



FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

MARCH 2024

ARE YOU ELIGIBLE AND RECEIVE MEDICAID?

If so, check out our FUNding Positive Recreation Program where you can receive up to \$200 a year towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
3	4 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens PM</i>	5	6 9:30 - 10:30 am SENIOR WALKING CLUB	7 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	1 / 8 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	2 / 9
10 4:00- 6:30 pm DANCE	11 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens PM</i>	12	13 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>The Greatest Showman</i> <i>1 small drink & popcorn/person**</i>	14 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 11:00 am- Noon SEMINAR & LUNCHEON* <i>Hospice Education</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i>	15 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	16
17	18 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens PM</i>	19	20 9:30 - 10:30 am SENIOR WALKING CLUB	21 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	22 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	23
24 / 31	25 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE 5:30- 6:30 pm WATER FITNESS CLASS <i>Fit Happens PM</i>	26	27 9:30 - 10:30 am SENIOR WALKING CLUB	28 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i> 6:30- 7:30 pm THE MONTHLY MAN CAVE <i>NEW</i>	29 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	30

*Sponsored in part by **Hammond-Henry Hospital**

Sponsored by **Classic Club

ALL ACTIVITIES ARE **FREE**
(UNLESS OTHERWISE NOTED)
THANKS TO >>

Geneseo
Park District
Foundation


GENESEO
PARK DISTRICT
GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT

PROGRAM CANCELLATIONS: On days when the Geneseo School District releases early or cancels due to weather, our programs are also cancelled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled.