P.M.			
This high intensity, total body workout will utilize the entire pool.			
Mar 2- 30	TH	5:30- 6:30 pm	FREE

DANCES

MONTHLY DANCE **FREE!**

The Geneseo Park District Foundation brings you Active Adult/Senior Dances at the Geneseo Community Center. Coffee & Snacks begin at 6:00 pm with Music & Dancing to follow. Live 50's & 60's Classic Country and Rock music. Open to the public. Bring Cookies or Treats to share (optional).

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
January 8	Sunday	6:00- 8:30 pm	FREE
February 12	Sunday	6:00- 8:30 pm	FREE
March 12	Sunday	6:00- 8:30 pm	FREE

MONTHLY MOVIE

CENTRAL THEATER FREE MOVIE **FREE!**

Join us at Geneseo Park District's Central Theater for a **FREE** movie! Admission is **FREE** thanks to the **GENESEO PARK DISTRICT FOUNDATION**. Enjoy 1 **FREE** Small Pop & Popcorn Combo per person thanks to **CENTRAL CLASSIC CLUB**.



DATES	DAYS	MOVIE TITLE	TIME	FEE (M/NM)
CENTRAL THEATER 111 N STATE ST. GENESEO, IL (309) 944-3603				
Jan 11	Wednesday	A Walk in the Clouds	1:00 pm	FREE
Feb 8	Wednesday	The Ultimate Gift	1:00 pm	FREE
Mar 8	Wednesday	The Mule	1:00 pm	FREE



GENESEO PARK DISTRICT FOUNDATION

DID YOU KNOW...

These **FREE** Active Adults/Senior Programs are sponsored by the **GENESEO PARK DISTRICT FOUNDATION** (unless otherwise listed).

A complete calendar of events each month can be found online at GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT

You can help us continue to offer **FREE** Programs by
Becoming a Park District Volunteer
Learn more at GENESEOPARKDISTRICT.ORG/VOLUNTEER

or

Donating or purchasing an item off our Wish List
Learn more at GENESEOPARKDISTRICT.ORG/FOUNDATION/#DONATE



FREQUENTLY ASKED QUESTIONS

MEET THE GENESEO PARK DISTRICT BOARD OF COMMISSIONERS



DOUG BODEEN
President



NATE VORAC
Vice-President



JULIA MCAVOY
Secretary



BETHANY WINKLEMAN
Commissioner



CHRISTINA ZOBRIST
Commissioner

MEET THE GENESEO PARK DISTRICT LEADERSHIP TEAM

ANDY THURMAN

Executive Director

athurman@geneseoparkdistrict.org

SCOTT HIMMELMAN

Superintendent of Facilities

shimmelman@geneseoparkdistrict.org

JACKIE BEACH

Recreation & Aquatics Supervisor

jbeach@geneseoparkdistrict.org

PAULA VERBECK

Superintendent of Finance & Administration

pverbeck@geneseoparkdistrict.org

ANDREW SIGWALT

Superintendent of Recreation

asigwalt@geneseoparkdistrict.org

JODIE OLSON

Administrative Assistant

jolson@geneseoparkdistrict.org

RECREATION PROGRAMS

PROGRAM RATE POLICY

It is the policy of the Park District that program participants must have a current membership to participate at membership rates. Memberships must be purchased prior to the program start date to receive the programs membership rate, the difference will NOT be refunded for memberships purchased after the first day of a program. Patrons may register for programs at the membership rate beyond their membership expiration date but if they do not renew they will be obligated to pay the difference between the member and non-member rate for programs that they continue to participate in past their expiration date.

PROGRAM CANCELLATIONS Visit our website for the most up-to-date closings & cancellations at [GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneseoparkdistrict.org/CLOSINGS-CANCELLATIONS)

On days when the Geneseo School District releases early or cancels due to weather, our programs are also canceled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled. Make-up classes will be scheduled if facility and instructor resources are available.

The Park District and/or its independent contractors reserve the right to consolidate, postpone or cancel any activity or program that has not met the established minimum. The determination to cancel programs will be made 3 days prior to scheduled start date.

If lightning strikes or thunder is heard all pool participants will be required to be out of the Indoor Pool or Aquatic Center for 15 minutes from the time of the last lightning strike or thunder heard.

PROGRAM REFUNDS

Participants that request a refund before the start of a program will receive a full refund. Refunds requested after the start of a program will receive 1/3 of the unused portion minus a \$5.00 service fee. The \$5.00 service fee will be waived if the patron chooses to send the refund to their account as a credit on account versus being mailed a refund check.

OOPS!

The Park District staff has made every effort to prepare this guide as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

PHOTO / VIDEO DISCLOSURE

By registering for, participating in or attending Park District programs, events, or other activities, the participant agrees to the use and distribution by the Park District of his or her image. If you do not wish your household to be photographed, you will need to complete & sign the Photo Waiver form at the Geneseo Community Center.

VISIT OUR WEBSITE AREA-SPECIFIC RULES AND POLICIES



FREQUENTLY ASKED QUESTIONS

MEMBERSHIPS

WHAT DISCOUNTS DO YOU OFFER?

The Geneseo Park District offers a Business Membership Discount. If your employer has a Business Membership, you could be eligible for a 10% discount off your annual Membership fee. Please inquire with desk attendant to see if your employer participates.

YOUR EMPLOYER IS NOT PART OF THIS PROGRAM? Talk to them today about helping you and your coworkers receive a discount to get fit and healthy. Healthy employees are more productive and can reduce employer expenses. Call (309) 944-5695 for more details.

CAN I USE THE CENTER OR AQUATIC CENTER IF I AM NOT A MEMBER?

Yes, anyone can use The Center, John & Carla Edwards Aquatic Center or sign up for programs.

DAILY ADMISSION AT THE CENTER

as of January 1, 2023

\$7.00 Youth (18 & Under) / Senior (65 & older)

\$8.00 Adult (19 & older)

DAILY ADMISSION AT THE AQUATIC CENTER

as of January 1, 2023

\$8.00 / person

WHAT IF I AM NOT A RESIDENT OF THE GENESEO PARK DISTRICT?

Non-residents are persons who do not reside within the corporate boundaries of the Park District or do not pay taxes for the Park District.

A \$75 non-resident fee will be applied to Community Center & Park District membership purchases or renewals. (Not applicable to 1-month memberships).

A \$30 non-resident fee will be applied to Aquatic Center memberships.

HOW CAN I PAY FOR A MEMBERSHIP?

The Geneseo Park District offers three easy payment plan options...

1 - PAY Pay the full amount owed at time of purchase.

3 - PAY [3 CONSECUTIVE MONTHLY PAYMENTS] The membership rate is divided into 3 equal payments, which are paid the first three months of your membership plus a \$10.00 service fee. If monthly payments are not paid by due dates, a late fee of \$10.00 per month will be charged. Future memberships may not be obtained until complete balances are paid in full. Only available on annual membership purchase. The \$10 service fee is reflected in the listed 3-pay price.

12 - PAY [AUTOMATIC ELECTRONIC WITHDRAWAL] The 12-pay plan is the only way that the Geneseo Park District can accept monthly payments for annual Community Center or Park District membership dues. This is a continuous membership plan; memberships will automatically renew on the members' yearly expiration date. The membership price including service fee of \$2 per month, and non-resident fee when applicable, is divided by 12 to arrive at the monthly payment. An initial down payment is required at time of purchase, fulfilling the first month's payment obligation and a \$25 Activation Fee. The monthly dues will be deducted from the members bank account for a minimum of 11 consecutive months. After that time, they will automatically continue until the GPD receives request to terminate from the member. Monthly dues will be withdrawn on the 15th of the month unless the 15th falls on a weekend or holiday in which case withdrawals will be made the following business day. To terminate or change the membership in any way, the GPD must receive a 30-day written notice directed to the Attention of the Administrative Assistant. Should any membership draft not be honored by the members financial institution for any reason, the membership will be suspended. The member will be required to pay the balance due plus a \$5 service fee. Balance due must be paid in full, in person, by cash or credit card. This is in addition to any service fee the financial institution may make. Monthly dues will continue to be automatically deducted from the members bank account as scheduled while the membership is suspended. Memberships will be canceled after a second consecutive insufficient funds notice is received. Memberships that are suspended and/or canceled due to delinquent payments will receive email notification from GPD. Canceled memberships are required to pay the past due amount plus service fees in full before future memberships may be purchased and are subject to the activation fee. Memberships canceled prior to meeting the first 1-year commitment will be subject to the GPD cancellation policy and required to pay ½ of the unused balance plus a \$5 service fee. If a membership is canceled due to insufficient funds, future requests for payment plans will be reviewed and the Geneseo Park District reserves the right to accept or reject requests. The Geneseo Park District Board of Directors may, at their discretion, adjust the monthly rate applicable to any category of membership.

FINANCIAL ASSISTANCE IS AVAILABLE For more information call (309) 944-5695 or visit www.GeneseoParkDistrict.org

WHAT IF I WANT TO CANCEL OR UPGRADE MY MEMBERSHIP OR PROGRAM?

UPGRADING MY MEMBERSHIP: When upgrading your membership you will receive 100% credit of the unused portion on the existing membership which is deducted from the new membership price. A new expiration date is established at the time of upgrade. New payment plan forms will be completed at this time. No refunds are applied on 12-pay option.

MEMBERSHIP CANCELLATION POLICY: Annual memberships discontinued before the year is completed will be refunded on the basis of 1/2 of the unused balance plus a \$5.00 service fee (not applicable on 12-pay option).

MEMBERSHIPS ARE NOT TRANSFERABLE. Memberships purchased under false pretenses will be terminated and no refunds will be given.

STATEMENT OF ACCESSIBILITY

WE WANT TO INCLUDE YOU, YES YOU...

The Park District believes each participant should be provided with leisure services to allow for his/her highest level of performance. **Inclusion Services** are designed to facilitate and ensure opportunities are available in the least restrictive environment and to make certain residents are given the opportunity to choose the services they desire.

The Geneseo Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility. *If you have any special needs, please contact the Park District at (309) 944-5695.*



FACILITIES & CONTACT INFORMATION

GENESEO COMMUNITY CENTER



HOURS > INDOOR POOL > RECOVERY ROOM > GYMNASIUM >
541 EAST NORTH STREET | GENESEO, IL
(309) 944-5695

AQUATIC CENTER



HOURS > SPLASH PAD > WATER WALKING & LAP SWIM >
501 EAST NORTH STREET | GENESEO, IL
(309) 944-3129

CENTRAL THEATER



SHOWTIMES > TICKET PRICES > SPECIALS >
111 NORTH STATE STREET | GENESEO, IL
(309) 944-3603

ATHLETIC FIELD



AMENITIES > BUILDING >
407 EAST NORTH STREET | GENESEO, IL

ANDERSON MEMORIAL PARK



AMENITIES >
316 EAST MAIN STREET | GENESEO, IL

CLOSINGS & CANCELLATIONS



FIND THE MOST UP-TO-DATE FACILITY AND PROGRAM INFORMATION AT
[GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneseparkdistrict.org/closings-cancellations)

