

ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

SEPTEMBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
<p>ALL ACTIVITIES ARE FREE (UNLESS OTHERWISE NOTED) THANKS TO >></p> <p>Geneseo Park District Foundation *Sponsored in part by Hammond-Henry Hospital</p>		<p>1 9:30 - 10:30am SENIOR WALKING CLUB CC</p>	<p>2 8:00 - 9:00 am COFFEE & SNACKS CC 9:00 - 10:00 am FITNESS CLASS CC <i>Exercise Class</i> 1:00 - 3:00 pm BINGO CC</p>	<p>3 10:00 - 11:00 am GAMES CC <i>Dice Games (Farkle, LRC)</i> <i>Please bring \$1 in Nickels</i></p>	<p>4</p>	
<p>PROGRAM/EVENT LOCATIONS CC: Geneseo Community Center IP: Community Center's Indoor Pool AF: Athletic Field CT: Central Theater</p>		<p>7 8:30 - 9:30 am WATER FITNESS CLASS IP <i>Walk the Water</i></p>	<p>8 9:30 - 10:30 am SENIOR WALKING CLUB CC 1:00 pm Movie CT <i>The Bucket List</i> 1 small drink & popcorn/person</p>	<p>9 8:00 - 9:00 am COFFEE & SNACKS CC 9:00 - 10:00 am FITNESS CLASS CC <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS CC <i>Hand & Foot</i></p>	<p>10 10:00 - 11:00 am GAMES CC <i>Trivia/Party Games</i></p>	<p>11</p>
<p>12</p>	<p>13 10:45 - 11:30 am FITNESS CLASS *CC <i>Seated Mix Chair</i> 1:00 pm CARDS WITH FRIENDS CC <i>Manipulation</i></p>	<p>14 8:30 - 9:30 am WATER FITNESS CLASS IP <i>Walk the Water</i></p>	<p>15 9:30 - 10:30 am SENIOR WALKING CLUB CC Noon - 1:00 pm SEMINAR & LUNCHEON* CC <i>Don't Let a Fall Change Your Life</i></p>	<p>16 8:00 - 9:00 am COFFEE & SNACKS CC 9:00 - 10:00 am FITNESS CLASS CC <i>Exercise Class</i> 1:00 - 3:00 pm BINGO CC</p>	<p>17 10:00 - 11:00 am GAMES CC <i>Dice Games (Farkle, LRC)</i> <i>Please bring \$1 in Nickels</i></p>	<p>18</p>
<p>19</p>	<p>20 10:45 - 11:30 am FITNESS CLASS *CC <i>Seated Mix Chair</i> 1:00 pm CARDS WITH FRIENDS CC <i>Manipulation</i></p>	<p>21 8:30 - 9:30 am WATER FITNESS CLASS IP <i>Walk the Water</i></p>	<p>22 9:30 - 10:30 am SENIOR WALKING CLUB CC</p>	<p>23 8:00 - 9:00 am COFFEE & SNACKS CC 9:00 - 10:00 am FITNESS CLASS CC <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS CC <i>Hand & Foot</i></p>	<p>24 10:00 - 11:00 am GAMES CC <i>Trivia/Party Games</i></p>	<p>25</p>
<p>26</p>	<p>27 10:45 - 11:30 am FITNESS CLASS *CC <i>Seated Mix Chair</i> 1:00 pm CARDS WITH FRIENDS CC <i>Manipulation</i></p>	<p>28 8:30 - 9:30 am WATER FITNESS CLASS IP <i>Walk the Water</i></p>	<p>29 9:30 - 10:30 am SENIOR WALKING CLUB CC</p>	<p>30 8:00 - 9:00 am COFFEE & SNACKS CC 9:00 - 10:00 am FITNESS CLASS CC <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS CC <i>Hand & Foot</i></p>	<p>1 10:00 - 11:00 am GAMES CC <i>Dice Games (Farkle, LRC)</i> <i>Please bring \$1 in Nickels</i></p>	<p>2</p>

AS OF AUGUST 30TH,
Face Coverings are **REQUIRED**
unless actively eating or drinking.

