



# GENESEO PARK DISTRICT | SUMMER2019 ACTIVITY GUIDE





## WELCOME

The Mission of the Geneseo Park District is to enhance the quality of life in our community by providing a positive recreational experience for all.

### THANK YOU FOR YOUR SERVICE!

The Geneseo Park District would like to sincerely thank the following outgoing Board Members for their excellent service...



**Caryn Vandersnick, Board Commissioner 2011-2019**

It has been an honor to serve the community as a Geneseo Park District Commissioner! Accomplishing the Geneseo Park District goals of building the John & Carla Edwards Aquatic Center, establishing the Geneseo Park District Foundation & receiving the honor of being a Distinguished Accreditation Agency are just a few highlights during my terms. The Geneseo Park District has a bright future and I am proud to have served on the Board!

*Thank you Caryn for 8 years of dedicated service!*



**Joe Woulf, Board Commissioner 2011-2019**

Over the past 8 years there have been a lot of positive changes to the Park District from the Aquatic Center to the creation of the Geneseo Park District Foundation. It has been an honor to work with fellow Board Members, Park District Staff and Volunteers that made all of this happen.

*Thank you Joe for 8 years of dedicated service!*

**Meet the new Park District Board on our website in May!**

### JOIN OUR ONLINE COMMUNITY



GeneseoParkDistrict  
CentralTheaterGeneseo  
GeneseoParkDistrictAquaticCenter



@GeneseoParkDist



geneseo\_park\_district

## LEADERSHIP TEAM

**Andy Thurman** Executive Director

**Paula Verbeck** Superintendent of Finance & Administration

**Andrew Sigwalt** Superintendent of Recreation

**Scott Himmelman** Superintendent of Facilities

**Jackie Beach** Recreation / Aquatics Supervisor

**Jodie Olson** Administrative Assistant

## BECOME A PARK PARTNER

Support the kids in your community by becoming a Geneseo Park District Partner

The Benefits of becoming a Park Partner may include a presence on Website - Center Monitors - Central Theater Pre-Show

Download the Park Partnership Brochure online at [GeneseoParkDistrict.org](http://GeneseoParkDistrict.org)  
Detailed benefits are outlined in the partnership packages.



Find out more by contacting Anne at the Geneseo Park District  
(309) 944-5695 | [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)

## ON THE COVER

**UPPER LEFT:** Brody Woelke, Mark Shoemaker & Luke Snodgrass learning to golf at the Athletic Field. *Learn more about how SNAG's equipment helps kids learn or improve their game of golf on page 9.*

**UPPER RIGHT:** Tad Moore going for the ultimate belly flop during Kiwanis Fun Day's belly flop contest. Mark your calendar for this annual fun free event. *See page 3 for the date and time.*

**LOWER LEFT:** Vander McAvoy enjoys watermelon from the Kiwanis Club at the Annual Kiwanis Fun Day. *See page 3 for the date and time.*

**LOWER RIGHT:** Kalienna Herberg finds a snail while hiking at Giant Goose during Day Camp. Sign up your kids for summer fun at Summer Day Camp. *Learn more on page 15.*

## USING THE ACTIVITY GUIDE

*What you need to know...*

**LOCATION, LOCATION, LOCATION.** All programs are held at the Geneseo Community Center unless otherwise denoted.

**CLASS FEES.** Class fees are listed as *Geneseo Community Center Member Pricing [M]* / *Geneseo Community Center Non-Member Pricing [NM]*

**FITNESS & WATER FITNESS CLASS WALK-IN FEES.** (M) Member / (MG) Member Guest<sup>1</sup> / (NM) Non-Member

<sup>1</sup>Members can bring a Non-Member Guest at a reduced Walk-In Fee

**FITNESS & WATER FITNESS CLASS INTENSITY LEVELS.** (L) = Low | (M) = Moderate | (H) = High

**DON'T WAIT TO PARTICIPATE!** Classes will be cancelled if minimum enrollments are not met three business days prior to the start of classes or programs.

## Summer Fun in the Sun!

How incredible is it to think that the John & Carla Edwards Aquatic Center is opening for the fourth year in 2019? The Aquatic Center has averaged over 22,000 visits each year and over 280 participants in swim lessons. The Park District staff and lifeguards are excited for the upcoming season. Look for upcoming opening information on our website and social media. The Aquatic Center will continue to stay open as long as weather, staffing and school schedules allow.

I am excited for another summer of *free* events thanks to amazing community collaborators such as Izaak Walton League, Kiwanis Club of Geneseo and the Geneseo Park District Foundation. Because of their commitment, the Park District is able to offer *free* annual events such as Environmental Day at Giant Goose in Atkinson, Kiwanis Fun Day, Outdoor Summer Movie Series, National Night Out and Community Camp Out. Check out more information on these *free* family friendly events on pages 2-3.

More community collaborators have helped plan and start our first Community Garden. Thanks to a dedicated committee, the new Community Garden will open on April 28th. I am very excited to see this project bloom!

The Park District is looking into several improvements at the Athletic Field this summer. The tennis courts will be resurfaced which will include changing one tennis court into two Pickleball Courts. If you didn't see the updated sand volleyball court last year stop by the Athletic Field for a pick up game or sign up for one of the leagues on page 9. Look for a new informational sign at the entrance of the Athletic Field. This park addition will serve as a quick resource for all of Geneseo on upcoming Park District events and programs.



Summer is definitely a busy time at all of the Park District facilities and I hope to see you enjoying one of our many *free* activities this summer!



**Andy Thurman** Executive Director & family on a trail walk



## What's Inside...

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**OOPS!** The Park District staff has made every effort to prepare this guide as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

**WE WANT TO HEAR FROM YOU...** Take a few moments and tell us what you think about Park District Programs by filling out the Activity Evaluation at [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org). Your feedback will help guide us so we can better reflect your interests and desires in future programming and events. We value your input.

**PHOTO/VIDEO DISCLOSURE** By registering for, participating in or attending Park District programs, events, or other activities, the participant agrees to the use and distribution by the Park District of his or her image. *If you do not wish your household to be photographed, you will need to complete & sign the Photo Waiver form at the Geneseo Community Center.*



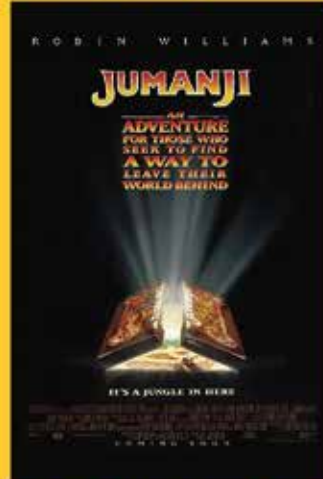
# OUTDOOR SUMMER MOVIE S E R I E S



FRIDAY JUNE 7<sup>TH</sup>  
@Athletic Field



FRIDAY JUNE 21<sup>ST</sup>  
@Aquatic Center  
BYOF (Bring Your Own Float)



FRIDAY JULY 12<sup>TH</sup>  
@Athletic Field



FRIDAY AUGUST 9<sup>TH</sup>  
@Athletic Field

**FREE ADMISSION** thanks to the **Geneseo Park District Foundation**

**MOVIES BEGIN AT DUSK**

**LOCATION:** No make up rain date is scheduled. In case of inclement weather Movie in the Park and Flick & Float films will be shown at the Community Center.

## COMMUNITY CAMP OUT

Friday July 12, 2019

Gates open at 5:00 pm

**Camp out under the stars at the Athletic Field**

Bring a tent, chairs & other outdoor camping supplies you may need and join the Geneseo Park District for this fun campout!

Food and drinks for supper, outdoor games & music around a campfire will be provided. **Plus** join your friends for the Outdoor Summer Movie series at dusk.

*This is a free event, Pre-registration is preferred. One car per family please. There will be no make up rain date, but those that couldn't camp may still join the Movie in the Park in the gymnasium at the Community Center in case of inclement weather. No alcohol is permitted.*

Sponsored in part by:  
**Geneseo Park District Foundation**

LEARN MORE ABOUT THE OTHER WAYS THE FOUNDATION HELPS THE PARK DISTRICT PROVIDE POSITIVE RECREATIONAL EXPERIENCES ON PAGE 26

**Geneseo Park District Foundation**





## ANNUAL KIWANIS FUN DAY

Friday July 26, 2019

Noon - 5:00 pm

John & Carla Edwards Aquatic Center\*

\*No Adult Water Walking 9:00 - 11:00 am or

Family Swim 6:15-8:15 pm at the Aquatic Center 07/26/19

Kiwanis Club of Geneseo & the Geneseo Park District invite you & your family to the annual Kiwanis Fun Day! Come for games with tons of prizes, watermelon and swimming all at the Aquatic Center.



## FREE EVENTS



## #13079 Geneseo Park District & Giant Goose ENVIRONMENTAL DAY

Saturday July 20, 2019 | 10:00 am - 2:00 pm

**FREE** at Giant Goose Conservation Education (located 1 mile east of Atkinson, IL. on Route 6)  
18277 E. 2350th St. Atkinson, IL | [www.iwla.org](http://www.iwla.org)

Come experience the beautiful natural features of the Giant Goose Conservation Club while enjoying a wonderful **FREE** outdoor educational experience that includes:

**Fishing & Fishing Instructions:** Bring your own fishing gear or use equipment & bait provided by Giant Goose (limited availability)

**Trail Walks:** Guided tour identifying trees, plants, wildlife

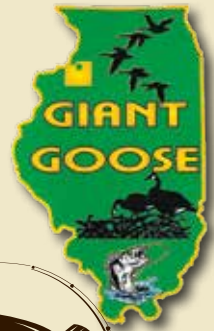
**Microscopes:** Examine leaves, plants, bugs

**Presentation:** Illinois Environmental Speaker

All participants **registered by July 17<sup>th</sup>**  
will receive a Hot Dog & Chip lunch  
provided by the Geneseo Park District Foundation



Geneseo  
Park District  
Foundation



POLICE • COMMUNITY PARTNERSHIPS

## NATIONAL NIGHT OUT

Tuesday August 6, 2019

6:00 - 8:00 pm at the Geneseo City Park

**FUN, FREE EVENT FOR ALL AGES!**



K-9 Demo with Kato, Electricity Demo, Maple City Cruisers

### EQUIPMENT

Geneseo Police Department Squad Cars, Firetrucks & Ambulance

### FOOD & FUN

Vibrant Ice Cream Truck, Facepainting, Kids Wellness from Hammond-Henry Hospital & Rock Valley Physical Therapy, Bounce House provided by the Geneseo Park District Foundation & Geneseo Park District

### BIKE RODEO

**Be sure to bring your own bicycle & helmet to join us in bike-tastic activities!**  
Includes a bike obstacle course, basic bike maintenance with B&B, bike & helmet safety checks, bike registration with the Geneseo Police Department & the chance to win a new bike from Walmart or Blain's Farm & Fleet.

### FAMILY FRIENDLY MOVIE

to follow all the fun **FREE** National Night Out events in the Park!

BROUGHT TO YOU BY:



CITY of  
**GENESEO**

Geneseo  
Park District  
Foundation



GENESEO  
PARK DISTRICT





# Bright Beginnings Preschool

Geneseo Park District

**2 - 3 year olds TWINKLEBRIGHTS****The only two year old independent preschool in Geneseo!**

Two year olds love to feel like big kids, so why not let them go to school! This structured class will get little learners ready for preschool.

**CLASS TIMES:** 11:15 am - Noon | TU or 11:15 am - Noon | TH**FEE<sup>1</sup>:** \$225 per Year M / \$450 per Year NM  
or \$25 per month M / \$50 per month NM**3 - 4 year olds STARBRIGHTS**

Our second year preschool class offers a structured learning environment with lots of room for fun hands-on activities to help each student grow academically and socially.

**CLASS TIMES:** 8:30 - 11:00 am | TU TH *full* or 12:30 - 3:00 pm | TU TH**FEE<sup>1</sup>:** \$720 per Year M / \$1,440 per Year NM  
or \$80 per month M / \$160 per month NM**4 - 5 year olds KINDERBRIGHTS**

The third year 3-day a week pre-kindergarten class builds on what students learned in Starbrights. In a structured setting, students will continue learning Letter Identification and Sounds, Math Principles, Science Projects and much, much more!

**CLASS TIMES:** 8:30 - 11:00 am | M W F *full* or 12:30 - 3:00 pm | M W F *full***FEE<sup>1</sup>:** \$990 per Year M / \$1,980 per Year NM  
or \$110 per month M / \$220 per month NM<sup>1</sup>Prices are based on Member (M) or Non-Member (NM) status. You can purchase a Household Membership or a Youth Membership to receive the discounted pricing. Preschool fees are based upon a yearly rate, but can be paid by the month for no additional fee. **See page 22-23 for Membership pricing.**

Preschool follows the Geneseo School District 228 calendar for full days off (does not include early dismissals or half days). On days when Geneseo Schools are cancelled because of weather, Preschool is also cancelled. No refunds will be given.

Preschool is located through the Gym in the 1st classroom in the Growth Inc. building. Bright Beginnings Preschool is not affiliated with Growth Inc. Child Care Center. Children from Growth Inc. are welcome to attend Bright Beginnings Preschool and will be picked up by the teacher on class days.

## EARLY CHILDHOOD PROGRAMS

ALL EARLY CHILDHOOD PROGRAMS ARE FOR BOYS &amp; GIRLS AGES 3 - 5 YRS AND NOT ENROLLED IN KINDERGARTEN.

**#11164 TERRIFIC T-SHIRTS**

Kick off summer with a custom decorated T-shirt. We will be working outside to create one of a kind shirts to take home.

**INSTRUCTOR:** Sarah Nelson9:00 - 10:00 am | June 11, 2019 **FEE:** \$10 M / \$20 NM**#11132 FOOTBALL CLINIC**

Help your future quarterback learn the basics of football! Individual skills will be taught as well as mini games. No tackle and no special equipment.

**INSTRUCTOR:** Styphanie Palmer9:00 - 9:45 am | June 17 - 18, 2019 **FEE:** \$15 M / \$30 NM**#11131 SO YOU WANT TO BE A SUPER HERO**

Learn what it takes to leap tall buildings in a single bound and fight for truth and justice.

**INSTRUCTOR:** Rachel Bieneman10:00 - 11:00 am | June 19, 2019 **FEE:** \$10 M / \$20 NM**#11122 SOCCER CLINIC**

Fundamentals of the game will be taught along with individual skills. Drills and practice games will help tie everything together.

**INSTRUCTOR:** Styphanie Palmer9:00 - 9:45 am | July 8 - 9, 2019 **FEE:** \$15 M / \$30 NM**#11129 BUBBLE BUBBLE FIZZ FIZZ**

Learn how cool science can be with hands on experiments using common kitchen ingredients. Bubble bombs, volcanos, slime, and much more!

**INSTRUCTOR:** Rachel Bieneman10:00 - 11:00 am | July 8, 2019 **FEE:** \$10 M / \$20 NM**#11164 THE WRITE STUFF**

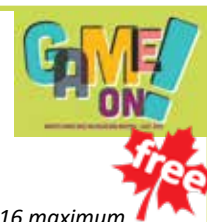
Even though it's summer, school is never far away. We'll focus on letter recognition and we'll practice writing letters using salt, chalk, shaving cream, and of course pencil.

**INSTRUCTOR:** Rachel Bieneman9:00 - 9:45 am | July 29 - 31, 2019 **FEE:** \$15 M / \$30 NM**#11143 KICKBALL**

Come out and join us for a pick up game of kickball for your 3-5 year old!

**INSTRUCTOR:** Rachel Bieneman9:00 - 9:30 am | July 16, 2019 **FEE: FREE**

Register at The Center to reserve your spot! 16 maximum

**SEE PAGE 7 FOR MORE EVENTS & SPECIALS DURING PARK & RECREATION MONTH!**



## MARTIAL ARTS & SPECIALTY PROGRAMS



### TAE KWON DO

Looking for a workout the whole family can enjoy? Anyone 6 years and older who knows left from right can participate!

Tae Kwon Do is a Korean martial art, characterized by its emphasis on head-height kicks, jumping and spinning kicks, and fast kicking techniques.

It focuses on self defense and promotes cardio fitness. The family atmosphere encourages students to gain self confidence while learning to treat others with courtesy and integrity. Through the perseverance of training we pursue self control and discipline. We facilitate a mentality to remove ourselves from confrontation and be aware of our surroundings.

**INSTRUCTOR:** Tami Waller

*Uniforms & testing are strongly recommended and can be purchased for an additional cost. See your instructor for more information.*

**#13100** 6:00 - 7:00 pm | M W **AGES:** 6 yrs & up **ALL LEVELS**  
**FEE:** \$60 M / \$120 NM  
**DATES:** June 2 - 26, 2019 | July 8 - 31, 2019 | August 5 - 28, 2019

### #13049 READING ADVENTURES

Come read, sing, create and have fun! Kids will be involved in various activities such as singing, art, crafts and games centered around great children's books.

**INSTRUCTOR:** Kate Reed

**AGES:** 5 - 8 yrs



#### PETE THE CAT

9:00 - 10:00 am

June 10, 2019

**FEE:** \$10 M / \$20 NM



#### FANCY NANCY

9:00 - 10:00 am

July 1, 2019

**FEE:** \$10 M / \$20 NM

### #13072 BABYSITTING (CABS)

Babysitting is usually a teenager's first attempt at building and running a small business. The Child and Babysitting Safety (CABS) training program is designed to focus on supervising, caring for, and keeping children and infants safe in babysitting settings. The program provides fundamental information in the business of babysitting, proper supervision, basic care giving skills, and responding properly to ill or injured children or infants. *Become a Certified Babysitter today!*

1:00 - 6:00 pm | Saturday July 6, 2019

**FEE:** \$35 / person

**AGES:** 11 & older

## PROGRAMS HELD IN THE ACTIVITY ROOM AT THE GENESEO COMMUNITY CENTER

### #17004 CARD CLUB

Come join friends and neighbors in a friendly game of cards. There are people who are willing to teach you how to play so you can join the fun.



GAME	Manipulation	Hand & Foot	500
TIME	1:00 pm	12:30 pm	1:00 pm
DATE	Mondays	Tuesdays	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays
FEE	Free	Free	Free

### #17002 EXERCISE CLASS

1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – come when you can.

**INSTRUCTORS:** Sharon Rausch & Barb Sigwalt

**TIME | DATE:** 9:00 – 10:00 am | Thursdays *No class held July 4<sup>th</sup>*  
**FEE:** Free

### #17001 BINGO

Bingo is played in the Active Adult Room and everyone is welcome. Various games of Bingo are played each time. *Prizes for everyone!*

**TIME | DATE:** 1:00 pm | 1<sup>st</sup> & 3<sup>rd</sup> Thursdays *No BINGO held July 4<sup>th</sup>*  
**FEE:** \$0.50 / card

### #17003 FREEDOM FEAST LUNCHEON

The Geneseo Park District would like to invite you to a *free* light luncheon in the Dedrick Room to celebrate Independence Day. *Plus* stay and play cards following the luncheon. *Space is limited to the first 50 guest to register.*

**Please call or stop by the front desk of the Community Center to sign-up by Friday June 28<sup>th</sup>.**

**TIME | DATE:** Noon | Monday July 1, 2019  
**FEE:** Free



# CELEBRATE YOUR

# BIRTHDAY

## at the Geneseo Park District

Find the perfect Party Package for your celebration!

**CALL TO SCHEDULE YOUR PARTY TODAY!**

**(309) 944-5695**

**\$265 Members or**  
**\$285 Non-Member**

*\*Additional \$20 for Bounce House & Aquatic Center Parties*

## #13033 WEE KEYS

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano without the structure of formal lessons and have fun playing musical games, singing songs, and dancing. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols. This is a great transition into formal lessons.

9:00 - 10:00 am | M - F  
FEES: \$45 / child  
DATES: June 10 - 14, 2019  
AGES: 4 - 7 yrs

## #13036 GUITAR

From the very first class, you will become more knowledgeable with the guitar. This is a perfect introduction to learning the fundamentals for playing the guitar from tuning and basic maintenance to exercises in helping increase finger strength. Strumming and simple fingerpicking will be introduced as well as simple music theory, guitar chords, and reading tablature. Designed to create interest and confidence no matter what level of ability you are. *No music experience required.*

**Requirements:** Must have a playable 6 string guitar

11:00 am - Noon | M - F  
FEES: \$60 / child  
DATES: June 10 - 14, 2019  
AGES: 8 yrs & older

## #13035 UKE CAN DO IT!

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and will work in a large group as they learn and play simple chords and songs. Singing is encouraged.

Noon - 1:00 pm | M - F  
FEES: \$45 / child  
DATES: June 10 - 14, 2019  
AGES: 8 yrs & older

**Music Class Details you need to know ...**

- No musical experience is required of the child or adult.
- All activities are selected based on the developmental ages of the children.
- Classes will provide you as a parent with age appropriate songs and activities to enjoy at home with your toddler.
- Classes will help acquaint your child with a group experience that will promote listening skills, individual opportunities for exploration, and teamwork while being musically fun.

## #13010 PRAIRIE FIRE CHILDREN'S THEATRE CAMP

presents **ROBIN HOOD**

Embrace this opportunity to practice and perform an original musical production of *Robin Hood* with the Prairie Fire Children's Theatre Company during this week long camp. Two professional actor/directors from Prairie Fire will audition and cast local youth, **everyone receives a part**. Participants experience the excitement of producing a musical while working and learning together.

CAMP DATES: July 22 - 27, 2019 | Daily  
FEE: \$65 / person (cost includes 2 performance tickets)  
LOCATION: Geneseo High School

AUDITIONS: Monday July 22, 2019 | 9:00 - 11:00 am  
AGES: 7 - 16 yrs  
INSTRUCTORS: Prairie Fire Children's Theatre Company

**Camp Details you need to know ...**

- Auditions will be held the Monday morning of camp 9 - 11 am at GHS. *Pre-registration is required for auditions.*
- Some children may need to stay after the audition to practice until approximately 1:00 pm. *Individual schedules will be given after auditions for the remainder of the week.*
- Performances are held Friday July 26, 2019 at 7:00 pm & Saturday July 27, 2019 at 10:30 am
- Tickets for performances will be available at the front desk of The Center. \$3/adults | \$2/children (18 and under) You are strongly encouraged to purchase your tickets in advance.
- Two tickets are included in the cost of the participation fee.

Musical  
Memories

112 South State Street • Geneseo IL • 563-508-5296

## #13037 SONGBIRDS

Does your child love to sing? Our Songbirds (ages 6-13) vocal classes will build confidence, develop vocal technique through ear training, games and activities that are fun and interactive. Former music training is not necessary.

FEES: \$60 / child  
10:00 - 11:00 am | M - F  
DATES: June 10 - 14, 2019  
AGES: 6 - 13 yrs

## #13041 DRUMMING UP THE FUN

This is an exciting and fun group class with many opportunities for your child to learn about beat, rhythm, and drumming. Several kinds of drums and percussion instruments will be utilized in this class and kids will learn how to see, say, and play simple musical rhythms while distinguishing patterns and musical symbols.

FEES: \$30 / child  
6:00 - 6:30 pm | M - F  
6:00 - 6:30 pm | M - F  
DATES: June 10 - 14, 2019  
AGES: 6 - 10 yrs  
AGES: 11 - 16 yrs

## #13042 INTRO TO SONGWRITING

Learn the basics of songwriting in this six week course. Learn writing conventions such as meter and rhyme, basic music composition and music theory, and how to compose verses, choruses, and bridges. We will examine poems, songs and songwriters in this introductory series.

FEES: \$60 / child  
11:00 am - Noon | W  
6:00 - 7:00 pm | W  
DATES: June 19 - July 31, 2019  
*No class held July 3<sup>rd</sup>*  
AGES: 13 - 18 yrs  
AGES: 18 & older

PFCT



2018 production of CINDERELLA  
sponsored in part by...







# CHILDREN'S SATURDAY AFTERNOON summer ART CLASSES

All art classes are taught at Smith Studio and Gallery

124 South State Street, Geneseo, IL 61254 • 309-945-5428 • [www.SmithStudioGeneseo.com](http://www.SmithStudioGeneseo.com)

## #13020 PAPER MACHE CRITTER

Creating in the third dimension is important for artists of all ages. We will use paper mache, over an "armature" to build an unusually creative animal form. Imaginations will fly as our unique critters grow and take shape. Emphasis will be placed on creating a special personality that appears to be moving.

1:00 - 3:00 pm | SA  
FEES: \$15 / child

DATES: Saturday June 22, 2019  
GRADES: 1<sup>st</sup> - 6<sup>th</sup>

## #13021 SPOON PERSON

This FUN and CREATIVE class starts with a wooden spoon. Clay is added to form a face on the spoon's back. With paper sculpturing techniques a body is added. All of this leads to a creative sculpture of a character that has a personality unique to the maker. These in-the-round sculptures usually become cherished keepsakes.

1:00 - 3:00 pm | SA  
FEES: \$15 / child

DATES: Saturday July 13, 2019  
GRADES: 1<sup>st</sup> - 6<sup>th</sup>

## #13022 PAINTED PICTURE - PAINTED FRAME

It is unusual, but not uncommon, for an artist to paint a frame that matches a painting. Examples of this can be found in the art galleries of Geneseo. On this Saturday students will have the opportunity to paint a creative image on a canvas board; but then a frame will be added and participants will be directed on the different ways in which a painted frame will support their original art concept.

1:00 - 3:00 pm | SA  
FEES: \$15 / child

DATES: Saturday July 27, 2019  
GRADES: 1<sup>st</sup> - 6<sup>th</sup>

## #13023 PAPER FOUNTAIN

In this unusual sculpture class participants will start with an origami foundation for their artwork. Then we will focus on exciting and creative ways to build a sculpture that has a flowing "fountain-like" design with an imaginative spark of color. Our young artists will be mesmerized by the beautiful 3D line that is created by using special paper construction techniques.

1:00 - 3:00 pm | SA  
FEES: \$15 / child

DATES: Saturday August 10, 2019  
GRADES: 1<sup>st</sup> - 6<sup>th</sup>

## CELEBRATE PARK & RECREATION MONTH WITH THE GENESEO PARK DISTRICT AT THESE FUN EVENTS!



NRPA'S PARK AND RECREATION MONTH - JULY 2019

### July 1<sup>st</sup>

#### FREEDOM FEAST LUNCHEON

Luncheon for Active Adults to celebrate Independence Day. *Space is limited. See page 5 for details.*

### July 16<sup>th</sup>

#### KICKBALL

for Ages 3 - 5

Come out and join us for a pick up game of kickball for your 3-5 year old!  
*See page 4 for details.*

### July 12<sup>th</sup>

#### COMMUNITY CAMP OUT

Bring a tent, chairs & other outdoor camping gear to the Athletic Field! *See page 2 for details.*



#### MOVIE IN THE PARK

Bring your chair or blanket for a family friendly movie outdoors!  
*See page 2 for details.*



### July 9<sup>th</sup>

#### CONCESSION SPECIAL

Winning Walking Tacos

**\$2**

### July 20<sup>th</sup>

#### ENVIRONMENTAL DAY

Fishing, Trail Walks, Microscopes & lunch at Giant Goose in Atkinson.  
*See page 3 for details.*



### May - August

#### SIZZLING SUMMER DEAL

Purchase a 30 Day Membership for only

**\$30!**

*See page 19 for details.*



### July 26<sup>th</sup>

#### KIWANIS FUN DAY

Swimming, games, prizes & watermelon at the Aquatic Center!  
*See page 3 for details.*



# ATHLETICS & LEAGUES

## QUICKSTART™ TENNIS CLINICS

Tennis is the perfect sport for your kids and is now easier to play! Quickstart Tennis is an innovative teaching system endorsed by the USTA. It uses modified equipment (*smaller racquets and lower compression tennis balls*) and smaller court sizes.

*Make-up day will be Fridays if class is cancelled due to weather.*

**DATES:** June 11 - 14, 2019 | June 24 - 27, 2019  
**FEE:** \$30 M / \$60 NM (*per 4 day session*)  
**LOCATION:** Athletic Field Tennis Courts  
**COACH:** Kevin Reed

### QUICKSTART™ K - 1<sup>ST</sup> GRADE

Develop hand-eye coordination along with movement skills and agility, perform racquet-handling skills, and become familiar with the tennis court. Basic tennis fundamentals are taught through lots of tennis-like games! *Must be enrolled in Kindergarten.*

#12050 8:00 - 9:00 am | TU - F June 11 - 14, 2019  
 #12050 8:00 - 9:00 am | M - TH June 24 - 27, 2019

### QUICKSTART™ 2<sup>ND</sup> - 4<sup>TH</sup> GRADE

Our intermediate classes are designed for students who have some experience and can hit a tossed ball consistently. Players are expected to have knowledge of the basic strokes and are ready for the next level of play. Emphasis is also placed on moving and hitting.

#12051 9:00 - 10:00 am | TU - F June 11 - 14, 2019  
 #12051 9:00 - 10:00 am | M - TH June 24 - 27, 2019

### QUICKSTART™ 5<sup>TH</sup> - 8<sup>TH</sup> GRADE

This level is designed for students who know the tennis basics and/or have successfully completed intermediate tennis. We will be reviewing the basic strokes, court movement, and footwork. Real matches will be played at the advanced level.

#12052 10:00 - 11:00 am | TU - F June 11 - 14, 2019  
 #12052 10:00 - 11:00 am | M - TH June 24 - 27, 2019

The Community Tennis Organization in collaboration with the Geneseo Park District offer...

## 4-DAY COMMUNITY TENNIS CLINIC

**DATES:** July 22 - 25, 2019  
**FEE:** \$20 / person (\$30/person after July 1<sup>st</sup>)  
**LOCATION:** Richmond Hill Tennis Courts  
**COACH:** Kevin Reed

Even if your child has never held a racquet, they can play 11 and Under Tennis. This 4 day Tennis Clinic includes age appropriate equipment and courts scaled to the right size. Midwest Youth Team Tennis makes the game more accessible and more fun by allowing kids to play, rally and succeed right from the start.

#12060 4:00 - 5:00 pm | M - TH **GRADES:** K - 1<sup>st</sup>  
 5:00 - 6:00 pm | M - TH **GRADES:** 2<sup>nd</sup> - 3<sup>rd</sup>  
 6:00 - 7:00 pm | M - TH **GRADES:** 4<sup>th</sup> - 5<sup>th</sup>



### #13080 FREE2PLAY TOTS

*Developmental Milestone screens for Tots up to age 5 yrs.*

Free2Play tots is an open gym play time with developmental screening available for children aged 0-5 years. Pediatric Physical, Occupational, and Speech Therapists will be available onsite to discuss developmental milestones and answer your questions.

**TUESDAY JUNE 11, 2019 | 8:00 - 9:00 AM**  
**AT THE GENESEO COMMUNITY CENTER**

### #13080 FREE2PLAY K - 6

The Free2Play (F2P) Movement Camp for kids in grades K - 6th empowers every child to be an athlete. Our goal for F2P Camp is to help kids develop a greater appreciation for exercise and use their gifts and talents to help encourage their friends, families, and communities. F2P is a trusted world-class movement literacy program developed by the Gray Institute.

**TUESDAY JUNE 11, 2019 | 10:00 AM - NOON**  
**AT THE ATHLETIC FIELD**

Located One Block West of the  
 Geneseo Community Center on E. North Street



*These are free events, preregistration is preferred. To register, visit the Geneseo Community Center or call (309) 944-5695 for more information.*





## TRACK & FIELD WEEK

Participants will spend the first part of the week learning skills and events to participate in a track meet. Activities will range from broad jump and softball throw to sprints and relay practice. Participants will have the opportunity to try both track and field events. *The program will end with a track meet on Thursday evening (see YOUTH TRACK MEET) and is included with TRACK & FIELD WEEK registration.*

**#12408** 5:00 - 6:00 pm | M - W **GRADES:** 1<sup>st</sup> - 8<sup>th</sup>  
& 5:00 - 7:00 pm | TH *see YOUTH TRACK MEET*  
**DATES:** 4-Day Clinic; July 22 - 25, 2019  
**LOCATION:** Athletic Field  
**FEE:** \$37.50 M / \$75 NM

## STARTING NEW AT GOLF (SNAG®)

SNAG falls somewhere between miniature golf & regulation golf. Qualified instructors use simplified equipment, rules and terminology to teach the fundamentals of golf along with proper golf etiquette.

**#12005** 9:00 - 10:00 AM | TU **GRADES:** K - 5<sup>th</sup>  
**DATES:** July 9 - 30, 2019  
**LOCATION:** Athletic Field  
**FEE:** \$30 M / \$60 NM

## 7<sup>TH</sup>/8<sup>TH</sup> PRE-TRYOUT VOLLEYBALL CLINIC

Participants will be instructed with the basics designed to help with the Middle School Volleyball Tryouts. Serving, setting and hitting techniques will be covered. The last day will be a fun one held at the Athletic Field Sand Volleyball Court!

**#12158** 1:00 - 2:30 pm | M - TH  
**GRADES:** 7<sup>th</sup> - 8<sup>th</sup>  
**DATES:** 4-Day Clinic;  
July 22 - 25, 2019  
**FEE:** \$45 M / \$90 NM  
**COACH:** Casey Komel



## YOUTH TRACK MEET

The Geneseo Park District is hosting it's 4<sup>th</sup> Annual Youth Track meet. Sign up for the events that interest you or grab a group and sign up for relays. The meet will be held at the Athletic Field and age divisions will be established. Run, Throw and Jump for the chance to take home a first place ribbon!

**#12409** 5:00 - 7:00 pm | TH **GRADES:** 1<sup>st</sup> - 8<sup>th</sup>  
**DATES:** July 25, 2019  
**LOCATION:** Athletic Field  
**FEE:** \$15 M / \$30 NM  
*Included with TRACK & FIELD WEEK registration*

## FLAG FOOTBALL

The strong tradition of Geneseo Football continues! Former and current Green Machine Football players will teach or fine tune new and experienced players' basic skills of stance, throwing and catching a football, running routes & playing defense through a variety of station drills & informal play.

**#12201** 10:00 - 11:00 am | TH **GRADES:** 1<sup>st</sup> - 2<sup>nd</sup>  
**#12202** 10:00 - 11:00 am | TH **GRADES:** 3<sup>rd</sup> - 4<sup>th</sup>  
**#12203** 10:00 - 11:00 am | TH **GRADES:** 5<sup>th</sup> - 6<sup>th</sup>  
**DATES:** July 11 - August 1, 2019  
**FEE:** \$30 M / \$60 NM  
**LOCATION:** Athletic Field

## FITNESS ACCESS CLASS

Upon completion of the Fitness Access Class, middle school age students will gain access to all fitness areas including the Cardio/Weight Room, Life Fitness Room\*, Cycling Room\*, Sauna and Elevated Indoor Track. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by NESM certified personal trainer. *\*Available for use when classes are not in session.*

**INSTRUCTOR:** Katie Carius, Hammond-Henry Rehab Personal Trainer

**#14119** 4:00 - 5:00 pm | W **GRADES:** 6<sup>th</sup> - 8<sup>th</sup>  
**FEE:** \$30 M / \$60 NM  
**DATES:** June 5-19, 2019 | July 10-24, 2019 | August 7-21, 2019

## SAND VOLLEYBALL LEAGUE

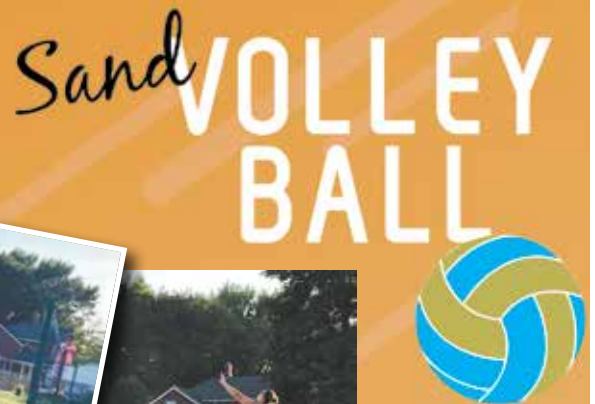
Time for some fun in the sun volleyball action! This recreational Co-ed Sand Volleyball League is open to players of all skill levels and is a great way for friends to compete and have fun outdoors playing sand volleyball. *All games are officiated.*

### WOMEN'S LEAGUE

**#12160** 5:30 - 8:30 pm | TU  
**FEE:** \$50 / team, 6 team maximum  
**DATES:** June 18 - July 30, 2019  
**AGES:** 16 yrs or older

### CO-ED LEAGUE

**#12159** 5:30 - 8:30 pm | TH  
**FEE:** \$50 / team, 6 team maximum  
**DATES:** June 20 - August 1, 2019  
**AGES:** 16 yrs or older



# GYMNASTICS

## #13201 BEGINNING TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. *This is for beginners who have not taken a class or cannot do a cartwheel.* **AGES:** 4 - 6 yrs

3:00 - 4:00 pm | M June (\$30M/\$60NM) | July (\$40M/\$80NM)  
3:30 - 4:30 pm | M August (\$30M/\$60NM)

## #13202 ADVANCED TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. *This is for those that have mastered a cartwheel, can pull over on bars and have been approved by Chris Ward.* **AGES:** 4 - 6 yrs

3:00 - 4:00 pm | W June (\$30M/\$60NM) | July (\$40M/\$80NM)  
3:30 - 4:30 pm | W August (\$30M/\$60NM)

## #13203 GIRLS RULE

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault. **AGES:** 5 - 12 yrs

3:00 - 4:00 pm | TU June (\$30M/\$60NM) | July (\$40M/\$80NM)  
5:30 - 6:30 pm | W June (\$30M/\$60NM) | July (\$40M/\$80NM)

3:30 - 4:30 pm | TU August (\$30M/\$60NM)  
6:00 - 7:00 pm | W August (\$30M/\$60NM)

## #13210 BOYS ONLY

Flip flops or back handsprings will be our goal in this class. Concentration will also be on back hip circles and basic routines on the beam and squat vault. **AGES:** 5 - 12 yrs

6:30 - 7:30 pm | W June (\$30M/\$60NM) | July (\$40M/\$80NM)  
7:00 - 8:00 pm | W August (\$30M/\$60NM)

## #13204 INTERMEDIATE GIRLS

The major focus of this class will be to develop strength, flexibility and hone skills in the four competitive women's gymnastic events with a firm foundation in tumbling. Back handsprings will be taught in progression as well as handstands, cartwheels, round offs and walk-overs. **AGES:** 9 - 12yrs

3:00 - 4:00 pm | TH June (\$30M/\$60NM) | July (\$40M/\$80NM)  
7:00 - 8:00 pm | TU August (\$30M/\$60NM)

## #13205 JUNIOR PREP

Begin to learn Level 1 & 2 compulsory routine skills and practice all skills to prepare for competition. *Students must demonstrate a pullover on the bar to attend this class.* **AGES:** 9 yrs or older

4:00 - 5:30 pm | W June (\$45M/\$90NM) | July (\$60M/\$120NM)  
4:30 - 6:00 pm | W August (\$45M/\$90NM)

### JUNE Session I

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### JULY Session II

SUN	MON	TUE	WED	THU	FRI	SAT
30		2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST Session III

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

GYMNASTICS  
SESSION DATES

JO & Optionals Gymnastics begins  
Center Closed no programs held

## SEMI-PRIVATE GYMNASTICS LESSONS\*

Groups of 2 to 3 participants with similar skills.

**AGES:** All Ages | **FEE:** \$60 M / \$120 NM

## PRIVATE GYMNASTICS LESSONS\*

One-on-one instruction for all skill levels.

**AGES:** All Ages | **FEE:** \$75 M / \$150 NM

\*Those who wish to participate in semi-private or private lessons must schedule a time with Chris Ward at 944-5695. Once requests are made, (4) 1/2 hour lesson times will be assigned.

Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.

## #13218 HIGH SCHOOL / MIDDLE SCHOOL OPTIONALS

Those 8th grade girls interested will combine with the Geneseo High School Gymnasts for this Non-Competitive Optionals class. In optional gymnastics there are a set of guidelines, or level requirements and routines are built around them. Each gymnast has her own music (on the Floor Exercise) and her routine is built to show off her strengths.

**GRADE:** 8<sup>th</sup> & up

7:00 - 9:00 pm | M June (\$80M/\$160NM) | July (\$80M/\$160NM)  
7:00 - 9:00 pm | TU June (\$80M/\$160NM) | July (\$80M/\$160NM)  
7:00 - 9:00 pm | TH June (\$80M/\$160NM) | July (\$80M/\$160NM)

7:00 - 8:30 pm | M August (\$45M/\$90NM)  
7:00 - 8:30 pm | TH August (\$45M/\$90NM)

## #13217 JUNIOR OLYMPIC LEVEL 2 & New 3

Are you interested in competitive gymnastics? Participants new to competitive gymnastics and who want to learn the routines *this is the class for you!* **AGES:** 7 yrs or older

7:00 - 8:30 pm | W June (\$36M/\$72NM) | July (\$36M/\$72NM)  
7:00 - 8:30 pm | TU August (\$27M/\$54NM)

## #13213 JUNIOR OLYMPIC LEVELS 3 - 6

Are you interested in competitive gymnastics? Then this is the program for you. Level 3, 4 and 5 USA Gymnastics routines will be developed.

*Highly recommended that gymnasts come to all three weekly classes to compete.* **AGES:** 7 yrs or older

4:00 - 7:00 pm | M June (\$72M/\$144NM) | July (\$72M/\$144NM)  
4:00 - 7:00 pm | TU June (\$72M/\$144NM) | July (\$72M/\$144NM)  
4:00 - 7:00 pm | TH June (\$72M/\$144NM) | July (\$72M/\$144NM)

4:30 - 7:00 pm | M August (\$45M/\$90NM)  
4:30 - 7:00 pm | TU August (\$45M/\$90NM)  
4:30 - 7:00 pm | TH August (\$45M/\$90NM)



OCTOBER  
**19**  
2019

# SAVE THE DATE

5<sup>TH</sup> Annual Geneseo Park District Foundation

# Parktoberfest

Dinner - Drinks - Music - Silent & Live Auctions

Advanced Ticket Purchase Required



Pictures by Sarah Sunstrom Photography

Learn more about the Geneseo Park District Foundation

page 26

[www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)

**Geneseo**  
Park District  
Foundation



## GENESEO PARK DISTRICT *Community Garden*

### #13051 COMMUNITY GARDEN

The Geneseo Park District is excited to announce the addition of a Community Garden just east of the Geneseo Community Center. The garden will be prepared by volunteers and the Geneseo Park District. All water will be provided by the City of Geneseo. Fencing sponsored in part by Blain's Farm & Fleet.

Community Gardens are beneficial to the environment, the health and wellbeing of community members and build a greater feeling of community. We are also creating an opportunity for kids to learn and grow through gardening, engaging their natural curiosity and wonder.

**FEE:** \$30 per 10 foot x 10 foot plot

*The Community Garden is located east of the Geneseo Community Center.*

*The Geneseo Park District Community Garden opens April 28th.*

### SPONSORED IN PART BY



CITY of  
**GENESEO**

**Blain's**  
**FARM & FLEET**

The Geneseo Park District Community Garden materialized thanks to the help of a small committee that included Morgan Thurman (MIVA), Tricia Hull (Love's Locker Room), Erin Wyffels (Rural Route) and Kathleen Repass (Park Board Commissioner).



# LEARN TO SWIM

## CLOWNFISH (6mos-3yrs w/parent)

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety & fun in the water with participant socialization to encourage a lifetime of aquatic activity.

#15001 10:30 - 11:00 am | M - TH DATES: Sessions I - IV  
 11:15 - 11:45 am | M - TH DATES: Sessions I - IV  
 10:15 - 10:45 am | SA DATES: June 15 - July 27  
 4:00 - 4:30 pm | M W DATES: Sessions I - II  
 FEE: \$30 M / \$60 NM

## PUDDLE JUMPERS (3yrs with or without a parent)

Water exploration with or without a parent in the shallow end of the pool. Learn to float on your back, kick at the wall, hold your breath under water and other fun, water safe activities.

#15002 10:00 - 10:30 am | M - TH DATES: Sessions I - IV  
 10:30 - 11:00 am | M - TH DATES: Sessions I - IV  
 9:30 - 10:00 am | SA DATES: June 15 - July 27  
 FEE: \$30 M / \$60 NM

## LAKE EXPLORERS (4yrs with or without a parent)

Lake Explorers will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.

#15003 9:30 - 10:00 am | M - TH DATES: Sessions I - IV  
 10:45 - 11:15 am | M - TH DATES: Sessions I - IV  
 9:45 - 10:15 am | SA DATES: June 15 - July 27  
 4:30 - 5:00 pm | M W DATES: Sessions I - II  
 FEE: \$30 M / \$60 NM

## OCEAN EXPLORERS (5yrs without a parent)

Participants will master face floats and back floats, jumping into the pool and bobbing independently by the end of class.

#15004 10:00 - 10:30 am | M - TH DATES: Sessions I - IV  
 11:15 - 11:45 am | M - TH DATES: Sessions I - IV  
 9:45 - 10:15 am | SA DATES: June 15 - July 27  
 5:00 - 5:30 pm | M W DATES: Sessions I - II  
 FEE: \$30 M / \$60 NM

## Specialty Swim Lessons for ages 3 & over

**PRIVATE SWIM LESSONS** Private swimming lessons are one instructor to one student. Lessons are (4) thirty minute sessions. FEE: \$75 M / \$150 NM

**SEMI-PRIVATE SWIM LESSONS** Semi-Private swimming lessons are one instructor to two or three students at similar swimming levels. Lessons are thirty minutes. FEE: \$60 M / \$120 NM

**SPECIAL SWIM** A great one-on-one course for participants with disabilities. Times and instructors will be assigned when participants register. FEE: \$40 M / \$80 NM

### CALL (309) 944-5695 TO SCHEDULE A SPECIALTY SWIM LESSON

Once requests are made, instructor & (4) 1/2 hour lesson times will be assigned. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

## TADPOLE

**Class prerequisites:** Must have passed Ocean Explorer or completed Kindergarten to take this class.

Participants work on submerging face and back floats, add on kicks and rhythmic breathing.

#15005 9:15 - 10:00 am | M - TH DATES: Sessions I - IV  
 11:00 - 11:45 am | M - TH DATES: Sessions I - IV  
 8:45 - 9:30 am | SA DATES: June 15 - July 27  
 4:00 - 5:00 pm | TU TH DATES: Sessions I - II  
 FEE: \$45 M / \$90 NM

## MINNOW

**Class prerequisites:** Must have passed Tadpole to take this class.

Participants will work on skills to be able to swim 1/2 way across shallow end.

#15006 10:00 - 10:45 am | M - TH DATES: Sessions I - IV  
 11:00 - 11:45 am | M - TH DATES: Sessions I - IV  
 10:00 - 10:45 am | SA DATES: June 15 - July 27  
 5:00 - 6:00 pm | TU TH DATES: Sessions I - II  
 FEE: \$45 M / \$90 NM

## WHALES

**Class prerequisites:** Must have passed Minnow to take this class.

Participants will work on skills to swim front and back crawl one width in shallow and deep water.

#15007 9:15 - 10:00 am | M - TH DATES: Sessions I - IV  
 11:00 - 11:45 am | M - TH DATES: Sessions I - IV  
 9:00 - 9:45 am | SA DATES: June 15 - July 27  
 4:30 - 5:30 pm | M W DATES: Sessions I - II  
 FEE: \$45 M / \$90 NM

## SHARK & DOLPHIN

**Class prerequisites:** Must have passed Whales to take this class.

Participants will work on skills to swim front and back crawl one length.

#15008 9:45 - 10:30 am | M - TH DATES: Sessions I - IV  
 10:15 - 11:00 am | M - TH DATES: Sessions I - IV  
 9:45 - 10:30 am | SA DATES: June 15 - July 27  
 5:00 - 6:00 pm | TU TH DATES: Sessions I - II  
 FEE: \$45 M / \$90 NM

## LEARN TO SWIM SESSION DATES

	SESSION I	SESSION II	SESSION III	SESSION IV
M - TH AC	June 10 - 20	June 24 - July 11 <sup>1</sup>	July 15 - 25	July 29 - August 8
SA only AC	<b>SATURDAY ONLY CLASSES<sup>1</sup></b> are held each week June 15 - July 27			
M W IP	June 10 - 26	July 15 - 31	<b>MONDAY/WEDNESDAY CLASSES</b>	
TU TH IP	June 11 - 27	July 16 - August 1	<b>TUESDAY/THURSDAY CLASSES</b>	

AC (lessons held at the outdoor Aquatic Center, **must have** an Aquatic Center or Park District Membership to receive Member Pricing)

IP (lessons held at the Indoor Pool, **must have** a Community Center or Park District Membership to receive Member Pricing)

<sup>1</sup> No Swimming Lessons on held July 1 - 6, 2019



## SWIMMING LESSON EVALUATIONS

Thursday May 23, 2019 | 4:00 - 6:00 pm  
 Wednesday June 5, 2019 | 4:30 - 5:30 pm  
 Friday June 7, 2019 | 1:00 - 3:00 pm



Attend a **FREE** swim skills evaluation at the **Indoor Pool** and let us place your child in the proper swim level prior to the start of Summer Swim Lessons

**CALL THERESA AT (309) 944-5695 FOR MORE INFORMATION**

## BARRACUDA & STINGRAY

**Class prerequisites:** Must have passed Dolphin to take this class.  
 Must swim two lengths of front and back crawl, a width of sidestroke and breaststroke to move on to next class.

**#15010** 10:30 - 11:15 am | M - TH **DATES:** Sessions I - IV  
 9:45 - 10:30 am | SA **DATES:** June 15 - July 27  
 4:00 - 5:00 pm | TU TH **DATES:** Sessions I - II  
**FEE:** \$45 M / \$90 NM

## MARLIN, MARINER, & S.E.A.L.S.

**Class prerequisites:** Must have passed Dolphin to take this class.  
 Must swim two lengths of front and back crawl, a width of sidestroke and breaststroke.

**#15011** 10:30 - 11:15 am | M - TH **DATES:** Sessions I - IV  
 9:45 - 10:30 am | SA **DATES:** June 15 - July 27  
 4:00 - 5:00 pm | TU TH **DATES:** Sessions I - II  
**FEE:** \$45 M / \$90 NM

## INDOOR POOL SHUTDOWN

The Indoor Pool will be shutdown  
**June 30 - July 14, 2019** for Annual Maintenance.



*Find competitive swimming on page 14*

## STARFISH

**Class prerequisites:** Must have passed S.E.A.L.S. to take this class.  
 Participants will work on skills to swim 14 lengths of front and back crawl, 10 lengths of breaststroke, 8 lengths of trudgen and 20 minutes of multiple survival skills.

**#15012** 9:30 - 10:15 am | M - TH **DATES:** Sessions I - IV  
 4:00 - 5:00 pm | TU TH **DATES:** Sessions I - II  
**FEE:** \$45 M / \$90 NM



**Family Entertainment at an affordable price**

**Great movies shown Daily at 7:10pm**  
 with Digital Cinema Projections & Digital Sound

### BYOB Mondays!

Bring your own lap size bowl & have filled for only **\$2!**

### Ticket Tuesdays!

One lucky winner will win a prize on Ticket Tuesday!

### Affordable Tickets!

Adult \$7.00 | Youth/Senior \$6.00

(309)944-3603 | 111 North State Street

Find out what's showing tonight visit [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)

*Rent the theater for your next event or party!*

*See page 24 for Rental Information*



## FREE MOVIE SATURDAYS

Join Central Bank for a **FREE** Matinee  
**1:30pm at Central Theater** on the following days:

Wednesday June 12, 2019  
 Wednesday July 10, 2019  
 Wednesday August 7, 2019  
 (Movie titles to be announced)



# SWIM TEAM



Explore your love for the water in a fun filled and healthy environment.



## #15029 STROKE DEVELOPMENT

This is the first level of swim team for swimmers to learn the technique of the four competitive swim strokes. Swimmers need to demonstrate a 25 freestyle with rhythmic breathing and ability to kick and float on the back. Instruction at this level will teach swimmers proper technique in the freestyle, backstroke, breaststroke, and butterfly.

*Participation in swim meets is not required.*

**JUNE / JULY** Aquatic Center

8:00 - 8:30 am | M

8:00 - 8:30 am | F

**FEES\*:** June (\$10.50 M / \$21 NM) | July (\$14 M / \$28 NM)

## #15024 PRE-COMPETITIVE LEVEL

This is the first level for members of swim team who can demonstrate a 25 yard freestyle, backstroke, and breaststroke. Focus will be on refining all four competitive strokes and learning introductory components of swimming. Swimmers will enhance their skills and have fun!

*Participation in swim meets is not required.*

**JUNE / JULY** Aquatic Center

7:45 - 8:30 am | M<sup>1</sup>

7:45 - 9:15 am | TU

7:45 - 9:15 am | W<sup>1</sup>

7:45 - 9:15 am | TH

7:45 - 9:15 am | F<sup>1</sup>

**FEES\*:** Each Session attend two days/week<sup>3</sup>  
June (\$52.50 M / \$105 NM) | July (\$70 M / \$140 NM)

**Entire Summer Season** June 10 - July 26, 2019<sup>3</sup>  
\$220.50 M / \$441 NM

## #15026 BLUE LEVEL

This level is for swimmers who can demonstrate a 50 yard freestyle, backstroke, and breaststroke and have knowledge of butterfly. Basic stroke and skill instruction is still the main emphasis with a focus on increasing endurance. Swimmers will learn how to complete specific training sets and work more on turns and starts.

*Participation in swim meets is encouraged, but not mandatory.*

**JUNE / JULY** Aquatic Center

7:15 - 8:30 am | M<sup>1</sup>

7:15 - 8:30 am | TU

7:15 - 8:30 am | W<sup>1</sup>

7:15 - 8:30 am | TH

7:15 - 8:30 am | F<sup>1</sup>

**FEES\*:** Each Session attend two days/week<sup>3</sup>  
June (\$68.25 M / \$136.50 NM) | July (\$91 M / \$182 NM)

**Entire Summer Season** June 10 - July 26, 2019<sup>3</sup>  
\$295.75 M / \$591.50 NM

## #15027 BRONZE LEVEL

Bronze group is primarily for swimmers who can demonstrate a legal IM, a 50 freestyle under 45.99, and complete training sets over 200 yards. Pace clock and training knowledge will be introduced, and swimmers will learn how to complete training sets on specific repeats.

*Participation in swim meets is encouraged to members of this group.*

**JUNE / JULY** Aquatic Center

7:00 - 8:30 am | M<sup>1</sup>

7:00 - 8:30 am | TU

7:00 - 8:30 am | W<sup>1</sup>

7:00 - 8:30 am | TH

7:00 - 8:30 am | F<sup>1</sup>

**FEES\*:** Each Session attend two days/week<sup>3</sup>  
June (\$72 M / \$144 NM) | July (\$96 M / \$192 NM)

**Entire Summer Season** June 4 - August 31, 2018<sup>3</sup>  
\$315 M / \$630 NM

### JUNE Session I

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### JULY Session II

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Center Closed no programs held

Swim Meet no practice held

**SWIM TEAM  
SESSION DATES**

**\*FEE DETAILS:** Pick from either option listed.

- **FEES** are listed as Geneseo Community Center Member Pricing [M] / Geneseo Community Center Non-Member Pricing [NM]
- **Each Session Option** allows the participant to attend up to 2 practices each week from the days listed.
- **Entire Season Option** allows the participant to attend 1 - 5 practices each week on any of the days listed.
- <sup>3</sup>Must have an Aquatic Center or Park District Membership to receive Member Pricing.
- **Goggles required, swim cap optional** both are available for purchase through The Center.

<sup>1</sup>June/July Dryland Training will be held 8:45 - 9:15 am outdoors.

In the case of inclement weather, dry land training will be moved to The Center.



# GENESEO PARK DISTRICT **SUMMER** DAY CAMP

## What are your kids doing this summer?

Let them enjoy all of the amenities of the Geneseo Park District at Summer Day Camp!

### Day Camp at the Park District will include...

Theme weeks  
 Crafts and Games  
 Swimming at the Aquatic Center  
 Field trips including a trip to Central Theater  
 Drop off /pick up to Park District Programs or Lessons held at any of the Park District Facilities and much, much more!

### Don't need the whole summer?

Join for a week when you need it with our "Pick-a-Week" option.

## Your kids can participate in Park District Summer Programs too!

Camp counselors will walk them to and from their programs.



### EARLY BIRD

**#13301** 6:30 - 7:30 am | M - F **GRADES:** K - 6th  
**FEES:** **Session I:** June 10 - July 12, 2019<sup>1</sup> (\$48 M / \$96 NM)  
**Session II:** July 15 - August 14, 2019<sup>1</sup> (\$46 M / \$92 NM)  
 or **Pick-a-week option** \$12.50 M / \$25 NM per week<sup>2</sup>

### DAY CAMP

**#13302** 7:30 am - 5:30 pm | M - F **GRADES:** K - 6th  
**FEES:** **Session I:** June 10 - July 12, 2019<sup>1</sup> (\$480 M / \$960 NM)  
**Session II:** July 15 - August 14, 2019<sup>1</sup> (\$460 M / \$920 NM)  
 or **Pick-a-Week option** \$125 M / \$250 NM per week<sup>2</sup>

### DAY CAMP (3-days/week)

*Choose the 3-days each week that best fits your schedule.*

**#13303** 7:30 am - 5:30 pm | 3 days/week<sup>3</sup> **GRADES:** K - 6th  
**FEES:** **Session I:** June 10 - July 12, 2019<sup>1</sup> (\$425 M / \$850 NM)  
**Session II:** July 15 - August 14, 2019<sup>1</sup> (\$425 M / \$850 NM)

### THE DETAILS:

- **Camp Session I** is June 10 - July 12, 2019<sup>1</sup>
- **Camp Session II** is July 15 - August 14, 2019<sup>1</sup>
- Day Camp will begin at 7:30 am everyday with an Early Bird option for a 6:30 am drop-off.
- Mornings will be full of activities and games centered around the theme for each week. Our afternoons will be filled with swimming at the Aquatic Center, crafts and fun!
- Summer Day Camp participants will take several Field Trips throughout the summer and also have special pizza lunch days.
- Children will be able to sign up for other Geneseo Park District programs. Camp Counselors will escort your child to and from their programs.
- Pick-up must be before 5:30 pm
- A **mandatory parent meeting** will be held at the Aquatic Center's Poolside Room **June 5, 2019 at 5:00pm**. Registered families will be sent a reminder.

*Registration is NOW open!*

Sign up for the entire session and receive \$25 off per week.  
 That's only **\$100 a week** for Summer Fun!

<sup>1</sup>Session dates subject to change based on Geneseo School District 228's calendar. Camp will begin the day after school is released for summer session & end the day before school begins for the 2019 - 2020 year. Fees will be prorated for school calendar changes. Summer Camp is not held on July 4<sup>th</sup>.

<sup>2</sup>Pick-a-week fees are prorated based on the number of days in the week. Summer Camp is not held on July 4<sup>th</sup>.

<sup>3</sup>Choose the 3-days each week that best fits your schedule. Must schedule at least 1 week in advance. 3-day/week option only available per session, not applicable along with 'Pick-a-Week' option. Summer Camp is not held on July 4<sup>th</sup>.

# WATER FITNESS

## #15501 FIT BEGINNINGS (L)

Participants experience a full body workout from the jaw down! A fun, low to moderate intensity class while visiting with new friends.

**INSTRUCTOR:** Theresa Bowton

10:00 - 11:00 am | TU

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

10:00 - 11:00 am | TH

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

### WATER FITNESS WALK-IN FEE:

\$6 M / \$8 MG / \$12 NM

## #15503 AQUA FIT (M)

An excellent cardiovascular workout with minimal strain on your joints. Enhance muscle tone and flexibility with a total body workout.

**INSTRUCTOR:** Karla Paxton

5:45 - 6:45 am | M

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

5:45 - 6:45 am | TH

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)



SWIM LAPS OR WALK THIS  
SUMMER AT THE  
Aquatic Center & Indoor Pool

## #15504 FOR THE LOVE OF FIT (L)

Increases range of motion at the joints in order to improve posture, balance and mobility.

**INSTRUCTOR:** Laura Goetz-Arnold

10:00 - 11:00 am | M

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

10:00 - 11:00 am | W

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

10:00 - 11:00 am | F

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

## #15506 JUST THE GUYS (M)

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages.

**INSTRUCTOR:** Theresa Bowton

7:00 - 8:00 am | TU

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

7:00 - 8:00 am | W

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

7:00 - 8:00 am | F

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

MON	TUES	WED	THU	FRI	SAT
<b>MEMBERS ONLY</b> 5:30 - 7:00 am* <i>at BOTH Aquatic Center &amp; Indoor Pool</i> <b>MEMBER CURRENT CHANNEL WATER WALKING</b> 5:30 - 7:00 am <i>at Aquatic Center</i>	<b>MEMBERS ONLY</b> 5:30 - 7:00 am* <i>at BOTH Aquatic Center &amp; Indoor Pool</i> <b>MEMBER CURRENT CHANNEL WATER WALKING</b> 5:30 - 7:00 am <i>at Aquatic Center</i>	<b>MEMBERS ONLY</b> 5:30 - 7:00 am* <i>at BOTH Aquatic Center &amp; Indoor Pool</i> <b>MEMBER CURRENT CHANNEL WATER WALKING</b> 5:30 - 7:00 am <i>at Aquatic Center</i>	<b>MEMBERS ONLY</b> 5:30 - 7:00 am* <i>at BOTH Aquatic Center &amp; Indoor Pool</i> <b>MEMBER CURRENT CHANNEL WATER WALKING</b> 5:30 - 7:00 am <i>at Aquatic Center</i> <i>Not held at AC 7/4</i>	<b>MEMBERS ONLY</b> 5:30 - 7:00 am* <i>at BOTH Aquatic Center &amp; Indoor Pool</i> <b>MEMBER CURRENT CHANNEL WATER WALKING</b> 5:30 - 7:00 am <i>at Aquatic Center</i>	
<b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:00 am <b>FREE</b> <i>at Aquatic Center</i>	<b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:00 am <b>FREE</b> <i>at Aquatic Center</i>	<b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:00 am <b>FREE</b> <i>at Aquatic Center</i>	<b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:00 am <b>FREE</b> <i>at Aquatic Center</i> <i>Not held 7/4</i>	<b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:00 am <b>FREE</b> <i>at Aquatic Center</i> <i>Not held 6/28 &amp; 7/26</i>	Adult Lap Swim 8:00 - 10:00 am* <b>IP</b> <b>ADULT CURRENT CHANNEL WATER WALKING</b> 9:00 - 11:45 am <b>FREE</b> <i>at Aquatic Center</i>
Adult Lap Swim* 11:00 am - 1:00 pm <b>IP</b>	Adult Lap Swim* 11:00 am - 1:00 pm <b>IP</b>	Adult Lap Swim* 11:00 am - 1:00 pm <b>IP</b>	Adult Lap Swim* 11:00 am - 1:00 pm <b>IP</b>	Adult Lap Swim* 11:00 am - 1:00 pm <b>IP</b>	
Family/Lap Swim** 1:00 - 2:00 pm <b>IP</b>		Family/Lap Swim** 1:00 - 2:00 pm <b>IP</b>		Family/Lap Swim** 1:00 - 2:00 pm <b>IP</b>	
Family/Lap Swim** 7:00 - 8:00 pm <b>IP</b>	Family/Lap Swim** 7:00 - 8:00 pm <b>IP</b>	Adult Lap Swim 6:30 - 7:30 pm <i>at Aquatic Center</i> <i>Not held 7/3</i> Family/Lap Swim** 7:00 - 8:00 pm <b>IP</b>	Family/Lap Swim** 7:00 - 8:00 pm <b>IP</b>	<b>IP: Only at the Indoor Pool</b> <i>No Lap Swim or Family Swim held Indoors during Indoor Pool Shutdown June 30 - July 14, 2019</i>	

\*2 lanes reserved for Lap Swimmers, 2 lanes are reserved for water exercise/\*\*2 lanes reserved for Lap Swimmers, 2 lanes are reserved for family swim  
Park District or Aquatic Center Memberships required or Aquatic Center Admission applies, unless otherwise denoted.



## CLASS INTENSITY LEVELS

(L) = Low | (M) = Moderate | (H) = High

### #15505 GREAT START (L)

Work at your own pace with this low impact routine which includes toning, strengthening, and balance. An afternoon energy boost.

**INSTRUCTOR:** Theresa Bowton

1:00 - 2:00 pm | TU

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

1:00 - 2:00 pm | TH

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

### #15507 FIT HAPPENS A.M. (H)

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape.

**INSTRUCTOR:** Laura Goetz-Arnold

9:00 - 10:00 am | TU

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

9:00 - 10:00 am | W

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

9:00 - 10:00 am | F

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

## INDOOR POOL SHUTDOWN

The Indoor Pool will be shutdown

**June 30 - July 14, 2019** for Annual Maintenance.

### #15508 FIT HAPPENS P.M. (H)

This high intensity, total body workout will utilize the entire pool.

**INSTRUCTOR:** Laura Goetz-Arnold, Jill Neal

5:45 - 6:45 pm | M

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

5:45 - 6:45 pm | W

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$20 M/\$40 NM)

### #15520 3D WATER WALKING (L)

Participants will receive instructions to increase mobility, flexibility, strength and endurance while in the water.

**WALK-IN FEE:** \$5 M / \$8 MG / \$10 NM

**INSTRUCTORS:** Julie Theill & Katie Carius

Hammond-Henry Rehab Trainers

*Held outdoors at the Aquatic Center.*

11:00 - 11:45 am | F

June (\$12 M/\$24 NM) | July (\$12 M/\$24 NM) | August (\$15 M/\$30 NM)

## #15509 WALK THE WATER (M)

Water walking burns calories, increases muscle tone and improves cardiovascular health. A variety of options are offered to achieve the level of intensity desired.

**INSTRUCTOR:** Yvonne Wayne

9:00 - 10:00 am | M

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

9:00 - 10:00 am | TH

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

*Need help reaching your Fitness Goals?*

*Try Personal Training with Hammond-Henry Rehab*

*see page 20 for details*

### #15510 AQUACISE (M/H)

Moderate intensity, shallow water exercise class will improve aerobic conditioning as well as increase muscular strength, balance, flexibility and range of motion. Course is easily modified to all fitness levels.

**INSTRUCTOR:** Yvonne Wayne

8:00 - 9:00 am | M

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)

8:00 - 9:00 am | TH

June (\$16 M/\$32 NM) | July (\$8 M/\$16 NM) | August (\$20 M/\$40 NM)

### #15517 FLOAT & FLOW<sup>1</sup> (H)

Yoga on the water! Using floating fitness boards, this yoga class will be a dynamic alignment based blend of yoga styles that is slower, compassionate, sustainable, strong, introspective, and FUN.

**INSTRUCTOR:** Shannon Port

*Held outdoors at the Aquatic Center.*

*Limited number of boards available.*

6:30 - 7:30 pm | W

June (\$12 M/\$24 NM) *No class held June 26<sup>th</sup>*

July (\$16 M/\$32 NM) *No class held July 3<sup>rd</sup>* | August (\$16 M/\$32 NM)

<sup>1</sup>Must have an Aquatic Center or Park District Membership to receive Member Pricing.



#### JUNE Session I

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

#### JULY Session II

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### AUGUST Session III

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

#### WATER FITNESS SESSION DATES

- Indoor Pool Shut-Down
- Center Closed no programs held  
Aquatic Center will remain open

# YOGA & FITNESS

## CLASS INTENSITY LEVELS

(L) = Low | (M) = Moderate | (H) = High

### #14101 INTERMEDIATE YOGA (L)

Advanced beginner and intermediate poses with vinyasa flow optional. Designed for members with an existing practice.

**INSTRUCTOR:** Susan Philhower

**WALK-IN FEE:** \$7 M / \$9 MG / \$14 NM

8:00 - 9:15 am | TU

June (\$20 M/\$40 NM) | July (\$25 M/\$50 NM) | August (\$20 M/\$40 NM)

8:00 - 9:15 am | TH

June (\$20 M/\$40 NM) | July (\$15 M/\$30 NM) *No class held July 4<sup>th</sup>*

August (\$25 M/\$50 NM)

### #14108 YOGA FOR LIFE (L)

Get back to the basics for health and life. Increase your mind body connection while gaining flexibility and strength with Iyengar yoga for every age.

**INSTRUCTOR:** Dena Ross

**WALK-IN FEE:** \$8 M / \$10 MG / \$16 NM

5:30 - 7:00 pm | W

June (\$24 M/\$48 NM) | July (\$24 M/\$48 NM) *No class held July 3<sup>rd</sup>*

August (\$24 M/\$48 NM)

### #14129 YOGA FOR BEGINNERS (L)

Full-body relaxation and balance are the goals. Increase or maintain your body's range of motion with standing postures, twists, backbends, forward folds, and hip openers. Breathing techniques and meditation are also integrated. Expect an emphasis on simplicity, repetition, and ease of movement

**INSTRUCTOR:** Susan Philhower

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

9:30 - 10:30 am | TU

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

9:30 - 10:30 am | TH

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) *No class held July 4<sup>th</sup>*

August (\$20 M/\$40 NM)

### #14128 TURN IT UP DOG (M)

Need some fresh inspiration for your yoga practice? Then Turn It Up Dog is for you. In this class we turn up the heat, we turn up the music, and get funky with power vinyasa sequence. It is equal parts strength and flexibility, with some flair added to the transitions to get you exploring familiar postures in playful and unique ways.

**INSTRUCTOR:** Shannon Port

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

6:15 - 7:15 pm | TU

June (\$12 M/\$24 NM) *No class held June 25<sup>th</sup>* | July (\$20 M/\$40 NM)

August (\$16 M/\$32 NM)

### #14103 LOW INTENSITY (L)

A low impact class incorporating aerobics, balance, flexibility and strength. A variety of fitness equipment is used to help you reach your fitness goal.

**INSTRUCTOR:** Katie Carius, Hammond-Henry Rehab

**WALK-IN FEE:** \$5 M / \$7 MG / \$10 NM

9:45 - 10:30 am | TU

June (\$9 M/\$18 NM) *No class held June 11<sup>th</sup>* | July (\$15 M/\$30 NM)

August (\$12 M/\$24 NM)

9:45 - 10:30 am | TH

June (\$12 M/\$24 NM) | July (\$9 M/\$18 NM) *No class held July 4<sup>th</sup>*

August (\$15 M/\$30 NM)

### #14107 MODERATE INTENSITY (M)

Moderate intensity strength training class combines upper and lower body and core strengthening exercises. A variety of fitness equipment is used to help you reach your fitness goal.

**INSTRUCTOR:** Katie Carius, Hammond-Henry Rehab

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

8:30 - 9:30 am | TU

June (\$12 M/\$24 NM) *No class held June 11<sup>th</sup>* | July (\$20 M/\$40 NM)

August (\$16 M/\$32 NM)

8:30 - 9:30 am | TH

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) *No class held July 4<sup>th</sup>*

August (\$20 M/\$40 NM)

### #14109 HIGH INTENSITY (H)

Resistance training, cardiorespiratory endurance training and flexibility training in a 60 minutes High Intensity class. Similar to HIIT classes.

**INSTRUCTOR:** Katie Carius, Hammond-Henry Rehab

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

8:30 - 9:30 am | M

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

8:30 - 9:30 am | W

June (\$16 M/\$32 NM) | July (\$12 M/\$24 NM) | August (\$16 M/\$32 NM)



#### JUNE Session I

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

#### JULY Session II

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### AUGUST Session III

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**FITNESS  
SESSION DATES**

Center Closed *no programs held*  
Aquatic Center will remain open



## #14104 **EARLY BURN (H)**

A great way to start your day. For both men & women of all ages. You do what you can and modify where needed. This class is a total body muscle conditioning using dumbbells, weighted bar, bands, exercise balls, Bosu ball and your own body weight. With cardio mixed with strength, you will burn calories, build strength and increase endurance.

**INSTRUCTOR:** Carie Kreiner

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

5:15 - 6:15 am | M

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

5:15 - 6:15 am | W

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

5:15 - 6:15 am | F

June (\$20 M/\$40 NM) | July (\$16 M/\$32 NM) | August (\$20 M/\$40 NM)

## Babysitting Services Available

Let your little one have fun in a safe environment  
while you get a stress free workout!

*see page 24 for details*

## #14118 **ZUMBA® GOLD (M)**

Low-impact Latin dance fitness specifically created for adults and active seniors. This class is fun for ALL levels. ZUMBA® Gold introduces easy-to-follow choreography that focuses on balance, range of motion, and coordination, as well as cardiovascular and muscular conditioning. Get active with great people at the dance party workout that moves at your pace!

**INSTRUCTOR:** Katie Carius, Hammond-Henry Rehab Personal Trainer

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

9:45 - 10:45 am | M

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

9:45 - 10:45 am | W

June (\$16 M/\$32 NM) | July (\$20 M/\$40 NM) | August (\$16 M/\$32 NM)

9:45 - 10:45 am | F

June (\$16M/\$32 NM) | July (\$16 M/\$32 NM) | August (\$20 M/\$40 NM)

## #14105 **MORNING MIX (H)**

This class offers a blend of cardio and strength training that will burn calories and build muscle. Many different pieces of equipment will be utilized throughout the workout. Your hourly session will finish with core work to tone abs and stretching to enhance flexibility and balance.

**INSTRUCTOR:** Yvette Biddle

**WALK-IN FEE:** \$6 M / \$8 MG / \$12 NM

8:30 - 9:30 am | F

June (\$16 M/\$32 NM) | July (\$16 M/\$32 NM) | August (\$20 M/\$40 NM)

## #14503 **CYCLE & STRENGTH (H)**

This is a combination fitness class using half calorie torching cycling and half weighted strength training. A great cardio ride will be followed by a total body strength training workout. An ideal class for those looking to get a complete cardio & resistance workout.

**INSTRUCTOR:** Kelley Timmerman

**WALK-IN FEE:** \$7 M / \$9 MG / \$14 NM

5:15 - 6:30 am | TU

June (\$25M/\$50NM) | July (\$31.25M/\$62.50NM)

August (\$25M/\$50NM)

5:15 - 6:30 am | TH

June (\$25M/\$50NM) | July (\$18.75M/\$37.50 NM) *No class held July 4<sup>th</sup>*

August (\$31.25M/\$62.50NM)

## Need help reaching your Fitness Goals?

*Try Personal Training with Hammond-Henry Rehab*

*see page 20 for details*

## #14504 **HIP HOP SPIN (H)**

Get ready to cycle harder than you ever thought you could! Take every memory about every intense workout you've ever had, add a bike & high energy music, & you'll start to get the idea!

**INSTRUCTOR:** Shannon Port

**WALK-IN FEE:** \$7 M / \$9 MG / \$14 NM

6:15 - 7:15 pm | M

June (\$15M/\$30NM) *No class held June 24<sup>th</sup>* | July (\$25 M/\$50 NM)

August (\$20M/\$40NM)



# SIZZLING SUMMER MEMBERSHIP DEAL

**MAY, JUNE, JULY & AUGUST**

Purchase a 30-day Community Center Membership  
for **only \$30** during May, June, July & August  
and as an added special bonus you will receive membership rates  
for programs at the Geneseo Community Center

*Other membership options are available, find out more on pages 22 - 23*

30 Days for \$30 must be purchased between May 1<sup>st</sup> – August 31<sup>st</sup>. Includes entry to the entire Community Center during Member Hours, Community Center summer program pricing, Indoor Pool Swim Lessons & Summer Day Camp. DOES NOT INCLUDE OUTDOOR SWIM LESSONS, SPECIAL SWIMS, SWIM TEAM, PRIVATE OR SEMI-PRIVATE LESSONS, PERSONAL TRAINING OR AQUATIC CENTER ADMISSION.

## PERSONAL TRAINING *with Hammond-Henry*

### TRADITIONAL PERSONAL TRAINING

Traditional Personal Training is one person working with a Certified Personal Trainer. One-on-one Personal Training allows you & your trainer to create a personalized program to help reach **all of your fitness goals**. Plus it offers the greatest flexibility to use the sessions when it is convenient for you.

1 session      **FEE:** \$30 M / \$60 NM  
5 Sessions      **FEE:** \$125 M / \$250 NM

### SEMI-PRIVATE PERSONAL TRAINING

Semi-Private Personal Training is 2-3 friends or family members working with a Certified Personal Trainer at the same time. It offers support from your workout partners, the ability to utilize unique partner exercises to keep it fun as well as functional and a personalized program that meets the common goal of all individuals, but **at a reduced fee**.

1 session      **FEE:** \$25 M / \$50 NM  
5 Sessions      **FEE:** \$110 M / \$220 NM



### Certified Personal Trainers



Katie Carius  
Hammond-Henry Rehab  
katiecarius@hammondhenry.com



John Davis  
Hammond-Henry Rehab  
johndavis@hammondhenry.com

*Start your personal training today!*

Contact The Center at (309) 944-5695

*Personal Training sessions will expire 1-year from date of purchase. This expiration date is designed to help you achieve your fitness goals in a timely manner.*



## HEALTH & FITNESS *tips*



**THE GENESEO PARK DISTRICT & HAMMOND-HENRY HOSPITAL WANT TO HELP YOU REACH YOUR WELLNESS GOALS WITH WEEKLY HEALTH & FITNESS TIPS.**

Watch for helpful tips from qualified Personal Trainers and Nutritionists each Tuesday online, Facebook & Twitter or on the Fitness bulletin board at the Geneseo Community Center!



*Are you looking for a new way to get fit?*

Look for other great cross training opportunities in this guide...



Tae Kwon Do on page 5

Lap Swimming indoors & outdoors on page 16







Water Fitness for all fitness levels on pages 16-17

Yoga for beginners and up on page 18

Low, Moderate, High Intensity fitness classes on page 18



# FITNESS & WATER FITNESS *at a glance*

MON	TUE	WED	THU	FRI
5:15 - 6:15 am <b>EARLY BURN (H)</b>	5:15 - 6:30 am <b>CYCLE &amp; STRENGTH (H)</b>	5:15 - 6:15 am <b>EARLY BURN (H)</b>	5:15 - 6:30 am <b>CYCLE &amp; STRENGTH (H)</b>	5:15 - 6:15 am <b>EARLY BURN (H)</b>
5:30 - 7:00 am IP <b>MEMBER LAP SWIM*</b>	5:30 - 7:00 am IP <b>MEMBER LAP SWIM*</b>	5:30 - 7:00 am IP <b>MEMBER LAP SWIM*</b>	5:30 - 7:00 am IP <b>MEMBER LAP SWIM*</b>	5:30 - 7:00 am IP <b>MEMBER LAP SWIM*</b>
5:30 - 7:00 am AC <b>MEMBER LAP SWIM</b>	5:30 - 7:00 am AC <b>MEMBER LAP SWIM</b>	5:30 - 7:00 am AC <b>MEMBER LAP SWIM</b>	5:30 - 7:00 am AC <b>MEMBER LAP SWIM</b> <i>Not held 7/4</i>	5:30 - 7:00 am AC <b>MEMBER LAP SWIM</b>
5:30 - 7:00 am AC <b>MEMBER CURRENT CHANNEL WATER WALKING</b>	5:30 - 7:00 am AC <b>MEMBER CURRENT CHANNEL WATER WALKING</b>	5:30 - 7:00 am AC <b>MEMBER CURRENT CHANNEL WATER WALKING</b>	5:30 - 7:00 am AC <b>MEMBER CURRENT CHANNEL WATER WALKING</b> <i>Not held 7/4</i>	5:30 - 7:00 am AC <b>MEMBER CURRENT CHANNEL WATER WALKING</b>
5:45 - 6:45 am IP <b>AQUA FIT (M)</b>			5:45 - 6:45 am IP <b>AQUA FIT (M)</b>	
	7:00 - 8:00 am IP <b>JUST THE GUYS (M)</b>	7:00 - 8:00 am IP <b>JUST THE GUYS (M)</b>		7:00 - 8:00 am IP <b>JUST THE GUYS (M)</b>
8:00 - 9:00 am IP <b>AQUACISE (M/H)</b>	8:00 - 9:15 am <b>INTERMEDIATE YOGA (L)</b>		8:00 - 9:00 am IP <b>AQUACISE (M/H)</b>	
			8:00 - 9:15 am <b>INTERMEDIATE YOGA (L)</b>	
8:30 - 9:30 am <b>HIGH INTENSITY (H)</b>	8:30 - 9:30 am <b>MODERATE INTENSITY (M)</b>	8:30 - 9:30 am <b>HIGH INTENSITY (H)</b>	8:30 - 9:30 am <b>MODERATE INTENSITY (M)</b>	8:30 - 9:30 am <b>MORNING MIX (H)</b>
9:00 - 10:00 am IP <b>WALK THE WATER (M)</b>	9:00 - 10:00 am IP <b>FIT HAPPENS A.M. (H)</b>	9:00 - 10:00 am IP <b>FIT HAPPENS A.M. (H)</b>	9:00 - 10:00 am IP <b>WALK THE WATER (M)</b>	9:00 - 10:00 am IP <b>FIT HAPPENS A.M. (H)</b>
9:00 - 11:00 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b>	9:00 - 11:00 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b>	9:00 - 11:00 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b>	9:00 - 11:00 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b> <i>Not held 7/4</i>	9:00 - 11:00 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b> <i>Not held 6/28 or 7/26</i>
	9:30 - 10:30 am <b>YOGA FOR BEGINNERS (L)</b>		9:30 - 10:30 am <b>YOGA FOR BEGINNERS (L)</b>	
9:45 - 10:45 am <b>ZUMBA GOLD (H)</b>	9:45 - 10:30 am <b>LOW INTENSITY (L)</b>	9:45 - 10:45 am <b>ZUMBA GOLD (H)</b>	9:45 - 10:30 am <b>LOW INTENSITY (L)</b>	9:45 - 10:45 am <b>ZUMBA GOLD (H)</b>
10:00 - 11:00 am IP <b>FOR THE LOVE OF FIT (L)</b>	10:00 - 11:00 am IP <b>FIT BEGINNINGS (L)</b>	10:00 - 11:00 am IP <b>FOR THE LOVE OF FIT (L)</b>	10:00 - 11:00 am IP <b>FIT BEGINNINGS (L)</b>	10:00 - 11:00 am IP <b>FOR THE LOVE OF FIT (L)</b>
11:00am - 1:00 pm IP <b>ADULT LAP SWIM*</b>	11:00am - 1:00 pm IP <b>ADULT LAP SWIM*</b>	11:00am - 1:00 pm IP <b>ADULT LAP SWIM*</b>	11:00am - 1:00 pm IP <b>ADULT LAP SWIM*</b>	11:00am - 1:00 pm IP <b>ADULT LAP SWIM*</b>
				11:00 - 11:45am AC <b>3D WATER WALKING (L)</b>
1:00 - 2:00 pm IP <b>FAMILY/LAP SWIM**</b>	1:00 - 2:00 pm IP <b>GREAT START (L)</b>	1:00 - 2:00 pm IP <b>FAMILY/LAP SWIM**</b>	1:00 - 2:00 pm IP <b>GREAT START (L)</b>	1:00 - 2:00 pm IP <b>FAMILY/LAP SWIM**</b>
5:45 - 6:45 pm IP <b>FIT HAPPENS P.M. (H)</b>		5:30 - 7:00 pm <b>YOGA FOR LIFE (L)</b>		
		5:45 - 6:45 pm IP <b>FIT HAPPENS P.M. (H)</b>		
6:15 - 7:15 pm <b>HIP HOP SPIN (H)</b>	6:15 - 7:15 pm <b>TURN IT UP DOG (M)</b>	6:30 - 7:30pm AC <b>FLOAT &amp; FLOW (H)</b>		
		6:30 - 7:30 pm <b>ADULT LAP SWIM*</b> <i>Not held 7/3</i>		
7:00 - 8:00 pm IP <b>FAMILY/LAP SWIM**</b>	7:00 - 8:00 pm IP <b>FAMILY/LAP SWIM**</b>	7:00 - 8:00 pm IP <b>FAMILY/LAP SWIM**</b>	7:00 - 8:00 pm IP <b>FAMILY/LAP SWIM**</b>	
				<b>SAT</b>
				8:00 - 10:00 am IP <b>ADULT LAP SWIM*</b>
				9:00 - 11:45 am AC  <b>ADULT CURRENT CHANNEL WATER WALKING</b>

*Find your favorite class...*

WATER FITNESS	YOGA
INDOOR POOL	CYCLING
AQUATIC CENTER	FITNESS

## INDOOR POOL SHUTDOWN

The Indoor Pool will be shutdown  
**June 30 - July 14, 2019** for Annual Maintenance.

\*2 lanes reserved for Lap Swimmers, 2 lanes are reserved for water exercise

\*\*2 lanes reserved for Lap Swimmers, 2 lanes are reserved for family swim

IP: Held at the Indoor Pool

AC: Held at the outdoor Aquatic Center

# BECOME A MEMBER

## Why become a Member?

as of January 1,  
2019

### COMMUNITY CENTER MEMBERSHIP

### AQUATIC CENTER MEMBERSHIP

### PARK DISTRICT MEMBERSHIP

Youth (6 mos. - 18 yrs)	\$165			\$150			\$285		
	\$165.00 1-pay	\$58.34 3-pay*	\$15.75 12-pay*	\$150.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$285.00 1-pay	\$98.34 3-pay*	\$25.75 12-pay*
Adult (19 - 64 yrs)	\$215			\$150			\$335		
	\$215.00 1-pay	\$75.00 3-pay*	\$19.92 12-pay*	\$150.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$335.00 1-pay	\$115.00 3-pay*	\$29.92 12-pay*
Senior (65+ yrs)	\$190			\$150			\$310		
	\$190.00 1-pay	\$66.67 3-pay*	\$17.84 12-pay*	\$150.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$310.00 1-pay	\$106.67 3-pay*	\$27.84 12-pay*
Household (2 or more people residing at the same address)	\$340			\$275			\$585		
	\$340.00 1-pay	\$116.67 3-pay*	\$30.34 12-pay*	\$275.00 1-pay	n/a 3-pay*	n/a 12-pay*	\$585.00 1-pay	\$198.34 3-pay*	\$50.75 12-pay*

\*Service Fees included. See Payment Plans for details

**COMMUNITY CENTER MEMBERSHIPS**  
includes access to all amenities at the  
Geneseo Community Center:



Cardio/Weight Room

Pool

Sauna

Indoor Elevated Track

Fitness on Demand

Cycling Room (during open Hours)

Gym, Racquetball & Pickleball courts

**Plus** 50% off Programs

(excludes programs held at the Aquatic Center)

### AQUATIC CENTER MEMBERSHIPS

includes access to the John & Carla  
Edwards Aquatic Center:



Pool House

Splash Pad

6 Lane Lap Pool with Drop Slide, 2 Diving  
Boards & Climbing Wall

Activity Pool with Zero Depth Entry &  
Current Channel

**Plus** 50% off all Aquatic Center Programs  
(includes summer swimming lessons)

### PARK DISTRICT MEMBERSHIP

*includes everything!*

Access to all the facilities and amenities  
listed above

**Plus** 50% off all programs

### LOCKER RENTAL

as of January 1, 2019

Make it even easier to reach your fitness goals  
- have all your items on hand by renting locker  
space. 3 sizes available for annual rental.

Gym 1/3 Size...\$17/yr

Indoor Pool 1/2 Size...\$20/yr

Gym or Indoor Pool Full Size...\$35/yr

### WITH YOUR MEMBERSHIP YOU CAN ALSO RECEIVE...

#### STRATEGY SESSION FOR NEW MEMBERS & CURRENT MEMBERS

As part of new memberships you get a STRATEGY SESSION that includes a Fitness Orientation, a Fitness Assessment and a Fitness Consultation.

**This is all at no additional cost to you!\***

The Strategy Session will help you gain a full understanding of the Cardio/Weight Room and a fitness plan – all intended to give you the tools to reach your goals.

**FEE:** \*FREE to new Members / \$25 for Current Members

## What if I am not a resident of the Geneseo Park District?

**NON-RESIDENT:** Non-residents are persons who do not reside within the corporate boundaries of the Geneseo Park District nor pay taxes for the Geneseo Park District. Additional \$50 non-resident fee will be applied to all Community Center, Aquatic Center, Park District and 6-month membership purchases or renewals.

## How can I pay for a Membership?

The Geneseo Park District offers three easy payment plan options...

**1 - PAY** Pay the full amount owed at time of purchase. All major credit cards are accepted.

**3 - PAY** (3 CONSECUTIVE MONTHLY PAYMENTS) The membership rate is divided into 3 equal payments, which are paid the first three months of your membership plus a \$10.00 service fee. If monthly payments are not paid by due dates, a late fee of \$5.00 per month will be charged. Future memberships may not be obtained until complete balances are paid in full. Only available on annual membership purchase. The \$10 service fee is reflected in the listed 3-pay price.

**12 - PAY** (AUTOMATIC ELECTRONIC WITHDRAWAL) 12-pay is the only way that the Geneseo Park District can accept monthly payments for annual membership dues. An initial down payment is required at time of purchase, fulfilling your first and last month's payment obligation. A monthly service fee of \$2.00 will be included in the monthly payment. **Monthly dues will be withdrawn for a minimum of 10 months and will automatically continue until we receive a 30 day written notice of termination.**

**FINANCIAL ASSISTANCE IS AVAILABLE** For more information call (309) 944-5695 or visit [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org)





## Other membership options

The Geneseo Park District understands that a full year membership does not work for everyone. There are 2 short term membership options; 6-month and 1-month memberships. These memberships grant you access to the amenities at The Center on a shorter contract, giving you more flexibility and a better fit for your busy schedule.

Please note: *Payment plans are not applicable for 6-month or 1-month Memberships. Non-Resident Fees do not apply to 1-month memberships. 6-month or 1-month memberships are not eligible for program or Business Membership discounts.*

<b>6 MONTH COMMUNITY CENTER MEMBERSHIP</b>	\$150/person
<b>1 MONTH COMMUNITY CENTER MEMBERSHIP</b>	\$50/person



## 30 for \$30

**MAY, JUNE, JULY & AUGUST**

Purchase a 30-day Community Center Membership for **only \$30** during May, June, July & August  
See page 19 for more details

## What discounts do you offer?

The Geneseo Park District offers Business Membership Discounts. If your employer has a Business Membership, you could be eligible for a 10% discount off your annual Membership fee. Please see desk attendant for a list of current participating employers.

**Your employer is not part of this program?** Talk to them today about helping you and your coworkers receive a discount to get fit and healthy. Healthy employees are more productive and can reduce employer expenses. Call (309) 944-5695 for more details.

## Can I use The Center or Aquatic Center if I am not a Member?

Yes, anyone can use The Center, John & Carla Edwards Aquatic Center or sign up for programs.

### DAILY ADMISSION AT THE CENTER

\$6.00 Youth/Senior

\$7.00 Adult

### DAILY ADMISSION AT THE AQUATIC CENTER

\$7.00 / person

\$20 / Family on Family Swims (or \$5/person if under 4 people)

## How do I register for a Program or Class?

Register for programs or classes by visiting the Geneseo Community Center, by mail sent to 541 E. North Street in Geneseo or by using our online registration at [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org).

- Programs may not be transferred from one person to another.
- Telephone registration will not be accepted.
- The Park District does not provide accident insurance. Each person participates at his or her own risk.
- The Park District reserves the right to consolidate, postpone or cancel any activity or program.
- On days when Geneseo Schools are cancelled due to weather, our programs are also cancelled.
- The Park District will not issue a refund for the difference in the program fee if a Membership is purchased after the first day of the program.

**We want to include you, yes you...** The Park District believes each participant should be provided with leisure services to allow for his/her highest level of performance. **Inclusion Services** are designed to facilitate and ensure opportunities are available in the least restrictive environment and to make certain residents are given the opportunity to choose the services they desire.

The Geneseo Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility. *If you have any special needs, please contact Scott Himmelman or Jackie Beach at (309) 944-5695.*

**CLASS FEES:** (Geneseo Community Center Member Pricing [M] / Geneseo Community Center Non Member Pricing [NM])

## What if I want to cancel or upgrade my Membership or Program?

**UPGRADING MY MEMBERSHIP:** When upgrading your membership you will receive 100% credit of the unused portion on the existing membership which is deducted from the new membership price. A new expiration date is established at the time of upgrade. New payment plan forms will be completed at this time. No refunds are applied on 12-pay option.

**MEMBERSHIP CANCELLATION POLICY:** Annual memberships discontinued before the year is completed will be refunded on the basis of 1/2 of the unused balance plus a \$5.00 service fee (not applicable on 12-pay option).

### MEMBERSHIPS ARE NOT TRANSFERABLE

**PROGRAM CANCELLATION POLICY:** Full refunds will be given to a registrant for any program, provided that the refund is requested of the Park District before the class starts. Refunds after a class begins will be at a rate of 1/2 of the unused portion at the time of the request.

## FACILITY HOURS

### COMMUNITY CENTER *Hours*

**SUMMER HOURS** May 25, 2019 - September 2, 2019

	MEMBER ONLY	NON MEMBER
Monday - Thursday	5:00 am – 11:00 pm	8:00 am – 8:00 pm
Friday	5:00 am – 8:00 pm	8:00 am – 8:00 pm
Saturday	6:00 am – 3:00 pm	8:00 am – 1:00 pm
Sunday	8:00 am – 1:00 pm & 5:00 - 11:00 pm	8:00 am – 1:00 pm

### COMMUNITY CENTER *Hours*

**FALL, WINTER & SPRING HOURS** September 3, 2019 - May 23, 2020

	MEMBER ONLY	NON MEMBER
Monday - Thursday	5:00 am – 11:00 pm	8:00 am – 9:00 pm
Friday	5:00 am – 9:00 pm	8:00 am – 9:00 pm
Saturday	6:00 am – 5:00 pm	8:00 am – 5:00 pm
Sunday	8:00 am – 11:00 pm	8:00 am – 5:00 pm

#### COMMUNITY CENTER DAILY ADMISSION

\$6.00 Youth/Senior | \$7.00 Adult

See page 22 - 23 for Membership Options

### HOLIDAY CENTER *Closings*

New Year's Day (Closed)  
Easter Sunday (Closed)  
Memorial Day (Closed)\*  
Independence Day (Closed)\*  
Labor Day (Closed)\*  
Thanksgiving Day (Closed)  
Christmas Eve (Close at Noon)  
Christmas Day (Closed)  
New Year's Eve (Close at 5pm)

\*The Aquatic Center will remain open

### BABYSITTING SERVICES *Hours*

Monday - Friday	8:00 - 11:00 am
Monday - Thursday	5:00 - 7:30 pm

The Geneseo Park District Babysitting Service is available for children of our patrons. Parents or guardians must remain in the Community Center building while the child is in the babysitting room. Children must be at least 6 months of age and care items must be provided by the parent and labeled with child's name. Bottles and sippy cups of juice are permissible. Food items are not to be brought into the room, crackers are provided.

**Walk-In Members:** \$3.00/child per visit. 3<sup>rd</sup> and 4<sup>th</sup> child are \$1.50/child per visit. Maximum of \$9.00/visit per family.

**Walk-In Non-Members:** \$6.00/child per visit. 3<sup>rd</sup> and 4<sup>th</sup> child are \$3.00/child per visit. Maximum of \$18.00/visit per family.

**Members Only**  
**Babysitting Punch Cards<sup>1</sup>**  
10 punch card | \$25.00  
25 punch card | \$50.00  
50 punch card | \$75.00

<sup>1</sup>Punch Cards can be purchased at the Geneseo Community Center. Punch cards are not transferable. Any refund requests will be handled on a case by case basis.

## RENTALS *Plan your Special Event* at the Geneseo Park District

Visit us online or call (309) 944-5695 for information about renting the Gyms, Courts, Bounce House, Indoor Pool, Aquatic Center, Life Fitness Room, Indoor Pool Lounge, Dedrick Room with Kitchen or Small Meeting Room.

*All rentals are during regularly scheduled hours unless otherwise listed.*

*Please contact The Center for After Hour Rental Pricing*

*(additional charges may apply)*



as of January 1, 2019	Regular	Nonprofit
<b>ACTIVITY ROOM</b> <i>formerly Senior Center</i>	\$25/hour	\$15/hour
<b>DEDRICK ROOM</b>	\$25/hour	\$15/hour
<b>POOLSIDE ROOM</b> <i>open year round</i>	\$30/hour <sup>1</sup>	\$20/hour <sup>1</sup>
<b>SPLASH PAD</b> <i>after hours</i>	\$25/hour	
<b>MAIN GYM</b>	\$60/hour	\$50/hour
<b>PROGRAM GYM</b> <i>spring floor only</i>	\$60/hour	\$50/hour
<b>VOLLEYBALL/BASKETBALL COURT</b>	\$40/hour	\$30/hour
<b>INDOOR POOL</b>	\$80/hour	\$70/hour
<b>INDOOR POOL LOUNGE</b>	\$15/hour	
<b>LIFE FITNESS ROOM</b>	\$30/hour	\$20/hour
<b>AQUATIC CENTER</b> <i>after hours</i>	\$160/hour <sup>1</sup>	\$140/hour <sup>1</sup>
<b>ATHLETIC FIELD</b>	\$10/hour	\$5/hour
<b>ATHLETIC FIELD SHELTER</b>	\$20/day	
<b>BOUNCE HOUSE</b> <i>on-site</i>	\$125/hour	
<b>BLOW UP MOVIE SCREEN PACKAGE</b> <i>on-site</i>	\$300 / 3 hours <sup>2</sup>	
<b>CENTRAL THEATER</b>	\$60/hour <sup>1</sup>	\$50/hour <sup>1</sup>

<sup>1</sup>Additional charges apply for use of Concessions and/or Equipment

<sup>2</sup>Includes blow up movie screen, AV equipment and either Main Gym or Athletic Field Rental for up to 3 hours.

**VISIT US ONLINE OR CALL (309) 944-5695**  
**FOR MORE INFORMATION**



# JOHN & CARLA EDWARDS AQUATIC CENTER

Watch our website at [www.GeneseoParkDistrict.org](http://www.GeneseoParkDistrict.org) or follow us on social media for the most current opening day information.



Adjacent to The Center, this outdoor complex includes a Poolhouse, Splash Pad, 6 Lane Lap Pool, Drop Slide, 2 Diving Boards, Climbing Wall, Activity Pool with Zero Depth Entry, Play Feature, Lily Pad Walk and Current Channel. We offer a full concession menu during Open Swim Hours. Plus there is a temperature controlled Poolside Room which is available to rent year round (see page 24 for rental information)!



## AQUATIC CENTER DAILY ADMISSION

\$7.00 Adult/Youth/Senior

Kids under 2 years of age are **FREE**

See page 22 - 23 for Membership Options

## AQUATIC CENTER & SPLASH PAD Hours

Memorial Day - Labor Day (Weather & Staff Permitting)

	OPEN SWIMS	DISCOUNT SWIMS	FREE SPLASH PAD <sup>4</sup>	FREE ADULT WATER WALKING <sup>5</sup>	ADULT LAP SWIM & WATER WALKING	ADULT LAP SWIM
Monday	Noon – 7:00 pm	NIGHT SWIM <sup>1</sup> 7:15 - 9:15 pm	9:00 - 11:00 am	9:00 - 11:00 am	MEMBERS ONLY 5:30 - 7:00 am	
Tuesday	Noon – 7:00 pm		9:00 - 11:00 am	9:00 - 11:00 am	MEMBERS ONLY 5:30 - 7:00 am	
Wednesday	Noon – 6:00 pm		9:00 - 11:00 am	9:00 - 11:00 am	MEMBERS ONLY 5:30 - 7:00 am	6:30 - 7:30 pm <i>Not held on 7/3</i>
Thursday	Noon – 7:00 pm		9:00 - 11:00 am	9:00 - 11:00 am <i>Not held on 7/4</i>	MEMBERS ONLY 5:30 - 7:00 am <i>Not held on 7/4</i>	
Friday	Noon – 6:00 pm	FAMILY SWIM <sup>2</sup> 6:15 - 8:15 pm	9:00 - 11:00 am	9:00 - 11:00 am <i>Not held on 6/28 or 7/26</i>	MEMBERS ONLY 5:30 - 7:00 am	
Saturday	Noon – 6:00 pm	FREE SWIM <sup>3</sup> 10:45 - 11:45 am	9:00 - 11:45 am	9:00 - 11:45 am		
Sunday	Noon – 6:00 pm		9:00 - 11:00 am			

### <sup>1</sup>NIGHT SWIM

Monday 7:15 - 9:15 pm  
\$5/person or **FREE** with an Aquatic Center  
or Park District Membership

### <sup>2</sup>FAMILY SWIM

Friday 6:15 - 8:15 pm  
\$20/family or **FREE** with an Aquatic Center  
or Park District Membership

### <sup>3</sup>FREE SWIM SATURDAYS

Saturday 10:45 - 11:45 am  
**FREE** for everyone!

### <sup>4</sup>FREE SPLASH PAD HOURS

Monday - Friday 9:00 - 11:00 am  
Saturday 9:00 - 11:45 am  
Sunday 9:00 - 11:00 am  
**FREE** for everyone!

### <sup>5</sup>FREE ADULT CURRENT CHANNEL WATER WALKING HOURS

Monday - Friday 9:00 - 11:00 am  
Saturday 9:00 - 11:45 am  
**FREE** Water Walking participants must be 18 yrs or older &  
remain in the current channel  
See page 16 for Lap Swimming times at  
both Indoor & Aquatic Center Lap Pools

**SPLASH PAD has an extended FREE season**  
(weather permitting)!

Watch the website for opening day information.



Park District or Aquatic Center Memberships required or Aquatic Center Admission applies, unless otherwise denoted.

The Aquatic Center will be open **Noon - 6pm** on the following dates (weather & staff permitting):

**Monday May 27<sup>th</sup>, Wednesday July 3<sup>rd</sup>, Thursday July 4<sup>th</sup> & Monday September 2<sup>nd</sup>**



## GENESEO PARK DISTRICT

541 E. North Street

GeneSEO, IL 61254

Prsrt Std  
US Postage  
PAID  
Astoria, IL  
Permit no 9

## ECRWSS RESIDENTIAL CUSTOMER

# It's about providing a POSITIVE RECREATIONAL EXPERIENCE for all!

## GeneSEO Park District Foundation

*The Foundation is an IRS 501(c)(3) organization and all donations to the Foundation are tax deductible to the fullest extent of the law.*

**OUR MISSION** The Foundation's mission is to promote and cultivate stewardship along with financial support empowering the GeneSEO Park District to enhance the quality of life in our community by providing a positive recreational experience for all.

The Foundation cooperatively works with the Park District Board & Staff in selecting and funding capital improvement projects for the GeneSEO Park District.

**ABOUT US** The GeneSEO Park District Foundation was founded in 2014 primarily to help raise capital funds for a new Aquatic Center. The Foundation has since broadened its focus to continue to support and promote the mission of the GeneSEO Park District.



### FREE SUMMER FUN

sponsored in part by the Foundation

### OUTDOOR SUMMER MOVIE SERIES

June, July & August *see page 2*

Enjoy family friendly movies all summer long!

### COMMUNITY CAMP OUT

July 12, 2019 *see page 2*

Camp out under the stars at the Athletic Field!

### NATIONAL NIGHT OUT

August 6, 2019 *see page 3*

Teaming up with the City of GeneSEO to bring a Bike Rodeo, Bounce House & Family Friendly Movie to NNO!

### Making a Difference

Due to the community's support, the Foundation has been able to help the Park District with...

**FREE COMMUNITY EVENTS** The Foundation aids the Park District in offering FREE, fun community events!

**FUNDING POSITIVE RECREATIONAL EXPERIENCES** A Financial Assistance Program that strives to remove the financial barriers that may prevent Park District residents from enjoying a Positive Recreational Experience.

**CAPITAL EQUIPMENT** such as Indoor Pool Lounge Furniture & Digital Marquee at the Community Center and Equipment for FREE play at the Athletic Field.

**CAPITAL PROJECTS** like the John & Carla Edwards Aquatic Center. The Foundation's Make A Splash Campaign helped provide a state of the art Aquatic Center that offers something for everyone.

**FUNDRAISING EVENTS** like the annual Parktoberfest, that offers a fun evening out while supporting the foundation.

## CREATING MEMORIES that last a lifetime

Help create lasting memories in our Community by giving to the GeneSEO Park District Foundation.

Find out how at [www.GeneSEOParkDistrict.org](http://www.GeneSEOParkDistrict.org)