



# FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

## JUNE 2023

**ARE YOU ELIGIBLE AND RECEIVE MEDICAID?**  
 If so, check out our FUNding Positive Recreation Program. You could receive assistance towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
				<b>1</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	<b>2</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>3</b>
<b>4</b>	<b>5</b> 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>6</b>	<b>7</b> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>8</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand &amp; Foot</i>	<b>9</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>10</b>
<b>11</b> 6:00- 8:30 pm DANCE	<b>12</b> 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>13</b>	<b>14</b> 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>A Walk in the Woods</i> <i>1 small drink &amp; popcorn/person**</i>	<b>15</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	<b>16</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>17</b>
<b>18</b>	<b>19</b> 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>20</b>	<b>21</b> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>22</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand &amp; Foot</i>	<b>23</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>24</b>
<b>28</b>	<b>26</b> 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>27</b>	<b>28</b> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>29</b>	<b>30</b> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	