



GENESEO PARK DISTRICT

APRIL - MAY PROGRAMS

NEED A SUMMER JOB?
APPLY ONLINE FOR A LIFEGUARD, CONCESSION, DAY CAMP COUNSELOR, OR CUSTODIAN POSITION TODAY!

ATTENTION

IN-PERSON CLASSES & EVENTS ARE SCHEDULED SUBJECT TO THE GOVERNOR'S MITIGATIONS AT THE TIME THE PROGRAM BEGINS. A VIRTUAL OPTION MAY BE AVAILABLE FOR THOSE WHO ARE UNABLE TO ATTEND IN-PERSON CLASSES.

CENTER HOURS

Everyone Welcome!

Monday - Friday
5:00 am - 9:00 pm

Saturday & Sunday
7:00 am - 3:00 pm

DAILY ADMISSION AT THE CENTER

\$7.00 Youth/Senior
\$8.00 Adult

- Face coverings must be worn unless exercising **and** able to maintain 6ft of social distance.
- RESERVATIONS ARE REQUIRED FOR...Lap Swim/Water Exercise
- Fitness Equipment is available with limited room capacities.
- Men's & Women's Gym Side Restrooms & the Restrooms near the Cardio/Weight Room are open.
- Men's & Women's Gym Side Locker Rooms are temporarily closed. The lockers outside the Cardio/Weight Room are available.
- Men's & Women's Indoor Pool Locker Rooms available to swimmers during scheduled lap swim/class times.
- Drinking Fountains are open for bottle fillers only.

Complete COVID-19 updates can be found at www.GeneseoParkDistrict.org/covid-19

ROLLER-SKATING

Saturday nights are for skating. Bring your own skates or rent skates from The Center. A great way to exercise and have fun with your friends & family.

- Reservations must be made in advance online via SignUp Genius

GeneseoParkDistrict.org/winter-rollerskating

- Face coverings must be worn.
- Participants should maintain 6-ft. of distance.
- Participants should not arrive earlier than 5 minutes before the event begins.

MIN: 20 roller-skaters/session

MAX: 40 roller-skaters/session

Saturday ROLLER-SKATING

SATURDAYS THROUGH APRIL 24, 2021

5:30 - 6:45 pm AGES: 3rd Grade & under
7:00 - 9:00 pm AGES: All Ages

ADMISSION: \$5 Members
\$10 Non-Members

SKATE RENTAL: \$5.00

Limited skates and sizes available.



SPLASH PAD OPENS

SPLASH PAD HOURS (weather permitting)

SATURDAY MAY 15 - FRIDAY MAY 28, 2021

Monday - Friday
10:00am - 1:30pm

Saturday & Sunday
10:00 am - 4:00pm

MAX: 40 participants

FEE: FREE for Members & Park District Residents*, \$3 for Non-resident

*A Driver's License is required at time of admittance for proof of residency

RESERVATIONS ARE REQUIRED

Reservations must be made in advance online via SignUp Genius

GeneseoParkDistrict.org/aquatic-center

SPLASH PAD RENTAL HOURS

Visit The Center to rent the Splash Pad by the hour during the following times...

SATURDAY MAY 15 - FRIDAY MAY 28, 2021

Monday - Friday
8:45 - 9:45 am & 1:45 - 5:15 pm

Saturday & Sunday
8:45 - 9:45 am & 4:15 - 5:15 pm

MAX: 40 attendees

FEE: \$40 / hour

PITCH, HIT & RUN

- Face coverings will be required for participants, spectators & staff.
- Spectators will be required to maintain a distance of at least 30 feet from participants.
- Participants will be required to maintain 6' of distance if not directly involved in the activity.

Sponsored in part by
Geneseo Park District Foundation

Field provided by



GYBS.ORG

MLB PITCH, HIT & RUN Competition #42350

PHR is an exciting skills competition for boys & girls ages 7 - 14. Participants have 6 attempts to throw at a target, 3 attempts to hit a ball off a tee, and will be timed for running from 2nd base to home plate.

This is a free event, pre-registration is preferred.

SUNDAY APRIL 25, 2021 1:00 PM

LOCATION: Bollen Field

FEE: FREE



MIDDLE SCHOOL FUN

- Face coverings will be required for participants while playing games and when unable to maintain 6ft of social distance.



MIDDLE SCHOOL MOVIE NIGHT #43058

Come enjoy a night out with the Park District! The evening will include games, pickleball, basketball, volleyball, pizza, drinks, snacks and a movie in the gym.

Register online or at The Center.

SATURDAY MAY 8, 2021 | 6:00 - 9:00 PM

MOVIE: Jumani: The Next Level

MAX: 45 attendees

FEE: FREE

Sponsored by



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FITNESS CLASSES

- Face coverings must be worn unless exercising **and** able to maintain 6ft of social distance.
- Participants should maintain 6-ft. of distance during exercise.
- Equipment should not be shared between participants unless from the same household.
- Participants should not arrive earlier than 5 minutes before the class begins.
- Instructors: Carie Kreiner or Shannon Port, Greg Janicki, John Davis or Jennifer Mills *with Hammond-Henry Rehab*
- MAX: 11 participants / class *unless otherwise listed*
- WALK-IN FEES: \$7 M / \$9 MG / \$14 NM *unless otherwise listed*

FITNESS & YOGA CLASSES ALSO HELD VIRTUAL UPON REQUEST

- Once registered you will receive link information via email or Facebook.
- Register online or at The Center

EARLY BURN (H) #44104

A great way to start your day. For both men & women of all ages. You do what you can and modify where needed. This class is a total body muscle conditioning using dumbbells, weighted bar, bands, exercise balls, bosu ball and your own body weight. With cardio mixed with strength, you will burn calories, build strength and increase endurance.

If attending virtually, check out dumbbells needed for Early Burn at The Center. \$10 refundable deposit.

MAX: 20 participants

- 5:15 - 6:15 am | M
April 5 - 26, 2021
(\$18 M / \$36 NM)
- 5:15 - 6:15 am | W
April 7 - 28, 2021
(\$18 M / \$36 NM)
- 5:15 - 6:15 am | F
April 2 - 30, 2021
(\$22.50 M / \$45 NM)
- 5:15 - 6:15 am | M
May 3 - 24, 2021
(\$18 M / \$36 NM)
- 5:15 - 6:15 am | W
May 5 - 26, 2021
(\$18 M / \$36 NM)
- 5:15 - 6:15 am | F
May 7 - 28, 2021
(\$18 M / \$36 NM)

PILATES (H) #44115

Experience the ab-chiseling, total body defining moves of Pilates, choreographed to your favorite Top 40 hits. This 45 minute mat-based workout challenges you to flow from one exercise to the next, developing a rock-solid core and lean, strong muscles.

- 6:15 - 7:00 pm | TH
April 1 - 29, 2021
(\$16.75 M / \$33.50 NM)
- 6:15 - 7:00 pm | TH
May 6 - 27, 2021
(\$13.50 M / \$27 NM)

ADULT SUMMIT (H) #44141

This Summit focuses on adult athletes and their specific needs. This functional training program meets three days a week and targets triplaner strength, flexibility, injury prevention, cardiovascular fitness, and overall general conditioning in a group setting.

INSTRUCTORS: Greg Janicki, John Davis or Jennifer Mills; *Hammond-Henry Rehab*

MAX: 30 participants

- 5:00 - 6:00 pm | M W
4:00 - 5:00 pm | F
April 2 - 30, 2021
(\$75/person)
- 5:00 - 6:00 pm | M W
4:00 - 5:00 pm | F
May 3 - 28, 2021
(\$75/person)

FITNESS ACCESS #44119

Middle school age students will gain access to all fitness areas. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by an ISSA Certified Personal Trainer & Certified Corrective Exercise Specialist.

INSTRUCTOR: Shannon Port, Hammond-Henry Rehab Personal Trainer

GRADES: 6th - 8th

MAX: 6 participants / class

- 4:00 - 5:00 pm | W
April 7 - 21, 2021
(\$30 M / \$60 NM)
- 4:00 - 5:00 pm | W
May 5 - 19, 2021
(\$30 M / \$60 NM)

SH1FT (M) #44116

Smart High Intensity Function Training for all fitness levels. Use your bodyweight as the tool to develop speed, balance and agility. You'll build athletic fitness as you sweat through simple progressions that work for all fitness levels.

- 8:30 - 9:30 am | M
April 5 - 26, 2021
(\$18 M / \$36 NM)
- 8:30 - 9:30 am | W
April 7 - 28, 2021
(\$18 M / \$36 NM)
- 8:30 - 9:30 am | M
May 3 - 24, 2021
(\$18 M / \$36 NM)
- 8:30 - 9:30 am | W
May 5 - 26, 2021
(\$18 M / \$36 NM)

L1FT/R1ZE (H) #44117

L1FT = Strength & Conditioning to build a strong and healthy body. L1FT utilizes weights to sculpt lean muscles and turn you into a fat burning machine long after the workout is over. Smart, safe, and progressive movements ensure no fitness level is left behind.






R1ZE = High Intensity Functional Training using the step. Level up your training with a modern take on a classic piece of fitness equipment: The Step. Yes!! Step Aerobics is back and it's better than ever!!

WALK-IN FEE: \$4 M / \$6 MG / \$8 NM

If attending virtually, check out dumbbells & step needed for L1FT/R1ZE at The Center. \$10 refundable deposit.

- 5:30 - 6:00 pm | TH
April 1 - 29, 2021
(\$11.25 M / \$22.50 NM)
- 5:30 - 6:00 pm | TH
May 6 - 27, 2021
(\$9 M / \$18 NM)

ONLINE REGISTRATION

-  NO FEES
-  EASY
-  24^{hr} CONVENIENT
-  SAVES TIME
-  SAVES PAPER



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CYCLING

HIP HOP SPIN (H) #44504

Get ready to cycle harder than you ever thought you could! Take every memory about every intense workout you've ever had, add a bike and high energy music, and you'll start to get the idea! *No virtual option available*
WALK-IN FEE: \$8 M / \$10 MG / \$16 NM

6:00 - 7:00 PM | M
April 5 - 26, 2021
(\$22 M / \$44 NM)

6:00 - 7:00 PM | M
May 3 - 24, 2021
(\$22 M / \$44 NM)

30/30 (H) #44503

This class is the most efficient hour of workout, which means you are going to sweat... a lot!! 30 minutes of music fueled cycling followed by 30 minutes of heart pumping strength training off the bike. Are you ready to take up this new challenge?

No virtual option available

WALK-IN FEE: \$8 M / \$10 MG / \$16 NM

7:30 - 8:30 am | SA
April 3 - 24, 2021
(\$22 M / \$44 NM)

7:30 - 8:30 am | SA
May 1 - 29, 2021
(\$27.50 M / \$55 NM)

GENESEO PARK DISTRICT



MONTHLY MEMBER CHALLENGE

PBR [PUSH-UPS – BURPEES – RAISE]
APRIL 1 - 30, 2021

Members will be put through a challenge that will test your strength and endurance. To complete the challenge you must be able to complete 100 Push-ups, 100 Burpees and 100 Dumbbell Front Raises.

Sign up & record your progress at the Front Desk.
Each individual who completes the challenge during the month of April will receive a prize from the Park District.

YOGA

VINYASA FLOW (H) #44133

Vinyasa Flow is a unique class in that it combines the fast-paced, cardio-vascular workout of a power yoga class with the straightforwardness of a yoga flow class. This flowing class will focus on building strength, flexibility and balance both on the mat and off! The session is an invigorating yoga class that is taught in an 80-85 degree room and is sure to challenge you while giving you a great workout. The class will end with a brief relaxation, which allows both mind & body to integrate and restore after a challenging class.

5:30 - 6:30 am | TU
April 6 - 27, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 pm | W
April 7 - 28, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | SA
April 3 - 24, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 am | TU
May 4 - 25, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 pm | W
May 5 - 26, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | SA
May 1 - 29, 2021
(\$22.50 M / \$45 NM)

KIDS YOGA (L) #44136

Mini yogis are invited to unwind, de-stress, and explore bodily self-awareness while moving through gentle, mindful, and engaging yoga postures. This fitness program will help to keep kids moving and flexible during the winter months.

WALK-IN FEE: \$4 M / \$5 MG / \$8 NM

4:30 - 5:00 pm | M [AGES 3 - 7]
April 5 - 26, 2021
(\$9 M / \$18 NM)

5:15 - 5:45 pm | M [AGES 8 - 12]
April 5 - 26, 2021
(\$9 M / \$18 NM)

4:30 - 5:00 pm | M [AGES 3 - 7]
May 3 - 24, 2021
(\$9 M / \$18 NM)

5:15 - 5:45 pm | M [AGES 8 - 12]
May 3 - 24, 2021
(\$9 M / \$18 NM)

SLOW FLOW (L) #44134

Experience elements of a heated vinyasa practice with a slower pace. This class moves with calm energy through a vinyasa flow practice offering time to discover your breath and body awareness as you move. Expect ample time to integrate, longer holds in standing postures, and options to make the class more or less challenging depending on what you need on a given day.

9:00 - 10:00 am | TU
April 6 - 27, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | TH
April 1 - 29, 2021
(\$22.50 M / \$45 NM)

9:00 - 10:00 am | TU
May 4 - 25, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | TH
May 6 - 27, 2021
(\$18 M / \$36 NM)

PERSONAL TRAINING

CERTIFIED PERSONAL TRAINERS:

John Davis & Shannon Port, *Hammond-Henry Rehab Personal Trainers*

TRADITIONAL #44600

Traditional Personal Training is one person working with one of our Certified Personal Trainers. It offers the greatest flexibility to use the sessions when it is convenient for you, the utmost privacy and the best personalized program.

1 session | FEE: \$30 M / \$60 NM
5 Sessions | FEE: \$125 M / \$250 NM

SEMI-PRIVATE #44601

Semi-Private Personal Training is 2-3 friends or family members working with one of our Certified Personal Trainers at the same time. It offers the flexibility to use the sessions when it is convenient for all people, support from friends and family members and a personalized program that meets the common goal of all individuals, but at a reduced fee.

1 session | FEE: \$25 M / \$50 NM
5 Sessions | FEE: \$110 M / \$220 NM



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WATER FITNESS

- Face coverings must be worn at all times including in the Indoor Pool locker room. Participants do not have to wear a mask in the water.
- Participants should maintain 6-ft. of distance during exercise.
- Equipment should not be shared between participants unless from the same household.
- Participants should not arrive earlier than 5 minutes before the class begins.

MAX: 12 participants / class

FOR THE LOVE OF FIT (L) #45504

Increases range of motion at the joints in order to improve posture, balance and mobility. INSTRUCTOR: Laura Goetz
WALK-IN FEE: \$7 M / \$9 MG / \$14 NM

9:45 - 10:45 am | M
April 5 - 26, 2021
(\$18 M / \$36 NM)

9:45 - 10:45 am | W
April 7 - 28, 2021
(\$18 M / \$36 NM)

9:45 - 10:45 am | F
April 2 - 30, 2021
(\$22.50 M / \$45 NM)

9:45 - 10:45 am | M
May 3 - 24, 2021
(\$18 M / \$36 NM)

9:45 - 10:45 am | W
May 5 - 26, 2021
(\$18 M / \$36 NM)

9:45 - 10:45 am | F
May 7 - 28, 2021
(\$18 M / \$36 NM)

JUST THE GUYS (M) #45506

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages. INSTRUCTOR: Therresa Bowton
WALK-IN FEE: \$7 M / \$9 MG / \$14 NM

7:30 - 8:30 am | TU
April 6 - 27, 2021
(\$18 M / \$36 NM)

7:30 - 8:30 am | TH
April 1 - 29, 2021
(\$22.50 M / \$45 NM)

7:30 - 8:30 am | TU
May 4 - 25, 2021
(\$18 M / \$36 NM)

7:30 - 8:30 am | TH
May 6 - 27, 2021
(\$18 M / \$36 NM)

FIT HAPPENS P.M. (H) #45508

This high intensity, total body workout will utilize the entire pool. INSTRUCTOR: Jill Neal
WALK-IN FEE: \$7 M / \$9 MG / \$14 NM

5:30 - 6:30 pm | M
April 5 - 26, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 pm | W
April 7 - 28, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 pm | M
May 3 - 24, 2021
(\$18 M / \$36 NM)

5:30 - 6:30 pm | W
May 5 - 26, 2021
(\$18 M / \$36 NM)

FIT HAPPENS A.M. (H) #45507

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape. INSTRUCTOR: Laura Goetz
WALK-IN FEE: \$7 M / \$9 MG / \$14 NM

8:30 - 9:30 am | M
April 5 - 26, 2021
(\$18 M / \$36 NM)

8:30 - 9:30 am | W
April 7 - 28, 2021
(\$18 M / \$36 NM)

8:30 - 9:30 am | F
April 2 - 30, 2021
(\$22.50 M / \$45 NM)

8:30 - 9:30 am | M
May 3 - 24, 2021
(\$18 M / \$36 NM)

8:30 - 9:30 am | W
May 5 - 26, 2021
(\$18 M / \$36 NM)

8:30 - 9:30 am | F
May 7 - 28, 2021
(\$18 M / \$36 NM)

WALK THE WATER (M) #45509

Water walking burns calories, increases muscle tone and improves cardiovascular health. A variety of options are offered to achieve the level of intensity desired. INSTRUCTOR: Yvonne Wayne
WALK-IN FEE: \$7 M / \$9 MG / \$14 NM

9:00 - 10:00 am | TU
April 6 - 27, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | TH
April 1 - 29, 2021
(\$22.50 M / \$45 NM)

9:00 - 10:00 am | TU
May 4 - 25, 2021
(\$18 M / \$36 NM)

9:00 - 10:00 am | TH
May 6 - 27, 2021
(\$18 M / \$36 NM)

ACTIVE ADULT/SENIOR PROGRAMS

BINGO #47001

Everyone is welcome. Various games of Bingo are played each time. Prizes for everyone! Located in the Pool Side Room at the John & Carla Edwards Aquatic Center. Face coverings must be worn while playing unless able to maintain 6ft of social distance.

TIME | DATE: 12:30 - 3:00 pm | 1st & 3rd Thursdays in April & May
FEE: \$0.50 / card

CARDS WITH FRIENDS #47004

Come and play card games in the Active Adult Room at the Community Center. Various games of cards are played and everyone is welcome. Face coverings must be worn while playing unless able to maintain 6ft of social distance.

TIME | DATE: 8:30 - 11:00 am Tuesdays & Thursdays April 6 - May 27, 2021
FEE: FREE



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LEARN TO SWIM

SATURDAY CLASSES HELD

April 10 - May 15, 2021

- Instructors will teach from the deck with a face covering on.
- Participants in Clownfish, Lake Explorer, Ocean Explorer, Tadpole & Minnow must have a parent in the water. This measure is to eliminate contact from instructor to participants.
- Participants will arrive no earlier than 10 min before the class begins & check in at the front desk.
- Face coverings must be worn at all times including in the Indoor Pool locker room. Participants do not have to wear a mask in the water.
- At the end of class, lingering in the locker rooms will not be allowed & all participants must be out of the locker room 15 minutes after lesson ends. This is to allow for disinfection before next class arrives.
- Parents can view lessons from the Indoor Pool lobby while maintaining 6' of distance.

MAX: 6 participants / class

CLOWNFISH #45001 (6 mos - 3 yrs w/parent)

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety, fun in the water adding participant socialization to encourage a lifetime of aquatic activity.

9:30 - 10:00 am | SA (\$30 M / \$60 NM)

LAKE EXPLORER #45003 (4yrs)

[Combined with Ocean Explorer]

Participants will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.

10:30 - 11:00 am | SA (\$30 M / \$60 NM)

OCEAN EXPLORER #45003 (5yrs)

[Combined with Lake Explorer]

Participants will master face floats and back floats, jumping into the pool and bobbing independently by the end of class.

10:30 - 11:00 am | SA (\$30 M / \$60 NM)

TADPOLE #45005 [Combined with Minnow]

Class prerequisites: Must have passed Ocean Explorer or completed Kindergarten to take this class. Participants work on submerging, face and back floats, add on kicks and rhythmic breathing.

10:00 - 11:00 am | SA (\$60 M / \$120 NM)

MINNOW #45005 [Combined with Tadpole]

Class prerequisites: Must have passed Tadpole to take this class. Participants will work on skills to be able to swim 1/2 way across shallow end.

10:00 - 11:00 am | SA (\$60 M / \$120 NM)

WHALES/SHARK #45007

Class prerequisites: Must have passed Minnow to take this class. Participants will work on skills to swim front and back crawl one width in shallow and deep water.

11:30am - 12:30pm | SA (\$60M / \$120NM)

DOLPHIN/BARRACUDA & STINGRAY/MARLIN, MARINER & S.E.A.L.S #45008

Class prerequisites: Must have passed Whales to take this class. Participants will work on skills to swim front and back crawl one length.

11:30am - 12:30pm | SA (\$60M / \$120NM)

GATORS SWIM TEAM

GATORS SWIM TEAM [ALL LEVELS] #45026

Class prerequisites: Must be 6 years or older and demonstrate 25 yard freestyle, backstroke and breaststroke.

This is the perfect opportunity to introduce your child to competitive swimming. Your child will begin at one of the various levels offered through GGST as they learn the skills and technique to become a great swimmer. Goggles required.

MAX: 8 participants / class

4:00 - 5:00 pm | W

April 7 - 28, 2021 (\$30 M / \$60 NM)

4:00 - 5:00 pm | F

April 9 - 30, 2021 (\$30 M / \$60 NM)

4:00 - 5:00 pm | W

May 5 - 26, 2021 (\$30 M / \$60 NM)

4:00 - 5:00 pm | F

May 7 - 28, 2021 (\$30 M / \$60 NM)

SWIM LESSONS & SWIM TEAM PRIVATE & SEMI-PRIVATE

SEMI-PRIVATE SWIM TEAM TRAINING

Semi-private lessons are one instructor to 2 or 3 students at similar swimming levels and must be members of the same household. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

PRIVATE SWIM TEAM TRAINING

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$90 M / \$180 NM

SEMI-PRIVATE SWIM LESSONS

Semi-private lessons are 1 instructor to 2 or 3 students at similar swimming levels and must be members of the same household. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

PRIVATE SWIM LESSONS

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$90 M / \$180 NM

SPECIAL SWIM

Special swim is a great 1-on-1 course for participants with disabilities. Includes (4) 30 minute lessons.

FEE: \$60 M / \$120 NM

LIFEGUARD CERTIFICATION

STARGUARD LIFEGUARD CERTIFICATION #45021

Class prerequisites: Completed S.E.A.L.S. level swim lessons or 16yrs and over. Learn the beginning skills required to be a lifeguard. **Must attend both Saturday & Sunday training days to receive lifeguard certification.**

MAX: 12 participants

9:00 - 4:00 pm | SA & SU

April 10 - 11, 2021 (\$180 / person)

or 9:00 - 4:00 pm | SA & SU

May 1 - 2, 2021 (\$180 / person)

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson. *No Private or Semi-Private lessons will be held on Holidays.*



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MUSIC CLASSES

- Face coverings must be worn at all times.
- It is recommended that only one parent/guardian accompany the participant.
- No additional parents / guardians or siblings will be allowed to wait in the music studio.

INSTRUCTOR: Musical Memories

LOCATION: 112 South State St. | Geneseo IL

MAX: 6 participants / class

MUSIC TIME FOR TODDLERS I #43030

Come spend an enjoyable hour with your toddler singing, dancing, and playing rhythm instruments. All activities are selected based on the developmental ages of the children. No musical experience is required of the child or adult. This class will provide you as a parent with age appropriate songs and activities to enjoy at home with your toddler. This class will help acquaint your child with a group experience that will promote listening skills, individual opportunities for exploration, and teamwork while being musically fun. Your child will develop coordination, balance and spatial relationship skills as well as communication and cooperation. *Come ready to play!*

Adults can participate with their child at no additional cost.

AGES: 1 ½ - 2 ½ yrs

10:00 - 10:45 am | TH
April 22 - May 27, 2021
(\$50 / child)

JOIN OUR ONLINE COMMUNITY



GeneseoParkDistrict
CentralTheaterGeneseo
GeneseoParkDistrictAquaticCenter



@GeneseoParkDist



geneseo_park_district

MUSIC FOR SCHOOL READINESS

#43032

Music will be used to reinforce skills needed for school such as respect, communicating with others, sharing, numbers, colors, shapes, and the alphabet. Opposites, rhyming, and following one to several step directions will also be included and kids will learn to see, say, and play rhythms on percussion as well as melodied instruments.

Adults can participate with their child at no additional cost.

AGES: 3 ½ - 6 yrs

11:00 - 11:45 am | TH
April 22 - May 27, 2021
(\$50 / child)

WEE KEYS #43033

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano without the structure of formal lessons and have fun playing musical games, singing songs, and dancing. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols. This is a great transition into formal lessons

AGES: 4 - 6 yrs

9:00 - 9:45 am | SA
April 24 - May 29, 2021
(\$50 / child)

UKE CAN DO IT! #43035

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and will work in a large group as they learn and play simple chords and songs. Singing is encouraged.

AGES: 7 yrs & older

10:00 - 10:45 am | SA
April 24 - May 29, 2021
(\$50 / person)

PICKLEBALL

- Face coverings will be required for participants, coaches, spectators and staff.
- Spectators will be required to maintain a distance of at least 30 feet from participants.
- Participants will be required to maintain 6' of distance if not directly involved in the activity.

MAX: 8 participants / session

PICKLEBALL CLINIC #42500

The Geneseo Park District along with **Pickleball Professional Jeffrey van der Eems with PiQckleball & More** will be hosting a beginners clinic (skill level 2.0-3.0), and an intermediate clinic (skill level 3.0-3.5).

Each clinic will offer coaching on drills, shots, serves and returns. There will also be two sessions available to play with the pro, and quick coaching tips will be covered during play.

AGES: All Ages

FEE: \$25/person per session

LOCATION: Athletic Field

In the case of inclement weather, the Pickleball Clinic will be moved to The Center's Gymnasium.

Saturday May 1, 2021
8:30 - 9:45 am
[\[BEGINNER\]](#)
10:00 - 11:15 am
[\[PLAY WITH PRO - BEGINNERS\]](#)

11:30 am - 12:45 pm
[\[INTERMEDIATE\]](#)
1:00 - 2:15 pm
[\[PLAY WITH PRO - INTERMEDIATE\]](#)

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Geneseo
Park District
Foundation

2021-2022 PRESCHOOL REGISTRATION

Now Open

Pre-register for Twinklebrights [2-3 yr olds], Starbrights [3-4 yr olds] or Kinderbrights [4-5 yr olds] to guarantee a spot in the 2021-2022 school year.



ATTENTION

IN-PERSON CLASSES & EVENTS ARE SCHEDULED SUBJECT TO THE GOVERNOR'S MITIGATIONS AT THE TIME THE PROGRAM BEGINS.

GYMNASTICS

- It is recommended that gymnasts are dropped off at The Center's front doors no more than 5 minutes before class.
- Face coverings must be worn at all times.
- Parents may come in with gymnasts to check-in, but are asked to return to their vehicles once class begins.

INSTRUCTORS: Larry & Chris Ward, *Certified GHS Gymnastic Coaches* & Tara Koustas, *Certified Gymnastic Coach*

MAX: 12 participants / class

TUMBLE BUGS #43201

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. The class develops coordination, self-confidence, listening, strength, balance, and body awareness. This is for beginners who have not taken a class or cannot do a cartwheel. AGES: 4 - 6

4:00 - 5:00 pm | W
April 7 - 28, 2021
(\$40 M / \$80 NM)

4:00 - 5:00 pm | W
May 5 - 26, 2021
(\$40 M / \$80 NM)

GIRLS RULE #43203

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault. AGES: 5 - 12

4:00 - 5:00 pm | M
April 5 - 26, 2021
(\$40 M / \$80 NM)

4:00 - 5:00 pm | M
May 3 - 24, 2021
(\$40 M / \$80 NM)

BOYS ONLY #43210

This class will cover gender specific skills following the USA Mens Gymnastics Program. Participants will learn skills in the high bar, rings, pommel horse, floor exercise, even bars and vault. AGES: 5 - 12

4:00 - 5:00 pm | TH
April 8 - 29, 2021
(\$40 M / \$80 NM)

4:00 - 5:00 pm | TH
May 6 - 27, 2021
(\$40 M / \$80 NM)

JUNIOR PREP / INTERMEDIATE #43205

Begin to learn level 1 & 2 compulsory routine skills and practice all skills to prepare for competition. Students must demonstrate a pullover on the bar to attend this class. AGES: 9 yrs or older

4:00 - 5:00 pm | TU
April 6 - 27, 2021
(\$40 M / \$80 NM)

4:00 - 5:00 pm | TU
May 4 - 25, 2021
(\$40 M / \$80 NM)

USAG DEVELOPMENT PROGRAM

#43213

Are you interested in competitive gymnastics? Then this is the program for you. Gymnastics routines will be learned and developed. AGES: 7 yrs or older

5:15 - 6:45 pm | M & W
April 5 - 28, 2021
(\$120 M / \$240 NM)

5:15 - 6:45 pm | TU & TH
April 6 - 29, 2021
(\$120 M / \$240 NM)

5:15 - 6:45 pm | M & W
May 3 - 26, 2021
(\$120 M / \$240 NM)

5:15 - 6:45 pm | TU & TH
May 4 - 27, 2021
(\$120 M / \$240 NM)

MIDDLE SCHOOL / HIGH SCHOOL OPTIONALS #43218

Those 8th grade boys and girls interested will combine with the Geneseo High School Gymnasts for this optionals class. In optional gymnastics there are a set of guidelines, or level requirements and routines are built around them. Each gymnast has their own music (on the Floor Exercise) and routine is built to show off individual strengths. AGES: 7 yrs or older

7:00 - 8:30 pm | M & W
April 5 - 28, 2021
(\$120 M / \$240 NM)

7:00 - 8:30 pm | TU & TH
April 6 - 29, 2021
(\$120 M / \$240 NM)

7:00 - 8:30 pm | M & W
May 3 - 26, 2021
(\$120 M / \$240 NM)

7:00 - 8:30 pm | TU & TH
May 4 - 27, 2021
(\$120 M / \$240 NM)

GYMNASTICS PRIVATE & SEMI-PRIVATE

- It is recommended that gymnasts are dropped off at The Center's front doors no more than 5 minutes before class.
- Face coverings must be worn at all times.
- Parents may come in with gymnasts to check-in, but are asked to return to their vehicles once class begins.

INSTRUCTORS: Larry & Chris Ward, *Certified GHS Gymnastic Coaches* & Tara Koustas, *Certified Gymnastic Coach*

SEMI-PRIVATE GYMNASTICS LESSONS

Groups of 2 to 3 participants with similar skills and must be members of the same household. Includes (4) 30 minute lessons.
FEE: \$70 M / \$140 NM

PRIVATE GYMNASTICS LESSONS

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.
FEE: \$90 M / \$180 NM

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson. *No Private or Semi-Private lessons will be held on Holidays.*

ATTENTION

IN-PERSON CLASSES & EVENTS ARE SCHEDULED SUBJECT TO THE GOVERNOR'S MITIGATIONS AT THE TIME THE PROGRAM BEGINS.

GENESEEO PARK DISTRICT SUMMER DAY CAMP

Registration Now Open

Sign up for the entire session and receive \$25 off per week.
That's only **\$115 a week** for Summer Fun!

Field trips included in Summer Day Camp thanks in part to the



EARLY BIRD #13301

Summer camp is open to those kids who need early drop off. Pay by the session to save \$2.50/week or select the Pick-a-Week option.

6:30 - 7:30 am | M - F
May 24 - July 2, 2021¹ (\$72.50 M / \$145 NM)
July 5 - August 11, 2021¹ (\$70 M / \$140 NM)
or **Pick-a-Week option** \$15 M / \$30 NM per day

DAY CAMP #13302

Summer camp attendees receive a full day of fun events and activities. Pay by the session to save \$25/week or select the Pick-a-Week option.

7:30 am - 5:30 pm | M - F
May 24 - July 2, 2021¹ (\$667 M / \$1,334 NM)
July 5 - August 11, 2021¹ (\$644 M / \$1,288 NM)
or **Pick-a-Week option** \$140 M / \$280 NM per day

DAY CAMP [3 DAYS/WEEK] #13303

Looking for more flexibility? Choose the 3-days each week to attend camp that best fits your schedule.

7:30 am - 5:30 pm | 3 days/week*
May 24 - July 2, 2021¹ (\$540 M / \$1,080 NM)
July 5 - August 11, 2021¹ (\$540 M / \$1,080 NM)

*Must schedule at least 1 week in advance. 3-day/week option only available per session, not applicable along with 'Pick-a-Week' option.

New dedicated Summer Camp Space at the Athletic Field!



SUMMER DAY CAMP DETAILS:

- **Camp Session based on Geneseo School District 228's calendar¹**
- Day Camp will begin at 7:30 am everyday with an Early Bird option for a 6:30 am drop-off.
- Mornings will be full of activities and games centered around the theme for each week. Our afternoons will be filled with swimming at the Aquatic Center, crafts and fun!
- Summer Day Camp participants will take several Field Trips throughout the summer and also have special pizza lunch days.
- Children will be able to sign up for other Geneseo Park District programs. Camp Counselors will escort your child to and from their programs.
- Pick-up will be at 5:30 pm.
- A mandatory parent meeting will be scheduled prior to the start of camp. Registered families will be notified.

¹Dates subject to change based on Geneseo School District 228's calendar. Camp will begin the day after school is released for summer session & end the day before school begins for the 2021 - 2022 year. **Fees will be prorated. Summer Camp is not held on Memorial Day.**