



# GENESEO PARK DISTRICT



**SPRING 2023**  
ACTIVITY GUIDE

REGISTRATION NOW OPEN

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## WE WANT TO HEAR FROM YOU



### TAKE A FEW MOMENTS AND TELL US WHAT YOU THINK ABOUT PARK DISTRICT PROGRAMS

by filling out the Activity Evaluation at

[GENESEOPARKDISTRICT.ORG/VOICE-YOUR-OPINION](https://www.geneseoparkdistrict.org/voice-your-opinion)

Your feedback will help guide us so we can better  
reflect your interests and desires in  
future programming and events.

**WE VALUE YOUR INPUT.**

## WAYS TO REGISTER



CLICK ON THE ACTIVITY NUMBER  
IN THIS INTERACTIVE GUIDE

-OR-



VISIT [GENESEOPARKDISTRICT.ORG](https://www.geneseoparkdistrict.org)

-OR-



IN PERSON AT THE GENESESO  
COMMUNITY CENTER



REGISTRATION  
TUTORIAL

## USING THE ACTIVITY GUIDE

ACTIVITY#	DATES ③	DAYS	TIME	FEE (M/NM) ④
① GENESEOPARKDISTRICT BRIGHT BEGINNING'S PRESCHOOL ROOM				
21154.11 ②	Sep 6- Oct 11	TU	11:15 am - Noon	\$12/\$24

- ① All programs are held at the Geneseo Community Center *unless otherwise denoted*. Room locations within The Center will be listed if available at the time of publication.
- ② Click on the Activity Number to register online. Or provide this number to the Park District staff if registering at The Center.
- ③ DATES, Day of the week and TIME are listed for each section.
- ④ CLASS FEES are listed as Member Pricing [M] / Non-Member Pricing [NM]  
*Learn how you can become a Member & receive 50% off program fees on page 3.*

**FITNESS & WATER FITNESS CLASS WALK-IN FEES** are listed as  
(M) Member / (MG) Member Guest<sup>1</sup> / (NM) Non-Member  
<sup>1</sup>Members can bring a Non-Member Guest at a reduced Walk-In Fee

**FITNESS & WATER FITNESS CLASS INTENSITY LEVELS** are listed as  
(L) = Low | (M) = Moderate | (H) = High

## CONNECT WITH US





# BECOME A MEMBER



VISIT THE GENESEO COMMUNITY CENTER  
TO PURCHASE YOUR MEMBERSHIP

## COMMUNITY CENTER MEMBERSHIP

With a Community Center Membership you will find something for everyone with the large variety of amenities at The Center.

### AMENITIES AT THE CENTER

Cardio & Weight Rooms  
Indoor Pool  
Sauna  
Indoor Elevated Track  
Recovery Room  
Activity Room Games/Activities  
Gym, Wallyball, Racquetball & Pickleball courts

### EVEN MORE AT THE CENTER...

Adult Only Lap Swim Times  
Family/Open Swim Times  
Free Equipment to check out  
50% off Programs  
*excludes programs held at the Aquatic Center*



## AQUATIC CENTER MEMBERSHIP

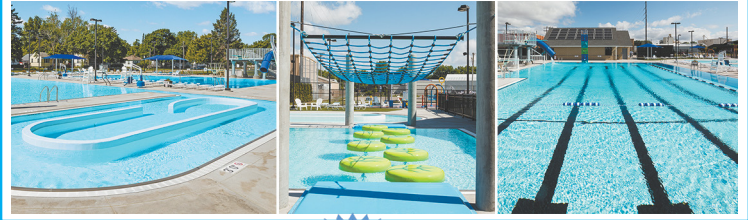
With an Aquatic Center Membership you will have access to the large variety of amenities at the John & Carla Edwards Aquatic Center:

### AMENITIES AT THE AQUATIC CENTER

Pool House  
Splash Pad  
6 Lane Lap Pool  
with Drop Slide,  
2 Diving Boards & Climbing Wall  
Activity Pool  
with Zero Depth Entry, Lily Pad Walk & Current Channel

### EVEN MORE AT THE AQUATIC CENTER...

Member Only Lap Swim Times  
Member Only Water Walking Times  
Entry to all Swims  
*includes Night Swim*  
50% off Aquatic Center Programs



## PARK DISTRICT MEMBERSHIP *includes everything!*

Access to all the facilities and amenities listed above  
**Plus 50% off all programs**

**best deal**

as of January 1, 2023

### COMMUNITY CENTER MEMBERSHIP

### AQUATIC CENTER MEMBERSHIP

### PARK DISTRICT MEMBERSHIP

	<b>\$180</b>			<b>\$160</b>			<b>\$305</b>		
<b>Youth</b> (6 mos. - 18 yrs)	\$180.00 1-pay	\$63.34 3-pay*	\$17.00 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$305.00 1-pay	\$105.00 3-pay*	\$27.42 12-pay*
<b>Adult</b> (19 - 64 yrs)	<b>\$230</b>			<b>\$160</b>			<b>\$355</b>		
	\$230.00 1-pay	\$80.00 3-pay*	\$21.17 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$355.00 1-pay	\$121.67 3-pay*	\$31.59 12-pay*
<b>Senior</b> (65+ yrs)	<b>\$205</b>			<b>\$160</b>			<b>\$330</b>		
	\$205.00 1-pay	\$71.67 3-pay*	\$19.09 12-pay*	\$160.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$330.00 1-pay	\$113.34 3-pay*	\$29.50 12-pay*
<b>Family</b> (1 or 2 adults w/their immediate unmarried dependent children [ages 0-25] residing at the same address)	<b>\$385</b>			<b>\$320</b>			<b>\$640</b>		
	\$385.00 1-pay	\$131.67 3-pay*	\$34.09 12-pay*	\$320.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$640.00 1-pay	\$216.67 3-pay*	\$55.34 12-pay*

**Memberships purchased under false pretenses will be terminated and no refunds will be given.**

**Non-Resident Fee: \$75 | Aquatic Center Non-Resident Fee: \$30**

*\*Service Fees included. See Payment Plans on page 21 for details*

### LOCKER RENTAL

Make it even easier to reach your fitness goals - have all your items on hand by renting locker space. 3 sizes available for annual rental.

Gym 1/3 Size...\$19/yr  
Indoor Pool 1/2 Size...\$22/yr  
Gym or Indoor Pool Full Size...\$37/yr

### DO YOU OFFER ANY DISCOUNTS?

The Geneseo Park District offers a Business Membership Discount.

If your employer has a Business Membership, you could be eligible for a **10% discount**.

Please see page 21 for more information or visit with us at The Center.

### STRATEGY SESSION FOR NEW & CURRENT MEMBERS

**FREE** to new Members / \$25 for Current Members

As part of a new membership, you are welcome to sign up for a **FREE** 30 minute STRATEGY SESSION that includes a Fitness Orientation, a Fitness Assessment and a Fitness Consultation. The Strategy Session will help you gain a full understanding of the Cardio & Weight Rooms and develop a fitness plan – *all intended to give you the tools you need to reach your goals.*

## OTHER MEMBERSHIP OPTIONS

The Geneseo Park District understands that a full year membership does not work for everyone. There are 2 short term membership options; 6-month and 1-month memberships. These memberships grant you access to the amenities at The Center on a shorter contract, giving you more flexibility and a better fit for your busy schedule.

Please note: Payment plans are not applicable for Aquatic Center, 6-month or 1-month Memberships. Non-Resident Fees do not apply to 1-month memberships. Aquatic Center, 6-month or 1-month memberships are not eligible for program or Business Membership discounts.

<b>6 MONTH COMMUNITY CENTER MEMBERSHIP</b>	\$170/person
<b>1 MONTH COMMUNITY CENTER MEMBERSHIP</b>	\$60/person



# FREE EVENTS & SPECIALTY PROGRAMS

## FREE EVENTS

### SPECIAL DAY FUN **FREE!**

School is out and The Center is open! Join your friends for fun indoors on your day off.

DATES	DAYS	TIME	FEE (M/NM)
<b>INTERACTIVE INFLATABLES   GENESEO COMMUNITY CENTER GYMNASIUM</b>			
April 10	M	9:30- 10:00 am [4yrs & Under] 10:00 am- Noon [All Ages]	FREE

### EASTER EGG HUNT **FREE!**

A fun family tradition! Join us at the Athletic Field for the Annual Easter Egg Hunt. The Easter Egg Hunt is set up so your little bunny can find candy or toy filled eggs with children of the same age.

**AGES:** 2 - 11 yrs

DATES	DAYS	TIME	FEE (M/NM)
<b>GENESEO PARK DISTRICT ATHLETIC FIELD</b>			
April 2	SU	2:30 pm	FREE

### PITCH, HIT & RUN **FREE!**

Pitch, Hit, Run is an exciting skills competition for boys and girls ages 7-14. Participants have 6 attempts to throw at a target, 3 attempts to hit a ball off a tee, and will be timed for running from second base to home plate. *Pre-registration is preferred. Online registration is not available for this activity.* **PLEASE REGISTER AT THE CENTER.**

**AGES:** 7 - 14 yrs

**FIELD PROVIDED BY GENESEO YOUTH BASEBALL SOFTBALL (GYBS)**

DATES	DAYS	TIME	FEE (M/NM)
<b>BOLLEN FIELD</b>			
April 23	SU	1:00- 3:00 pm	FREE

### KAYAK/CANOEING **FREE!**

The month of May is National Water Safety Month! Come learn more about water related recreational activities as well as boat safety. There will be a 1-hour educational session on the dry land, followed by a 2-hour session in the water. Bring your own kayak or canoe. A limited number will be available on a first come first serve basis.

**AGES:** All ages

**KAYAKS PROVIDED BY GENESEO CAMPGROUND**

DATES	DAYS	TIME	FEE (M/NM)
<b>IZAACK WALTON LEAGUE</b>			
May 21	SU	Noon- 3:00 pm	FREE

## DID YOU KNOW...

These **FREE** Seasonal Community Events are sponsored by the **GENESEO PARK DISTRICT FOUNDATION** (unless otherwise listed).



## SPECIALTY PROGRAMS

### COOKING CLASS [VEGGIES & HERBS]

There is no substitute for fresh vegetables and herbs. This is the perfect time to prepare gardens, whether beds or pots, for the bounty of summer. In this session you'll learn some basics about gardening so your family can enjoy their favorite vegetables over the summer and into the fall. Recipes will be provided for you to prepare and taste. **REGISTER BY APRIL 10, 2023**

**AGES:** All ages

**INSTRUCTOR:** Kim Schwarzkopf, A Spotted Apron

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
<b>GENESEO COMMUNITY CENTER KITCHEN</b>				
43091-11	Apr 13	TH	6:30- 8:00 pm	\$40/person

### ADULT ART CLASS

Come paint in a fun and stress-free environment. Bring a friend, or come solo, and unleash your creativity!

#### CANVAS FLOWER PAINTING [APRIL CLASS]

Step by step instruction will be provided to paint Love Blooms, which is a vase of abstract colorful spring blooms.

#### CANVAS BIKE PAINTING [MAY CLASS]

Life is a beautiful ride! Step by step instruction will be provided to paint Spring Bike, which is a black canvas with a colorful bike and basket of flowers.

**AGES:** 18 yrs and older

**INSTRUCTOR:** Jenna Drouin

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
<b>GENESEO COMMUNITY CENTER ACTIVITY ROOM</b>				
43019- 11	Apr 27	TH	5:00- 7:00 pm	\$35/person
43019- 21	May 25	TH	5:00- 7:00 pm	\$35/person



## PARK DISTRICT MEMBERSHIP

### DID YOU KNOW...

a Park District Membership gives you access to all Geneseo Park District Facilities and Amenities? That means access to the Indoor Pool, Elevated Walking Track, Cardio & Weight Rooms, Aquatic Center, Recovery Room, 50% off ALL programs and much more!

**CLICK HERE FOR MEMBERSHIP INFORMATION**







## AT THE GENESEO PARK DISTRICT!

The District has an assortment of volunteer opportunities that can offer challenging and rewarding use of leisure time. Volunteer participation in the Geneseo Park District instills a sense of pride, ownership, and responsibility.

### VOLUNTEER AS A COACH

Preschool Soccer  
Basketball  
Flag Football

### VOLUNTEER AT ONE OF OUR MANY SPECIAL & FREE EVENTS

#### JANUARY- MAY

Easter Egg Hunt  
Pitch, Hit & Run  
Special Skates  
Daddy Daughter Dance  
Mom & Son Night of Fun  
Kayak & Canoeing/Water Safety

#### JUNE- AUGUST

Outdoor Summer Movie Series  
Community Camp Out  
Environmental Day  
Kiwanis Fun Day

#### SEPTEMBER- DECEMBER

Turkey Trot  
Stories in the Park  
Special Skates  
Santa at The Center  
Santa Visits  
Jinglebell Obstacle Course



**BECOME A PARK DISTRICT VOLUNTEER TODAY!**

[www.GeneseoParkDistrict.org/volunteer](http://www.GeneseoParkDistrict.org/volunteer)



# EARLY CHILDHOOD



REGISTER AT THE CENTER TODAY FOR  
2023-2024 SCHOOL YEAR

## PRESCHOOL

### 2023-2024 BRIGHT BEGINNINGS PRESCHOOL REGISTRATION NOW OPEN

VISIT THE CENTER TO REGISTER

Non-refundable \$40 deposit at the time of registration  
[\$60 deposit after June 1, 2023]

As a part of the Geneseo Park District, **BRIGHT BEGINNINGS PRESCHOOL** students get an enhanced learning environment by utilizing all The Center has to offer...from the gym to the kitchen & beyond!

#### PRESCHOOL DETAILS

<sup>1</sup>Prices are based on Member (M) or Non-Member (NM) status. You can purchase a Household Membership or a Youth Membership to receive the discounted pricing. Preschool fees are based upon a yearly rate, but can be paid by the month for no additional fee.

Preschool follows the Geneseo School District 228 calendar for full days off (does not include early dismissals or half days). On days when Geneseo Schools are canceled because of weather, Preschool is also canceled. No refunds will be given.

Preschool is located through the Gym in the 1st classroom in the Growth Inc. building. Bright Beginnings Preschool is not affiliated with Growth Inc. Child Care Center. Children from Growth Inc. are welcome to attend Bright Beginnings Preschool and will be picked up by the teacher on class days.

#### TWINKLEBRIGHTS

The only two year old independent preschool in Geneseo!  
Two year olds love to feel like big kids, so why not let them go to school. This structured class will get little learners ready for Starbrights.

AGES: 2 - 3 yr



DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	TU	11:15 am- Noon	\$30/\$60 per month
Sep 2023- May 2024	TH	11:15 am- Noon	\$30/\$60 per month

#### STARBRIGHTS

Our second year preschool class offers a structured learning environment with lots of room for fun hands-on activities to help each student grow academically and socially.

AGES: 3 - 4 yr



DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	TU TH	8:30- 11:00 am	\$110/\$220 per month
Sep 2023- May 2024	TU TH	12:30- 3:00 pm	\$110/\$220 per month

#### KINDERBRIGHTS

The third year 3-day a week pre-kindergarten class builds on what students learned in Starbrights. In a structured setting, students will continue learning letter identification and sounds, math principles, science projects and much, much more!

AGES: 4 - 5 yr



DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2023- May 2024	M W F	8:30- 11:00 am	\$140/\$280 per month
Sep 2023- May 2024	M W F	12:30- 3:00 pm	\$140/\$280 per month

## PROGRAMS

#### PARENT-LED PLAY GROUP

Your kids can run, jump or crawl in The Center's Program Gym. Let your kids play and burn off energy in a safe & warm environment under your supervision.

AGES: up to 5 yrs

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM			
thru May 26	W F	8:30 am- Noon	FREE / General Admission

#### PRESCHOOL SOCCER LEAGUE

Participants will learn the basic skills and rules of the game while also learning to work together as a team. Practices will be held the first 2 Sundays and games will be the last 3 Sundays. First game will be held April 23<sup>rd</sup>. Shin guards are required, cleats are optional. **NO SOCCER HELD APRIL 9, 2023.**

**REGISTER BY MARCH 20, 2023**

**PREREQUISITE:** Must be 3 years old by April 1, 2023

AGES: 3 - 5 yrs



**VOLUNTEER COACHES ARE NEEDED. CHILDREN OF APPROVED VOLUNTEER COACHES GET THE PROGRAM FOR FREE**

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
41138-11	Apr 2- May 7	SU	1:00- 2:00 pm	\$42/\$84

#### EARTH DAY CLASS

Happy Earth Day! Mother Earth needs our help! Little hands can make a big difference to the health of the Earth. We will plant seeds, take a nature walk and leave things better than we found them by picking up the trash. Held at the **NEW!** Outdoor Classroom at the Athletic Field.

AGES: 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT'S ATHLETIC FIELD				
41145-11	Apr 21	F	9:00- 9:45 am	\$9/\$18





## MUSIC CLASSES

**ALL MUSIC CLASSES ARE TAUGHT AT MUSICAL MEMORIES BY Christina Heald (unless otherwise listed)**

### MUSIC TIME FOR TODDLERS I

Come spend an enjoyable hour with your toddler singing, dancing, and playing rhythm instruments. Your child will develop coordination, balance and spatial relationship skills as well as communication and cooperation. Come ready to play!

**ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.**

**AGES:** 1 ½-2 ½ yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43030-11	April 20- May 25	TH	10:00- 11:00 am	\$50 / child

### MUSIC TIME FOR TODDLERS II

Your toddler is ready to move and this is just the class! During this very active class, we will sing, dance, chant, and play rhythm instruments. We will work in large groups as well as small and begin early introductions to dynamics, tempo, pitch, beat, and rhythm. Come join the fun!

**ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.**

**AGES:** 2 ½ - 3 ½ yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43031-11	April 20- May 25	TH	11:00 am- Noon	\$50 / child

### MUSIC FOR SCHOOL READINESS

Music will be used to reinforce skills needed for school such as respect, communicating with others, sharing, numbers, colors, shapes, and the alphabet. Opposites, rhyming, and following one to several step directions will also be included and kids will learn to see, say, and play rhythms on percussion as well as melodied instruments.

**ADULTS CAN PARTICIPATE WITH THEIR CHILD AT NO ADDITIONAL COST.**

**AGES:** 3 ½ - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43032-11	April 20- May 25	TH	Noon- 1:00 pm	\$50 / child

### WEE KEYS

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano without the structure of formal lessons and have fun playing musical games, singing songs, & dancing. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols. This is a great transition into formal lessons.

**AGES:** 4 - 6 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43033-11	April 22- May 27	SA	9:00- 10:00 am	\$50 / child

### UKE CAN DO IT!

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and will work in a large group as they learn and play simple chords and songs.

**AGES:** 7 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43035-11	April 22- May 27	SA	10:00- 11:00 am	\$50 / child

### INTRO TO GUITAR

From the very first class, you will become more knowledgeable with the guitar. This is a perfect introduction to learning the fundamentals for playing the guitar from tuning and basic maintenance to exercises in helping increase finger strength. Strumming and simple fingerpicking will be introduced as well as simple music theory, guitar chords, and reading tablature. Designed to create interest and confidence no matter what level of ability you are.

**REQUIREMENTS:** Must have a playable 6 string guitar

**AGES:** 8 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES   112 SOUTH STATE ST. GENESEO, IL   (563) 508-5296				
43036-11	April 22- May 27	SA	11:00 am- Noon	\$60 / child

## ART CLASSES



## EASY TO REGISTER!

REGISTER YOUR BUDDING ARTIST ONLINE AT [GENESEOPARKDISTRICT.ORG](http://GENESEOPARKDISTRICT.ORG), AT THE GENESEO COMMUNITY CENTER OR AT SMITH STUDIO AND GALLERY LOCATED IN THE HEART OF GENESEO'S DOWNTOWN DISTRICT.

### KENTUCKY DERBY HAT

This distinctive art class starts with the unique construction of a special hat that is different from any construction our participants have previously done. It is then that creativity kicks in as our young artists will be inspired by the events of the Kentucky Derby in order to make a sculptured Derby Hat. We are limited only by our imaginations as horses, people, buildings and landscape begin to romp in the constructions above our heads.

**GRADES:** 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY   124 SOUTH STATE ST. GENESEO, IL   (309) 945-5428				
43021-11	Apr 15	SA	1:00- 3:00 pm	\$20 / child



# GYMNASTICS



GYMNASTICS CLASSES ARE TAUGHT BY  
Larry & Chris Ward, *Certified GHS Gymnastic Coaches* or  
Tara Koustas, *Certified Gymnastic Coach*

## PRESCHOOL TUMBLE BUGS

Participants are taught with movement, music, and obstacle courses, combined with instruction, while improving basic motor skills, coordination and listening skills. The stage is set to enhance key areas of motor development, while stimulating the mind through highly creative activity!

**AGES:** 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43220-11	Apr 6- 27	TH	10:00- 11:00 am	\$48/\$96
43220-21	May 4- 25	TH	10:00- 11:00 am	\$48/\$96

## BEGINNER TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. The class develops coordination, self-confidence, listening, strength, balance, and body awareness.

**AGES:** 4 - 6 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43201-11	Apr 3- 24	M	3:30- 4:30 pm	\$48/\$96
43201-21	May 1- 22	M	3:30- 4:30 pm	\$48/\$96

## GIRLS RULE

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault.

**AGES:** 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43203-11	Apr 4- 25	TU	3:30- 4:30 pm	\$48/\$96
43203-21	May 2- 23	TU	3:30- 4:30 pm	\$48/\$96

## BOYS ONLY

This class will cover gender specific skills following the USA Mens Gymnastics Program. Participants will learn skills in the high bar, rings, floor exercise, even bars and vault.

**AGES:** 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43210-11	Apr 5- 26	W	6:00 - 7:00 pm	\$48/\$96
43210-21	May 3- 24	W	6:00 - 7:00 pm	\$48/\$96

## ADVANCED RECREATIONAL GYMNASTICS

This class is designed for those that want to work on advanced tumbling for cheer or for fun. Participants should be able to do a pullover on the bar, want more than a recreational experience, but do not wish to be competitive.

**AGES:** 9 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43219-11	Apr 5- 26	W	4:30- 6:00 pm	\$72/\$144
43219-21	May 3- 24	W	4:30- 6:00 pm	\$72/\$144

## JR USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics, but are not ready to compete? Then this is the program for you. Level 3, 4 and 5 USA Gymnastics routines will be developed. This is the class that will focus on the skills that can build up to being comfortable with competitive gymnastics. All new participants must be approved by Coach Ward.

**AGES:** 7 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43217-11	Apr 3- 24	M	4:30- 6:00 pm	\$54/\$108
43217-12	Apr 6- 27	TH	4:30- 6:00 pm	\$54/\$108
43217-21	May 1- 22	M	4:30- 6:00 pm	\$54/\$108
43217-22	May 4- 25	TH	4:30- 6:00 pm	\$54/\$108

## MIDDLE SCHOOL / HIGH SCHOOL OPTIONALS

Those 8th grade boys & girls interested will combine with the Geneseo High School Gymnasts for this optional class. In optional gymnastics there are a set of guidelines (or level requirements) & routines are built around them. Each gymnast has their own music (on the Floor Exercise) and routine is built to show off individual strengths.

**AGES:** 13 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43218-12	Apr 4- 25	TU	7:00- 8:30 pm	\$72/\$144
43218-13	Apr 6- 27	TH	7:00- 8:30 pm	\$72/\$144
43218-22	May 2- 23	TU	7:00- 8:30 pm	\$72/\$144
43218-23	May 4- 25	TH	7:00- 8:30 pm	\$72/\$144





# GYMNASTICS



GYMNASTICS CLASSES ARE TAUGHT BY  
Larry & Chris Ward, *Certified GHS Gymnastic Coaches* or  
Tara Koustas, *Certified Gymnastic Coach*

## USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics? Then this is the program for you. Gymnastics routines will be learned and developed. Recommended to come to all three sections to compete. All new participants must be approved by Coach Ward.

**AGES:** 7 - 18yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
43213-11	Apr 3- 24	M	4:30- 7:00 pm	\$90/\$180
43213-12	Apr 4- 25	TU	4:30- 7:00 pm	\$90/\$180
43213-13	Apr 6- 27	TH	4:30- 7:00 pm	\$90/\$180
43213-21	May 1- 22	M	4:30- 7:00 pm	\$90/\$180
43213-22	May 2- 23	TU	4:30- 7:00 pm	\$90/\$180
43213-23	May 4- 25	TH	4:30- 7:00 pm	\$90/\$180

## GYMNASTICS PRIVATE & SEMI-PRIVATE

**CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.**

### PRIVATE [GYMNASTICS LESSONS] #43208

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

**FEE:** \$110 M / \$220 NM

### SEMI-PRIVATE [GYMNASTICS LESSONS] #43207

Groups of 2 to 3 participants with similar skills and must be members of the same household. Includes (4) 30 minute lessons.

**FEE:** \$70 M / \$140 NM

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

*No Private or Semi-Private lessons will be held on Holidays.*

# YOUTH ATHLETICS

## MIDDLE SCHOOL FITNESS ACCESS



Middle School age students will gain access to all fitness areas including the Cardio & Weight Rooms, Life Fitness Room\*, Recovery Room, Sauna & Elevated Indoor Track.

*\*Available for use when classes are not in session.*

LEARN MORE ON PAGE 15 >

## SNAG GOLF CLINIC

Give your child a HEADSTART by starting him/her in SNAG. Starting New At Golf falls somewhere between miniature golf and regulation golf. SNAG allows for full shots, pitching, chipping, and putting, but also a training program for beginners FUN! Qualified instructors use simplified equipment, rules and terminology to teach the fundamentals of Golf along with proper Golf etiquette.

**GRADES:** 3 - 5

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD				
42006-11	Apr 16	SU	3:00- 4:00 pm	\$10 / \$20



## WE'RE HIRING

**JOIN THE GENESEO PARK DISTRICT TEAM!  
APPLICATIONS MUST BE IN BY MAY 1<sup>ST</sup>**

- Lifeguards starting at \$13.25/hr
- Summer Day Camp Counselors starting at \$13.00/hr
- Summer Day Camp Manager starting at \$14.25/hr
- Community Center Manager starting at \$14.25/hr
- Summer Aquatic Center Custodian starting at \$13.00/hr

**APPLY TODAY!**

[GENESEOPARKDISTRICT.ORG/EMPLOYMENT-OPPORTUNITIES](http://GENESEOPARKDISTRICT.ORG/EMPLOYMENT-OPPORTUNITIES)

## PRESCHOOL SOCCER LEAGUE



for ages 3 - 5 yrs old.  
LEARN MORE ON PAGE 6 >



# SUMMER DAY CAMP



REGISTRATION OPENS APRIL 1<sup>ST</sup>

## SUMMER DAY CAMP

Summer camp attendees experience all the amenities & fun at the Geneseo Park District with field trips too!

**DON'T NEED THE WHOLE SUMMER?** Chose only the weeks you need during Summer with our "Pick-a-Week" option.

**GRADES:** K - 6

Field Trips • Swimming • Weekly Themes • Crafts  
Games • Annual Cardboard Boat Regatta

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
SESSION 1 13302-11	Jun 5- Jul 7	M- F	7:30 am- 5:30 pm	\$552 / \$1,104 per child/session
SESSION 2 13302-21	Jul 10 - Aug 15	M- F	7:30 am- 5:30 pm	\$621 / \$1,242 per child/session
PICK-A-WEEK 13302	Jun 2- Aug 15	M- F	7:30 am- 5:30 pm	\$140 / \$280 per child/week

## SUMMER DAY CAMP [Early Bird]

Summer camp is open to those kids who need early drop off.

**DON'T NEED THE WHOLE SUMMER?** Chose only the weeks you need during Summer with our "Pick-a-Week" option.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
SESSION 1 13301-11	Jun 5- Jul 7	M- F	6:30 - 7:30 am	\$60 / \$120 per child/session
SESSION 2 13301-21	Jul 10 - Aug 15	M- F	6:30 - 7:30 am	\$67.50 / \$135 per child/session
PICK-A-WEEK 13301	Jun 2- Aug 15	M- F	6:30 - 7:30 am	\$15 / \$30 per child/week

## SUMMER DAY CAMP [3-DAYS / WEEK]

**LOOKING FOR MORE FLEXIBILITY?** Choose the 3-days each week to attend camp that best fits your schedule.

*\*Must schedule at least 1 week in advance. 3-day/week option only available per session, not applicable along with 'Pick-a-Week' option.*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
SESSION 1 13303-11	Jun 5- Jul 7	M- F	6:30 - 7:30 am	\$450 / \$900 per child/session
SESSION 2 13303-21	Jul 10 - Aug 15	M- F	6:30 - 7:30 am	\$495 / \$990 per child/session



## SUMMER DAY CAMP DETAILS:

- Camp Session based on Geneseo School District 228's calendar<sup>1</sup>
- Day Camp will begin at 7:30 am everyday with an Early Bird option for a 6:30 am drop-off.
- Mornings will be full of activities and games centered around the theme for each week. Our afternoons will be filled with swimming at the Aquatic Center, crafts and fun!
- Summer Day Camp participants will take several Field Trips throughout the summer and also have special pizza lunch days.
- Children will be able to sign up for other Geneseo Park District programs. Camp Counselors will escort your child to and from their programs.
- Pick-up will be at 5:30 pm.
- A mandatory parent meeting will be scheduled prior to the start of camp. Registered families will be notified.

<sup>1</sup>Dates subject to change based on Geneseo School District 228's calendar. Camp will begin the day after school is released for summer session & end the day before school begins for the 2023 - 2024 year. Fees will be prorated. Summer Camp is not held on 4th of July.



Field trips included in Summer Day Camp thanks in part to the





# 2022

## year in review

Learn more at  
[GeneseoParkDistrict.org/Foundation](https://GeneseoParkDistrict.org/Foundation)



## MAJOR GRANTS & DONATIONS

- \$5,000 GRANT from the Geneseo Foundation to be received annually for the next 8 years. This has allowed the Park District to continue to offer FREE Swim Lessons to all 3rd graders.
- \$80,000 GRANT from the Geneseo Foundation to use towards the new playground at the Athletic Field.
- \$2,000 GRANT from the Seth Ernst Soccer Slam for new soccer goals at the Athletic Field.
- \$40,000 GRANT from the Geneseo Foundation to support the FUNDing Positive Recreational Experiences scholarship program. The Park District worked with the Geneseo Food Pantry and the Geneseo School District to reach those in need.
- \$11,300 GRANT from the Geneseo Foundation to support Youth Programs such as Legos, STEM, Pokemon, Day Camp Field Trips, and Middle School Events.
- \$2,500 GRANT from Bethany Winkleman of State Farm to help support youth sports programs and activities.
- \$2,500 UNRESTRICTED DONATION from George Stone.
- \$5,000 GRANT from Karen Kohne to install an English Telephone Booth at Anderson Park.
- \$12,000 GRANT from Charles G. Davis Trust to be used towards the new outdoor classroom that is being built as part of the new playground project at the Athletic Field.

## OTHER DONATIONS/FUNDRAISERS

- Steve Adams Memorial Art Scholarship – allowed young artists to take one art class through Geneseo Park District/Smith Studio for free.
- Preschool, Swim Team & Gymnastics Apparel Stores – Online apparel fundraisers to help support each of these program areas.
- Abilities Plus Endowment donation to go towards the purchase of Go Sports Inflatable Volleyballs and a Sure Shot Wheelchair Basketball Hoop that will all be utilized when Inspire Continuing Care participants visit the gym.
- The Keppy Foundation donated to help support the gymnastics program.
- In 2022 the Geneseo Park District Foundation received a 7% bonus from Birdies for Charity.

## DUE TO THE COMMUNITY'S CONTINUED SUPPORT, THE GENESEO PARK DISTRICT FOUNDATION HAS BEEN ABLE TO HELP THE GENESEO PARK DISTRICT OFFER...

- FREE ANNUAL COMMUNITY EVENTS such as a Community Camp Out, Outdoor Summer Movie Night series, Easter Egg Hunt, Turkey Trot, Special Skate Nights, Pitch Hit & Run, Kayak Class, Flick & Float, Back to School Bash, Environmental Day, Stories in the Park, Santa at the Center, Jinglebell Obstacle Course, Free Swims and Free Inflatables, & more.
- FREE Movies at Central Theater.
- FREE Current Channel Water Walking at the Aquatic Center.
- FREE Swim Lessons for 3rd graders.
- FUNDing POSITIVE RECREATIONAL EXPERIENCES is a Financial Assistance Program that strives to remove the financial barriers that may prevent Park District residents from enjoying a Positive Recreational Experience.
- FREE ACTIVE ADULT/SENIOR ACTIVITIES a variety of fitness & social activities are offered for free each month.

## YOU CAN GIVE BACK

The most powerful gift is one that can be used for any need in the Geneseo Park District. Consider donating to help YOUR Park District by clicking on the Donate Today button on our website to give an unrestricted donation.

The Geneseo Park District Foundation has also put together an extensive list of items to help fulfill our mission. Visit the Wish Book page for complete list of items.

[GENESEOPARKDISTRICT.ORG/FOUNDATION/#DONATE](https://GENESEOPARKDISTRICT.ORG/FOUNDATION/#DONATE)



# LEARN TO SWIM | LIFEGUARD TRAINING

## LEARN TO SWIM



### FREE SWIM LESSONS



**THANKS TO THE GENESEO FOUNDATION,**  
the Geneseo Park District is able to offer  
**FREE SWIM LESSONS FOR ALL 3<sup>RD</sup> GRADE STUDENTS**  
Download the coupon code to use at registration  
*Must be a Geneseo School District Resident*

### CLOWNFISH [WITH A PARENT]

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety & fun in the water with participant socialization to encourage a lifetime of aquatic activity.  
**AGES:** 6 mos - 3yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45001-11	April 11- May 16	TU	9:00- 9:30 am	\$36/\$72

### LAKE EXPLORERS & OCEAN EXPLORERS

Lake Explorers will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.  
**AGES:** 4 - 5yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45003-11	Apr 12- May 17	W	4:30- 5:00 pm	\$36/\$72
45003-13	April 11- May 16	TU	9:30- 10:00 am	\$36/\$72

### TADPOLE & MINNOW

**CLASS PREREQUISITES:** Must have passed Ocean Explorer or completed Kindergarten to take this class.  
Participants work on submerging face and back floats, add on kicks and rhythmic breathing.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45005-11	Apr 12- May 17	W	5:00- 6:00 pm	\$72/\$144

Thanks to the **GENESEO PARK DISTRICT FOUNDATION,** those applicants that COMPLETE Starguard Lifeguard Certification, are HIRED by the Geneseo Park District AND work AT LEAST 120 hours by August 31, 2023 will be eligible to receive **UP TO A \$180 BONUS.**

### WHALES

**CLASS PREREQUISITES:** Must have passed Minnow to take this class. Participants will work on skills to swim front and back crawl one width in shallow and deep water.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45007-11	Apr 11- May 16	TU	4:30- 5:30 pm	\$72/\$144

### SHARK, DOLPHIN, BARRACUDA, STINGRAY, MARLIN, MARINER, & S.E.A.L.S.

**CLASS PREREQUISITES:** Must have passed Whales to take this class. Participants will work on skills to swim front and back crawl one length.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45008-11	Apr 11- May 16	TU	5:30- 6:30 pm	\$72/\$144

### SWIM LESSON & SWIM TEAM PRIVATE & SEMI-PRIVATE

**CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.**

#### PRIVATE

[SWIM LESSONS OR SWIM TEAM TRAINING] #45020

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.  
**FEE:** \$110 M / \$220 NM

#### SEMI-PRIVATE

[SWIM LESSONS OR SWIM TEAM TRAINING] #45019

Semi-private lessons are one instructor to 2 or 3 students at similar swimming levels. Includes (4) 30 minute lessons.  
**FEE:** \$70 M / \$140 NM

#### SPECIAL SWIM #45017

Special swim is a great 1-on-1 course for participants with disabilities. Includes (4) 30 minute lessons.  
**FEE:** \$80 M / \$160 NM

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.  
*No Private or Semi-Private lessons will be held on Holidays.*

## LIFEGUARD TRAINING

### STARGUARD LIFEGUARD TRAINING

**CLASS PREREQUISITES:** Must be 16 years old or older. Learn the beginning skills required to be a lifeguard. After completion of this course you will shadow a lifeguard during their shift.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45021-11	Apr 22- 23	SA SU	9:00 am- 4:00 pm	\$180/person
45021-21	Apr 29- 30	SA SU	9:00 am- 4:00 pm	\$180/person





# SWIM TEAM



## SWIM TEAM

### GENESEO PARK DISTRICT GATORS SWIM TEAM COACHES

**MARIFATH MUELLER, USA Certified Swim Coach**

**& GINA SCHWEITZER, USA Certified Swim Coach**

**GOGGLES & SWIM CAP REQUIRED.**

*All group placements are at the discretion and approval of the coaches.*

**AGES 6 YRS & OLDER**

### GATORS SWIM TEAM [SENIOR]

This group is for novice and experienced high school swimmers and will focus on more advanced stroke technique, starts, turns, and preparation for the High School Swim season. Longer practices will help build endurance in the water and strengthen swimming skills. This is a great opportunity to get in shape and get ahead of the competition for the upcoming High School season! **NO SWIM TEAM HELD APRIL 7 OR 10, 2023**

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
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GENESEO COMMUNITY CENTER INDOOR POOL

45026-11	Apr 3- May 19	M- F	3:45- 5:00 pm	\$186/\$372
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### GATORS SWIM TEAM [PRE-SENIOR GROUP]

This group is for novice and experienced 12-14 year old swimmers. The focus will be working on stroke technique, learning and improving on all four competitive strokes, and turns. Practices will be geared towards building endurance and improving yardage throughout the season.

**NO SWIM TEAM HELD APRIL 7 OR 10, 2023**

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
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GENESEO COMMUNITY CENTER INDOOR POOL

45026-12	Apr 3- May 19	M- F	3:45- 4:45 pm	\$143/\$286
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### GATORS SWIM TEAM [GREEN GROUP]

This group is for novice and experienced 9-11 year old swimmers and advanced 8 year olds (per coaches discretion). Swimmers will be instructed in all four competitive swim strokes, along with basic swim starts and turns. Practices will begin to focus on stroke technique, building speed and endurance. **NO SWIM TEAM HELD APRIL 7 OR 10, 2023**

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
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GENESEO COMMUNITY CENTER INDOOR POOL

45026-13	Apr 3- May 19	M- F	3:45- 4:30 pm	\$107.25/\$214.50
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### GATORS SWIM TEAM [BLUE GROUP]

This group is for developing 8 & under swimmers who are able to swim the length of the pool in freestyle and backstroke. Our focus is teaching basic swim stroke skills, kicking, drills, and introducing the butterfly and breaststroke.

**NO SWIM TEAM HELD APRIL 7 OR 10, 2023**

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
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GENESEO COMMUNITY CENTER INDOOR POOL

45026-14	Apr 3- May 19	M TU TH F	4:30- 5:00 pm	\$71.50/\$143
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Opens  
May 27<sup>th</sup>

## John & Carla Edwards Aquatic Center

### ARE YOU READY FOR SUMMER?

THE AQUATIC CENTER WILL OPEN MEMORIAL DAY WEEKEND (WEATHER & STAFF PERMITTING).

BE READY BY PURCHASING AN AQUATIC CENTER OR PARK DISTRICT MEMBERSHIP TODAY!

Learn more about your membership options on page 3.

#### DAILY ADMISSION AT THE AQUATIC CENTER

\$8.00 Adult/Youth/Senior (under 2 **FREE**)

*Park District or Aquatic Center Membership required*

*or Aquatic Center Daily Admission applies, unless otherwise indicated.*

### SPLASH PAD PRE-SEASON HOURS BEGIN IN MAY

ADMISSION IS FREE DURING PRE-SEASON AND POST SEASON SPLASH PAD HOURS

Watch for Splash Pad opening information and hours at

**GENESEOPARKDISTRICT.ORG/AQUATIC-CENTER**







## CYCLING

### HIP HOP SPIN (H)

Get ready to cycle harder than you ever thought you could! Take every memory about every intense workout you've ever had, add a bike and high energy music, and you'll start to get the idea!

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$8 M / \$10 MG / \$16 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
44504-11	Apr 3- 24	M	6:00- 6:45 am	\$19.50/\$39
44504-21	May 1- 22	M	6:00- 6:45 am	\$19.50/\$39

## YOGA

### POWER FLOW (L)

Power Yoga is feel-good vinyasa designed for all fitness levels. Prepare to move with full body sequences that will energize your day and lift your spirits. This is a music driven yoga experience where you will find the beat, your breath, and FLOW that is taught in an 80-85 degree room and is sure to challenge you while giving you a great workout.

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$8 M / \$10 MG / \$16 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
44133-11	Apr 5- 26	W	6:00- 6:45 am	\$19.50/\$39
44133-12	Apr 7- 28	F	6:00- 6:45 am	\$19.50/\$39
44133-21	May 3- 31	W	6:00- 6:45 am	\$24.50/\$49
44133-22	May 5- 26	F	6:00- 6:45 am	\$19.50/\$39

### SLOW FLOW (L)

Get ready for some mindful movement and music! Get moving with a well-balanced slower flow that incorporates some longer holds to allow the body to accept the physical patterns of asanas. Experiment with a challenge-pose here and there, and lengthen your muscles as you wind down. The range of options offered and modifications makes this class largely accessible. All while enjoying a wide selection of music!

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$12 M / \$14 MG / \$24 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
44134-11	Apr 4- 25	TU	9:00- 10:15 am	\$32.50/\$65
44134-12	Apr 6- 27	TH	9:00- 10:15 am	\$32.50/\$65
44134-21	May 2- 30	TU	9:00- 10:15 am	\$40.75/\$81.50
44134-22	May 4- 25	TH	9:00- 10:15 am	\$32.50/\$65

## FITNESS

### SCULPT (H)

Body Sculpting workouts are designed to help you tone the muscles in specific areas of your body using free weights and resistance bands. Mixed with cardio circuits and core work, you will have a total body sculpting experience.

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$8 M / \$10 MG / \$16 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
44124-11	Apr 4- 25	TU	6:00- 6:45 am	\$19.50/\$39
44124-12	Apr 6- 27	TH	6:00- 6:45 am	\$19.50/\$39
44124-21	May 2- 30	TU	6:00- 6:45 am	\$24.50/\$49
44124-22	May 4- 25	TH	6:00- 6:45 am	\$19.50/\$39

### H.I.I.T. (H)

Welcome to HIIT (High-intensity interval training) which involves exerting your maximum energy during short periods of time. HIIT exercise burns 25% to 30% more calories than any other form of exercise. My classes will give you an all out 100% effort through quick intense bursts of exercise followed by short, sometimes active recovery periods. During your class, you will burn a lot of calories in a short amount of time. HIIT is a great workout choice for people of all fitness levels.

**INSTRUCTOR:** Joshua Carley, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$10 M / \$12 MG / \$20 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
44114-11	Apr 3- 24	M	6:00- 7:00 pm	\$26/\$52
44114-12	Apr 5- 26	W	6:00- 7:00 pm	\$26/\$52
44114-21	May 1- 22	M	6:00- 7:00 pm	\$26/\$52
44114-22	May 3- 31	W	6:00- 7:00 pm	\$32.50/\$65

### PARKINSON'S STRONG (L)

Parkinson's only group exercise class with a focus on whole body functional wellness.

**CLASS PREREQUISITES:** Must be pre-evaluated at Hammond-Henry Hospital prior to registering for this class. A one-time equipment fee of \$55 will apply [first month class fee waived with one-time equipment fee].

**INSTRUCTORS:** Bailey Weber & Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
44142-11	Apr 4- 27	TU TH	11:00 am- Noon	\$65/person
44142-21	May 2- 30	TU TH	11:00 am- Noon	\$65/person



# FITNESS | YOGA | CYCLING



REGISTER AT THE CENTER FOR PERSONAL TRAINING.  
HAMMOND-HENRY REHAB TRAINERS WILL HELP YOU REACH  
YOUR FITNESS GOALS.

## ADULT SMART START (L)

Don't know where to begin? Having difficulties using the equipment? Don't know how to set a workout plan? This is the class for you. Adult Smart Start will help get you going with designing a workout plan, using the equipment and getting your fitness routines started off right.

**INSTRUCTOR:** Matthew Henry, *Hammond-Henry Rehab Personal Trainer*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
44118-11	Apr 6- 27	TH	5:00- 6:00 pm	\$40/person
44118-21	May 4- 25	TH	5:00- 6:00 pm	\$40/person

## POST THERAPY FITNESS (L)

This class is designed to pick up where rehab has left off. We will continue your wellness goals to improve balance, strength, and range of motion in a safe class setting. **NO CLASS HELD MAY 29, 2023.**

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE/FITNESS ROOM				
44147-11	Apr 3- 26	M W	10:15- 11:00 am	\$65/person
44147-21	May 1- 31	M W	10:15- 11:00 am	\$65/person

## WELLNESS IN THE WATER

Try Post Therapy Aquatic Fitness at the Indoor Pool

LEARN MORE ON PAGE 16 >

## PILATES (M)

Pilates is a medically-endorsed system of movement for bone and joint health. It leverages bone-strengthening and balance techniques along with functional movement, strength training and therapeutic exercise. It can benefit anyone looking to tone up, enhance posture, improve balance, and gain overall strength.

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

**WALK-IN FEES:** \$10 M / \$12 MG / \$20 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE/FITNESS ROOM				
44126-11	Apr 3- 24	M	9:00- 10:00 am	\$26/\$52
44126-12	Apr 5- 26	W	9:00- 10:00 am	\$26/\$52
44126-21	May 1- 22	M	9:00- 10:00 am	\$26/\$52
44126-22	May 3- 31	W	9:00- 10:00 am	\$35.50/\$65

## STAY INFORMED

### BE THE FIRST TO HEAR ABOUT UPCOMING PARK DISTRICT CLASSES & EVENTS

- Follow us on Facebook, Instagram & Twitter
- Sign-up for the Park District E-Newsletter online at [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)



## MIDDLE SCHOOL FITNESS ACCESS

Middle school age students will gain access to all fitness areas. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by an NASM Certified Personal Trainer.

**INSTRUCTOR:** Josh Carley, *Hammond-Henry Rehab Personal Trainer*

**GRADES:** 6 - 8

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
44119-11	Apr 6- 20	TH	6:00- 7:00 pm	\$36/\$72
44119-21	May 4- 18	TH	6:00- 7:00 pm	\$36/\$72



## ADULT SUMMIT (H)

This Summit focuses on adult athletes and their specific needs. This functional training program meets three days a week and targets triplanar strength, flexibility, injury prevention, cardiovascular fitness, and overall general conditioning in a group setting.

**INSTRUCTORS:** Greg Janicki, John Davis or Jennifer Mills, *Hammond-Henry*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO FACILITY ACTIVITY CENTER (GFAC)   700 N STATE ST. GENESEO, IL				
44141-11	Apr 3- 28	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75 / person
44141-21	May 1- 31	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75 / person

## YOUTH SUMMIT [BOYS & GIRLS HIGH SCHOOL]

**Begins Tuesday March 28, 2023**

Hammond-Henry Hospital is excited to be providing student/athletes with speed, agility, strength and conditioning programs. Our goal with this program is to improve athletic performance as well as decrease your chances for injury. Student-athletes can expect to see improvements in first step quickness, jumping ability, strength, speed, agility, explosive power, conditioning and overall improvement in movement efficiency.

**INSTRUCTOR:** Matthew Henry, *Hammond-Henry Rehab Personal Trainer*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO FACILITY ACTIVITY CENTER (GFAC)   700 N STATE ST. GENESEO, IL				
34140-11	Mar 28- May 18	TU TH	3:30 - 4:30 pm	\$100 / person



WATCH FOR MORE INFORMATION ON  
**SUMMER HIGH SCHOOL & MIDDLE  
SCHOOL SUMMIT**

IN THE SUMMER PARK DISTRICT ACTIVITY GUIDE



# WATER FITNESS



**WATER FITNESS WALK-IN FEE**  
\$10 M / \$12 MG / \$20 NM  
unless otherwise listed

## POST THERAPY AQUATIC FITNESS (L) NEW!

This class is designed to pick up where rehab has left off. We will continue your wellness goals to improve balance, strength, and range of motion in a safe class setting.

**INSTRUCTOR:** Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45547-11	Apr 4- 27	TU TH	1:15- 2:00 pm	\$65/person
45547-21	May 2- 25	TU TH	1:15- 2:00 pm	\$65/person

## JUST THE GUYS (M)

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages.

**INSTRUCTOR:** Therresa Bowton

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45506-11	Apr 4- 25	TU	7:00- 8:00 am	\$26/\$52
45506-12	Apr 6- 27	TH	7:00- 8:00 am	\$26/\$52
45506-13	Apr 7- 28	F	7:00- 8:00 am	\$26/\$52
45506-21	May 2- 30 <span>FREE!</span>	TU	7:00- 8:00 am	FREE
45506-22	May 4- 25	TH	7:00- 8:00 am	\$26/\$52
45506-23	May 5- 26	F	7:00- 8:00 am	\$26/\$52

## FIT HAPPENS A.M. (H)

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape.

**INSTRUCTOR:** Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45507-11	Apr 3- 24	M	8:30- 9:30 am	\$26/\$52
45507-12	Apr 5- 26	W	8:30- 9:30 am	\$26/\$52
45507-13	Apr 7- 28	F	8:30- 9:30 am	\$26/\$52
45507-21	May 1- 22	M	8:30- 9:30 am	\$26/\$52
45507-22	May 3- 31	W	8:30- 9:30 am	\$32.50/\$65
45507-23	May 5- 26	F	8:30- 9:30 am	\$26/\$52

## FIT HAPPENS P.M. (H)

This high intensity, total body workout will utilize the entire pool.

**INSTRUCTOR:** Jill Neal

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45508-11	Apr 3- 24	M	5:30- 6:30 pm	\$26/\$52
45508-12	Apr 6- 27	TH	5:30- 6:30 pm	\$26/\$52
45508-21	May 1- 22	M	5:30- 6:30 pm	\$26/\$52
45508-22	May 4- 25	TH	5:30- 6:30 pm	\$26/\$52

## FOR THE LOVE OF FIT (L)

Increases range of motion at the joints in order to improve posture, balance and mobility.

**INSTRUCTOR:** Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
45504-11	Apr 3- 24	M	9:45- 10:45 am	\$26/\$52
45504-12	Apr 5- 26	W	9:45- 10:45 am	\$26/\$52
45504-13	Apr 7- 28 <span>FREE!</span>	F	9:45- 10:45 am	FREE
45504-21	May 1- 22	M	9:45- 10:45 am	\$26/\$52
45504-22	May 3- 31	W	9:45- 10:45 am	\$32.50/\$65
45504-23	May 5- 26	F	9:45- 10:45 am	\$26/\$52

**SHARE YOUR IDEAS WITH THE GENESEO PARK DISTRICT**

**Join the ADVISORY COMMITTEE**

Members are residents and/or current active users of Park District programs, facilities & services. Members attend bi-monthly meetings.

**Contact Andy Thurman at 944-5695 to become an Advisory Committee Member**

[GeneseoParkDistrict.org/advisory-committee](http://GeneseoParkDistrict.org/advisory-committee)

**DE-STRESS AFTER A LONG DAY OR RESTORE YOUR BODY AFTER A WORKOUT.**

# Recovery Room

**AT THE CENTER**

The Recovery room is a dedicated wellness facility to help you relax & recover from daily pressures and improve athletic performance.

THANKS TO THE FRANCIS G. MILLER AND BETTY J. MILLER FOUNDATION  
FOR YOUR SUPPORT OF THIS DEDICATED WELLNESS SPACE.

**A VARIETY OF EQUIPMENT**

- Massage Chair
- Arm, Leg & Hip Compressions Sleeves
- Hypervolt Percussion Massage
- Vyper High-intensity Vibrating Roller
- Hypersphere High Intensity Vibrating Ball





# FITNESS | WATER FITNESS | LAP SWIM *at a glance*

APRIL 1 - MAY 31, 2023

MON	TUE	WED	THU	FRI	SAT	SUN
ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 6:55 am		
HIP HOP SPIN 6:00- 6:45 am	SCULPT 6:00- 6:45 am	POWER FLOW 6:00- 6:45 am	SCULPT 6:00- 6:45 am	POWER FLOW 6:00- 6:45 am		
	JUST THE GUYS IP 7:00- 8:00 am <b>FREE!</b> in May		JUST THE GUYS IP 7:00- 8:00 am	JUST THE GUYS IP 7:00- 8:00 am	ADULT LAP SWIM 7:00- 9:00 am 4/1 - 5/27	ADULT LAP SWIM 7:00- 9:00 am 4/2 - 5/28
FIT HAPPENS A.M. IP 8:30- 9:30 am		FIT HAPPENS A.M. IP 8:30- 9:30 am		FIT HAPPENS A.M. IP 8:30- 9:30 am		
PILATES 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am	PILATES 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am			
FOR THE LOVE OF FIT IP 9:45- 10:45 am		FOR THE LOVE OF FIT IP 9:45- 10:45 am	<b>FREE!</b> ACTIVE ADULT EXERCISE CLASS 9:00- 10:00 am	FOR THE LOVE OF FIT IP 9:45- 10:45 am <b>FREE!</b> in April		
POST THERAPY FITNESS 10:15- 11:00 am		POST THERAPY FITNESS 10:15- 11:00 am				
ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm		
	PARKINSON'S STRONG 11:00 am- Noon		PARKINSON'S STRONG 11:00 am- Noon			
	POST THERAPY AQUATIC FITNESS 1:15- 2:00 pm		POST THERAPY AQUATIC FITNESS 1:15- 2:00 pm		PUBLIC/OPEN SWIM 12:30- 2:30 pm 4/1 - 5/13	PUBLIC/OPEN SWIM 12:30- 2:30 pm 4/2 - 5/14
	YOUTH SUMMIT [BOYS & GIRLS HS] 3:30- 4:30 pm <i>held at GFAC</i>		YOUTH SUMMIT [BOYS & GIRLS HS] 3:30- 4:30 pm <i>held at GFAC</i>			
GATORS SWIM TEAM 3:45- 5:00 pm	GATORS SWIM TEAM 3:45- 5:00 pm	GATORS SWIM TEAM 3:45- 5:00 pm	GATORS SWIM TEAM 3:45- 5:00 pm	GATORS SWIM TEAM 3:45- 5:00 pm		
ADULT SUMMIT 5:00- 6:00 pm <i>held at GFAC</i>		ADULT SUMMIT 5:00- 6:00 pm <i>held at GFAC</i>	ADULT SMART START 5:00- 6:00 pm	ADULT SUMMIT 4:00- 5:00 pm <i>held at GFAC</i>		
FIT HAPPENS P.M. IP 5:30- 6:30 pm			FIT HAPPENS P.M. IP 5:30- 6:30 pm			
H.I.I.T. 6:00- 7:00 pm		H.I.I.T. 6:00- 7:00 pm	MIDDLE SCHOOL FITNESS ACCESS 6:00- 7:00 pm	PUBLIC/OPEN SWIM 6:00- 8:00 pm 4/7 - 5/12		
FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm			

## ADULT LAP SWIM

Included in Community Center or Park District Membership, Non-Members pay daily admission fee of \$8 Adult or \$7 Senior/Youth. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for water exercise. *Lanes adjusted based on intended usage.*

## FAMILY/OPEN SWIM

Included in Community Center or Park District Membership, Non-Members pay daily admission fee of \$8 Adult or \$7 Senior/Youth. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for Family Swim

## IP

Water Fitness Class held at the Community Center Indoor Pool. *Registration or walk-in fee required to attend.*

A **FREE** Water Fitness Class is offered each month. [LEARN MORE ON PAGE 19 >](#)

**INTERESTED LAP SWIMMERS UNDER 18 MUST GET PERMISSION TO ATTEND ADULT LAP SWIM. CONTACT NATHANIEL AT (309) 944-5695.**



# ACTIVE ADULT/SENIOR PROGRAMS



PICK UP A COMPLETE CALENDAR OF EVENTS EACH MONTH AT THE CENTER OR CENTRAL THEATER

## SNACKS, GAMES & MORE

### CARDS WITH FRIENDS **FREE!**

Come join friends and neighbors in a friendly game of cards. There are people who are willing to teach you how to play so you can join the fun!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Apr- May	Mondays	1:00 pm	FREE
Apr- May	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	1:00 pm	FREE

### WALKING CLUB **FREE!**

Come join us for a free, fun and sociable walking club on the indoor track. Walk at your own pace, bring a friend or make a new one. It's a great opportunity to set some fitness goals and connect with others in our community!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM			
Apr- May	Wednesdays	9:30- 10:30 am	FREE

### COFFEE & SNACKS **FREE!**

Start your day off right with a hot cup of coffee, some tasty breakfast treats and friendly conversation as we welcome everyone to our Thursday morning Coffee and Snacks. Enjoy time with friends before beginning your day, or stick around for the 9am Exercise Class. Everyone is welcome.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Apr- May	Thursdays	8:00- 9:00 am	FREE

### BINGO **FREE!**

Everyone is welcome. Various games of Bingo are played each time. Prizes for everyone!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Apr- May	1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays	1:00- 2:30 pm	FREE

### GAMES FOR FRIENDSHIP, FELLOWSHIP & FUN **FREE!**

Join us on Friday mornings for fun group games and fellowship. Bring your favorite game to share, play one of the variety of games we have or bring your board for Joker & Marbles. Everyone is welcome!

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Apr- May	Fridays	9:00 am- Noon	FREE

## LUNCHEON & SEMINAR

The Geneseo Park District would like to invite you to a **FREE** seminar while enjoying a **FREE** light luncheon. *Stay and play cards following the luncheon.*

### AQUATIC SEMINAR **FREE!**

Water aerobics is a fun way for aging adults to stay active and fit. It's also easier on your joints than doing a traditional gym workout and can even relieve nagging arthritis pain. If you've thought about taking a class but have held off on taking the plunge, then dive into this free seminar to find out more about water aerobics and the benefits of exercising in the pool.

**PRESENTER:** Shannon Port, *Hammond-Henry Rehab*

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
May 4	Thursday	Noon- 1:00 pm	FREE

Seminar admission is **FREE** thanks to **HAMMOND-HENRY HOSPITAL**. Luncheon is provided by the **GENESEO PARK DISTRICT FOUNDATION**.

*Geneseo*  
Park District  
**Foundation**

*H* **Hammond-Henry**  
HOSPITAL



## DO YOU RECEIVE MEDICAID?

If so, ask us about our **FUNDing Positive Recreation Program**.

You could receive up to **\$200 A YEAR** towards your membership or programs.

Pick up an application at The Center's front desk or online at **WWW.GENESEOPARKDISTRICT.ORG**



# ACTIVE ADULT/SENIOR PROGRAMS



A COMPLETE CALENDAR OF EVENTS EACH MONTH  
CAN BE FOUND ONLINE AT  
[GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT](http://GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT)

## FITNESS & WATER FITNESS

### SENIOR EXERCISE CLASS **FREE!**

This 1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – come when you can.

**INSTRUCTORS:** Sharon Rausch & Barb Sigwalt

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Apr 6- 27	Thursdays	9:00- 10:00 am	FREE
May 4- 25	Thursdays	9:00- 10:00 am	FREE

### WATER FITNESS CLASSES **FREE!**

Try a different Water Fitness Class for **FREE** each month.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL			
<b>FOR THE LOVE OF FIT</b>			
Increases range of motion at the joints in order to improve posture, balance and mobility.			
Apr 7- 28	F	9:45- 10:45 am	FREE
<b>JUST THE GUYS</b>			
An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening & balance work.			
May 2- 30	TU	7:00- 8:00 am	FREE

## GENESEO PARK DISTRICT FOUNDATION

### DID YOU KNOW...

These **FREE** Active Adults/Senior Programs are sponsored by the **GENESEO PARK DISTRICT FOUNDATION** (unless otherwise listed).

A complete calendar of events each month can be found online at [GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT](http://GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT)

LEARN MORE ABOUT THE  
GENESEO PARK DISTRICT FOUNDATION  
ON PAGE 11 >



## DANCES

### ACTIVE ADULT / SENIOR DANCE **FREE!**

The Geneseo Park District Foundation brings you Active Adult/Senior Dances at the Geneseo Community Center. Coffee & Snacks begin at 6:00 pm with Music & Dancing to follow. Live 50's & 60's Classic Country and Rock music. Open to the public. Bring Cookies or Treats to share (optional).

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
May 14	Sunday	6:00- 8:30 pm	FREE

## MONTHLY MOVIE

### CENTRAL THEATER **FREE MOVIE** **FREE!**

Join us at Geneseo Park District's Central Theater for a **FREE** movie! Admission is **FREE** thanks to the **GENESEO PARK DISTRICT FOUNDATION**. Enjoy 1 **FREE** Small Pop & Popcorn Combo per person thanks to **CENTRAL CLASSIC CLUB**.



DATES	DAYS	MOVIE TITLE	TIME	FEE (M/NM)
CENTRAL THEATER   111 N STATE ST. GENESEO, IL   (309) 944-3603				
Apr 12	Wednesday	Fried Green Tomatoes	1:00 pm	FREE
May 10	Wednesday	The Majestic	1:00 pm	FREE

## SPECIAL EVENT

### THE HENNEPIN CANAL LOCK TENDER PRESENTATION **FREE!**

An informational and historical presentation from Friends of the Hennepin Canal about life on the Canal and future projects and goals. The presentation will cover recent projects and goals that the IDNR and Friends of the Hennepin are working on to maintain the Canal. Followed by a theatrical production of "The Lock Tender" by Dexter Brigham on the Central Theater Stage.

DATES	DAYS	PRESENTATION	TIME	FEE (M/NM)
CENTRAL THEATER   111 N STATE ST. GENESEO, IL   (309) 944-3603				
Apr 1	Saturday	Hennepin Canal	1:00 pm	FREE





# FREQUENTLY ASKED QUESTIONS

## MEET THE GENESEO PARK DISTRICT BOARD OF COMMISSIONERS



**DOUG BODEEN**  
*President*



**NATE VORAC**  
*Vice-President*



**JULIA MCAVOY**  
*Secretary*



**BETHANY WINKLEMAN**  
*Commissioner*



**CHRISTINA ZOBRIST**  
*Commissioner*

## MEET THE GENESEO PARK DISTRICT LEADERSHIP TEAM

**ANDY THURMAN**

*Executive Director*

[athurman@geneseoparkdistrict.org](mailto:athurman@geneseoparkdistrict.org)

**PAULA VERBECK**

*Superintendent of Finance & Administration*

[pverbeck@geneseoparkdistrict.org](mailto:pverbeck@geneseoparkdistrict.org)

**SCOTT HIMMELMAN**

*Superintendent of Facilities*

[shimmelman@geneseoparkdistrict.org](mailto:shimmelman@geneseoparkdistrict.org)

**ANDREW SIGWALT**

*Superintendent of Recreation*

[asigwalt@geneseoparkdistrict.org](mailto:asigwalt@geneseoparkdistrict.org)

**JACKIE BEACH**

*Recreation & Aquatics Supervisor*

[jbeach@geneseoparkdistrict.org](mailto:jbeach@geneseoparkdistrict.org)

**JODIE OLSON**

*Administrative Assistant*

[jolson@geneseoparkdistrict.org](mailto:jolson@geneseoparkdistrict.org)

## RECREATION PROGRAMS

### PROGRAM RATE POLICY

It is the policy of the Park District that program participants must have a current membership to participate at membership rates. Memberships must be purchased prior to the program start date to receive the programs membership rate, the difference will NOT be refunded for memberships purchased after the first day of a program. Patrons may register for programs at the membership rate beyond their membership expiration date but if they do not renew they will be obligated to pay the difference between the member and non-member rate for programs that they continue to participate in past their expiration date.

**PROGRAM CANCELLATIONS** Visit our website for the most up-to-date closings & cancellations at [GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneseoparkdistrict.org/CLOSINGS-CANCELLATIONS)

On days when the Geneseo School District releases early or cancels due to weather, our programs are also canceled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled. Make-up classes will be scheduled if facility and instructor resources are available.

The Park District and/or its independent contractors reserve the right to consolidate, postpone or cancel any activity or program that has not met the established minimum. The determination to cancel programs will be made 3 days prior to scheduled start date.

If lightning strikes or thunder is heard all pool participants will be required to be out of the Indoor Pool or Aquatic Center for 15 minutes from the time of the last lightning strike or thunder heard.

### PROGRAM REFUNDS

Participants that request a refund before the start of a program will receive a full refund. Refunds requested after the start of a program will receive 1/3 of the unused portion minus a \$5.00 service fee. The \$5.00 service fee will be waived if the patron chooses to send the refund to their account as a credit on account versus being mailed a refund check.

### OOPS!

The Park District staff has made every effort to prepare this guide as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

### PHOTO / VIDEO DISCLOSURE

By registering for, participating in or attending Park District programs, events, or other activities, the participant agrees to the use and distribution by the Park District of his or her image. If you do not wish your household to be photographed, you will need to complete & sign the Photo Waiver form at the Geneseo Community Center.

## VISIT OUR WEBSITE AREA-SPECIFIC RULES AND POLICIES



# FREQUENTLY ASKED QUESTIONS

## MEMBERSHIPS

### WHAT DISCOUNTS DO YOU OFFER?

The Geneseo Park District offers a Business Membership Discount. If your employer has a Business Membership, you could be eligible for a 10% discount off your annual Membership fee. Please inquire with desk attendant to see if your employer participates.

**YOUR EMPLOYER IS NOT PART OF THIS PROGRAM?** Talk to them today about helping you and your coworkers receive a discount to get fit and healthy. Healthy employees are more productive and can reduce employer expenses. Call (309) 944-5695 for more details.

### CAN I USE THE CENTER OR AQUATIC CENTER IF I AM NOT A MEMBER?

Yes, anyone can use The Center, John & Carla Edwards Aquatic Center or sign up for programs.

#### DAILY ADMISSION AT THE CENTER

*as of January 1, 2023*

\$7.00 Youth (18 & Under) / Senior (65 & older)

\$8.00 Adult (19 & older)

#### DAILY ADMISSION AT THE AQUATIC CENTER

*as of January 1, 2023*

\$8.00 / person

### WHAT IF I AM NOT A RESIDENT OF THE GENESEO PARK DISTRICT?

Non-residents are persons who do not reside within the corporate boundaries of the Park District or do not pay taxes for the Park District.

A \$75 non-resident fee will be applied to Community Center & Park District membership purchases or renewals. (Not applicable to 1-month memberships).

A \$30 non-resident fee will be applied to Aquatic Center memberships.

### HOW CAN I PAY FOR A MEMBERSHIP?

The Geneseo Park District offers three easy payment plan options...

**1 - PAY** Pay the full amount owed at time of purchase.

**3 - PAY** [3 CONSECUTIVE MONTHLY PAYMENTS] The membership rate is divided into 3 equal payments, which are paid the first three months of your membership plus a \$10.00 service fee. If monthly payments are not paid by due dates, a late fee of \$10.00 per month will be charged. Future memberships may not be obtained until complete balances are paid in full. Only available on annual membership purchase. The \$10 service fee is reflected in the listed 3-pay price.

**12 - PAY** [AUTOMATIC ELECTRONIC WITHDRAWAL] The 12-pay plan is the only way that the Geneseo Park District can accept monthly payments for annual Community Center or Park District membership dues. This is a continuous membership plan; memberships will automatically renew on the members' yearly expiration date. The membership price including service fee of \$2 per month, and non-resident fee when applicable, is divided by 12 to arrive at the monthly payment. An initial down payment is required at time of purchase, fulfilling the first month's payment obligation and a \$25 Activation Fee. The monthly dues will be deducted from the members bank account for a minimum of 11 consecutive months. After that time, they will automatically continue until the GPD receives request to terminate from the member. Monthly dues will be withdrawn on the 15th of the month unless the 15th falls on a weekend or holiday in which case withdrawals will be made the following business day. To terminate or change the membership in any way, the GPD must receive a 30-day written notice directed to the Attention of the Administrative Assistant. Should any membership draft not be honored by the members financial institution for any reason, the membership will be suspended. The member will be required to pay the balance due plus a \$5 service fee. Balance due must be paid in full, in person, by cash or credit card. This is in addition to any service fee the financial institution may make. Monthly dues will continue to be automatically deducted from the members bank account as scheduled while the membership is suspended. Memberships will be canceled after a second consecutive insufficient funds notice is received. Memberships that are suspended and/or canceled due to delinquent payments will receive email notification from GPD. Canceled memberships are required to pay the past due amount plus service fees in full before future memberships may be purchased and are subject to the activation fee. Memberships canceled prior to meeting the first 1-year commitment will be subject to the GPD cancellation policy and required to pay ½ of the unused balance plus a \$5 service fee. If a membership is canceled due to insufficient funds, future requests for payment plans will be reviewed and the Geneseo Park District reserves the right to accept or reject requests. The Geneseo Park District Board of Directors may, at their discretion, adjust the monthly rate applicable to any category of membership.

**FINANCIAL ASSISTANCE IS AVAILABLE** For more information call (309) 944-5695 or visit [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)

### WHAT IF I WANT TO CANCEL OR UPGRADE MY MEMBERSHIP OR PROGRAM?

**UPGRADING MY MEMBERSHIP:** When upgrading your membership you will receive 100% credit of the unused portion on the existing membership which is deducted from the new membership price. A new expiration date is established at the time of upgrade. New payment plan forms will be completed at this time. No refunds are applied on 12-pay option.

**MEMBERSHIP CANCELLATION POLICY:** Annual memberships discontinued before the year is completed will be refunded on the basis of 1/2 of the unused balance plus a \$5.00 service fee (not applicable on 12-pay option).

**MEMBERSHIPS ARE NOT TRANSFERABLE.** Memberships purchased under false pretenses will be terminated and no refunds will be given.

## STATEMENT OF ACCESSIBILITY

### WE WANT TO INCLUDE YOU, YES YOU...

The Park District believes each participant should be provided with leisure services to allow for his/her highest level of performance. **Inclusion Services** are designed to facilitate and ensure opportunities are available in the least restrictive environment and to make certain residents are given the opportunity to choose the services they desire.

The Geneseo Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility. *If you have any special needs, please contact the Park District at (309) 944-5695.*





# FACILITIES & CONTACT INFORMATION

## GENESEO COMMUNITY CENTER



HOURS > INDOOR POOL > RECOVERY ROOM > GYMNASIUM >  
541 EAST NORTH STREET | GENESEO, IL  
(309) 944-5695

## AQUATIC CENTER



HOURS > SPLASH PAD > WATER WALKING & LAP SWIM >  
501 EAST NORTH STREET | GENESEO, IL  
(309) 944-3129

## CENTRAL THEATER



SHOWTIMES > TICKET PRICES > SPECIALS >  
111 NORTH STATE STREET | GENESEO, IL  
(309) 944-3603

## ATHLETIC FIELD



AMENITIES > BUILDING >  
407 EAST NORTH STREET | GENESEO, IL

## ANDERSON MEMORIAL PARK



AMENITIES >  
316 EAST MAIN STREET | GENESEO, IL

## CLOSINGS & CANCELLATIONS



FIND THE MOST UP-TO-DATE FACILITY AND PROGRAM INFORMATION AT  
[GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneeloparkdistrict.org/closings-cancellations)

